

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
CALIFORNIA			
National Helpline	<p>Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p>	<p>Childhelp Prevention and Treatment of Child Abuse.</p>	<p>www.childhelp.org info@childhelp.org Email support form on the website</p>
Statewide	<p>1-800-524-4765 Domestic Violence Statewide Toll Free Hotline.</p>	<p>California Partnership to End Domestic Violence</p>	<p>www.cpedv.org info@cpedv.org</p>
Statewide	<p>Network of Care. The Network of Care is a website resource for individuals and agencies concerned with behavioral health. It provides information about behavioral health, services, laws and related news, as well as communication tools and other features.</p>	<p>Network of Care 1101 Fifth Avenue Suite 250 San Rafael CA 94901 415-458-5900 nocinformation@networkofcare.org</p>	<p>www.networkofcare.org</p>
Albany	<p>Phase 1 - Thrivers Women's Support Group for Trauma. We work on finding and nurturing the part deep inside that's never been harmed by trauma - the part that is whole. We develop tools to connect the dots between our thoughts, feelings and somatic experiences. Sessions last 90 mins with an 8 week or 12 week commitment. For further details Call Laine Demtria 415-705-0776 or email lainedemtria@gmail.com</p>	<p>Laine Demetria 1398 Solano Ave Albany CA 94706 415-705-0776 Office</p>	<p>www.mindbodymend.net/lainedemtria@gmail.com</p>
Albany	<p>Phase 2 - Thrivers Women's Support Group for Trauma. We empower ourselves to address negative beliefs and reactions in the body with our newly learned techniques. We reclaim our lives with zest and ease.</p>	<p>Laine Demetria 1398 Solano Ave Albany CA 94706 415-705-0776 Office</p>	<p>www.mindbodymend.net/lainedemtria@gmail.com</p>

Sessions last 90 minutes with an 8 or 12 week commitment. For further details call Laine Demtria on 415-705-0776 or email Laine at lainedemtria@gmail.com

Alturas	530-233-3311 Victim witness 530-233-3357 Child Abuse Our program services are provided FREE of charge and there is no legal citizenship requirement to receive assistance. We offer counseling referrals, court escort and court support.	Modoc County District Attorney Victim Services 204 S. Court Street Alturas CA 96101	www.co.modoc.ca.us victimservices@co.modoc.ca.us
Alturas	Hotlines 530-291-2156 Or 1-800-291-2156 We were formed in 1979 and are the only broad-based, multi funded non-profit in Modoc County. We offer domestic violence shelter and sexual assault victim services.	T.E.A.C.H. Modoc County Crisis Center 112 East Second Street Alturas CA 96101 530-233-4575 Office www.facebook.com/ModocCrisisCenter	www.teachinc.org info@teachinc.org
Angels Camp	Hotline 209-736-4011 or 209-754-4011 Services for survivors/victims of domestic violence, sexual assault Temporary emergency shelter Temp restraining order assistance Peer counseling Limited free counseling.	The Resource Connection Angels Camp CA 95222 209-736-2470 Office	www.trcac.org
Antioch	Hotline 1-800-670-7273 24 Hour crisis hotline Support services to children and adult victims of sexual assault Sexual assault response team Children's interview center Anti trafficking project	Community Violence Solutions Antioch CA 94509 925-706-4290 Office	www.cvsolutions.org admin@cvsolutions.org
Artesia	Hotline 562-402-4888 Our outreach center serves men, women, teens and children who are victims of domestic violence. We offer group and individual counseling, legal advocacy, court preparation and accompaniment.	Su Casa Family Crisis and Support Center PO Box 998 Artesia CA 90702 562-402-7081 Office	www.sucasadv.org/ info@sucasadv.org
Auburn	Hotline 800-575-5352 24 Hour Crisis line Help for victims of domestic and sexual violence 24 Hour emergency shelter 24 Hour Crisis response Peer and professional counseling Domestic violence support groups.	Peace for Families 11985 Heritage Oaks Suite 200 Auburn CA 95603 530-885-0443 Office	www.standupplacer.org/
Auburn	Hotline 916-543-2505 Our program of services are provided FREE of charge and there	Placer County District Attorney Victim Services 11562 B Avenue	www.placer.ca.gov click on law and justice.

is no legal citizenship requirement to receive our assistance.
Counseling referrals
Court escort, preparation and support.

Auburn
CA 95603
530-998-7021 Office

Bakersfield

Hotline 661-372-1091
or 800-273-7713 toll free
24 hour crisis intervention
Domestic abuse response team
Sexual assault response team
Domestic violence emergency shelter
Individual counseling for adults and children
Bilingual peer counseling groups

Alliance Against Family Violence and Sexual Assault
1921 19th Street
Bakersfield
CA 93301
661-322-0931 Office

[www.kernalliance.org/
info@kernalliance.org](http://www.kernalliance.org/info@kernalliance.org)

Bakersfield

Provides one on one assistance to unrepresented parties in child and spousal support cases.

Family Law Facilitator for Kern County
1215 Truxton Avenue
1st Floor
Bakersfield
CA 93301
661-868-4815 Office

www.lawhelpca.org/organization/kern-county-family-law-facilitator/families-and-kids/child-support?ref=kYYqn

Barstow

Our staff offer crime related court accompaniment, counseling referrals, We can also arrange temporary shelter and transportation to the shelter.

Victim / Witness Services.
235 East Mountain View
Barstow
CA 92311
760-265-4802 Office

Berkeley

Male Survivors Support Group
This is a 12 week group with the option to continue longer term
Contact Bill Burmester for details
Meets Wednesdays 7 pm
Cost \$ 40 per session

Bill Burmester
Berkeley
California
510-644-0419 Office

bburm6@gmail.com

Beverly Hills

We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach
Meets Saturday 3 - 4.30 pm
Contact Michelle

Survivors of Incest Anonymous
Beverly Hills
California
310-281-9730

www.siawso.org
BevHillsSIA@gmail.com

Big Bear Lake

Hotline 1-800-851-7601
We strive to provide a safe haven for those living in dangerous situations and to provide support to those who have been abused verbally, psychologically, financially, sexually and physically.
Emergency 17 bed shelter
Programs for male victims
Individual counseling
court accompaniment
Legal advocacy and support groups

DOVES of Big Bear Valley
41943 Big Bear Blvd
Big Bear Lake
CA 92315
909-866-1546 Office

info@doves4help.org

Plus outreach services.

Bishop	Hotline 1-877-873-7384 Emergency shelter Trained peer counselors Crisis counseling support One on one peer counseling support groups available	Wild Iris 386 W Line Street Bishop CA 93514 760-873-6601 office	www.wild-iris.org/ wildiris@wild-iris.org
Bridgeport	Hotline 1-877-873-7384 Emergency shelter Trained peer counselors Crisis counseling support One on one peer counseling support groups available.	Wild Iris 1000 Twin lakes Road Bridgeport CA 93517 760-934-2491 office	www.wild-iris.org/ wildiris@wild-iris.org
Burlingame	Hotline 1-800-300-1080 We are San Mateo County's only provider of comprehensive domestic violence services. To access our services please call our 24 hour hotline 1-800-300-1080	Community Overcoming Relationship Abuse PO Box 4245 Burlingame CA 94011 650-652-0800 Office.	www.corasupport.org info@corasupport.org
Burlingame	Hotline 650-692-RAPE (7273) 24/7 free crisis hotline Crisis and long term counseling Adolescents group for those sexually abuse as children Women's groups for survivors of sexual abuse in childhood Mandarin and Spanish spoken	Rape Trauma Services 1860 El Camino Real Suite 406 Burlingame CA 94010 650-652-0598 Office	www.rapetraumaservices.org info@rapetraumaservices.org
Camarillo	Adults Molested as Children a 12 week group that addresses the experience and resulting issues of childhood molestation and in a gentle and supportive way help facilitate closure and healing. Each 12 week group is closed but new ones are forming	Julie A Cast Camarillo CA 93010 805-214-8932 Office	
Camarillo	Hotlines 1-800-339-9597 Or 1-800-636-6738 We provide a comprehensive family violence program that aims to prevent, interrupt and end the cycle of violence within the family. Emergency shelter Safe Journey transitional shelter Weekly support groups for victims of domestic violence. For more details call 1-800-636-6738.	Interface Children and Family Services 1305 Del Norte Road Suite 130 Camarillo CA 93010 805-485-6114 Office	www.icfs.org esternad@icfs.org
Campbell	Women's Circle for Sexual Abuse Survivors Group. Join us for an evening of healing and therapeutic yoga. See website for current dates and times. www.meetup.com/Campbell-survivors-of-domestic-abuse-Living-Free/	Yoga Healing Meetup Group Campbell California www.meetup.com/topics/abusesurvivors/all/	

Canoga Park	<p>Hotline 818-877-6589 Providing safety and support to victims of domestic violence while working to break the cycle of abuse. Counseling groups Individual and group support Drop in clinic Mon - Fri at 10 am Our groups meet both day & night Spanish and English groups Special Survivors group is on going.</p>	<p>Haven Hills Inc PO Box 260 Canoga Park CA 91305 818-887-7481 Office</p>	<p>www.havenhills.org safe@havenhills.org</p>
Carlsbad	<p>Trauma Support Group Dr McAlister has created this group specifically for those afflicted with previous trauma experiences. Specifically focused on childhood sexual, emotional and physical abuse Meets Forth Sat 11 - 12.30 \$20-\$40 some insurance accepted</p>	<p>Dr Robert W McAlister Carlsbad CA 92008 760-684-8836 Office</p>	<p>www.drboobmac.com</p>
Carson	<p>Hotline 310-898-3117 Our shelter for women and children was established in 1994 to assist those affected by domestic violence We offer counseling and support groups.</p>	<p>Peace and Joy Care Center Carson CA 90746 310-763-7730 Office</p>	
Chico	<p>Hotline 1-800-895-8476 We are a non profit organization committed to serving the needs of all victims of domestic violence. Emergency shelter Domestic Violence Response Prog Legal advocacy services Drop-in service (1-800-895-8476) Education and prevention program Individual and group counseling available by appointment in Chico, Oroville and Paradise</p>	<p>Catalyst Domestic Violence Services PO Box 4184 Chico CA 95927 530-343-7711 Office</p>	<p>www.catalystdvservices.org catalyst@catalystdvservices.org</p>
Chico	<p>Hotline 530-324-RAPE (7273) Child assault prevention Program Workshops surrounding sexual assault and incest Child safety outreach program Serving Butte, Glenn and Tehama Counties.</p>	<p>Rape Crisis Intervention and Prevention PO Box 423 Chico CA 95927 530-891-1331 Office</p>	<p>www.rapecrisis.org info@rapecrisis.org</p>
Chula Vista	<p>Sexual Abuse Survivors Group for Teens A brand new group for teenagers who have been sexually abused Meet on Thursday Cost \$30 - \$40</p>	<p>Lori Linn Pele Chula Vista CA 91914 619-324-3659 Office Lori@eastlakefamilycounseling.com www.eastlakefamilycounseling.com</p>	
Chula Vista	<p>Healing from Within-Adult Survivor Group For adults who were sexually abused as children. Group will</p>	<p>Lori Linn Pele Chula Vista CA 91914 619-324-3659 Office</p>	

run for 10 weeks
Cost \$30 - \$40

Lori@eastlakefamilycounseling.com
www.eastlakefamilycounseling.com

Chula Vista

Hotline 1-800-640-2933
We provide shelter, housing and support for victims of family violence
Domestic Violence Response Team
Counseling for victims and children exposed to violence.

South Bay Community Services
Chula Vista
CA 91911
619-420-3620 Office

ejohnson@csbcs.org

Claremont

Hotline 909-988-5559
We advocate for and assist women and children victimized by domestic violence in transforming their lives by providing culturally competent shelter, programs, education and opportunities. Community services include, legal advocacy and career counseling and individual and group counseling for victims of domestic violence.

House of Ruth
PO Box 459
Claremont
CA 91711
909-623-4364 Office

www.houseofruthinc.org

Coalinga

Hotline 559-222-7273
24 Hour crisis hotline
Crisis intervention
Counseling for survivors of sexual assault & family violence
Advocacy and legal help
All services are free and confidential. For more info call office 559-934-0915

Resource Center for Survivors of Sexual Assault
143 N 5th Street
Coalinga
CA 93210
559-934-0915 Office

Compton

Hotline 1-877-943-5778
We honor survivors who have broken their silence and support victims who have yet to find their voice.
Crisis intervention
Accompaniment to hospital, law enforcement agencies and at court.
Individual and group counseling
Healing Art Services
Services are offered FREE of charge

YWCA of Greater LA Sexual Assault Crisis Program
Compton
CA 90221
877-943-5778 Office / Hotline
www.ywcaqla.org/sexual-assault/

Concord

Hotline 1-888-215-5555
We provide 24 hour help and peer support by telephone seven days a week.
County wide support groups
visit our web site for more details

STAND! Against Violence
1410 Danzig Plaza
Suite 100
Concord
CA 94520
925-676-2845 Office

www.standagainstdv.org
info@standffov.org

Copperopolis

Hotline 209-736-4011
or 209-754-4011
Services for survivors/victims of domestic violence, sexual assault
Temporary emergency shelter
Temp restraining order assistance
Peer counseling
Limited free counseling

The Resource Connection
Copperopolis
CA 95228
209-785-3738 Office

www.trcac.org
info@trcac.org

Corona	Male Survivors of Sexual Abuse Open group will offer support to men sexually abused as children Cost up to \$40 www.therapists.psychologytoday.com/rms/prof_results.php?sid=1493996018.5576_13915&city=Corona&state=CA	Alan Wager LMFT Corona CA 92882 951-427-6001 Office	lawagermft@gmail.com
Crescent City	Hotline 707-465-2851	North Coast Rape Crisis Team Crescent City CA 95531 707-465-6961 Office	
Crescent City	Hotline 707-465-3013 Harrington House shelter Legal advocacy Advocacy through legal, medical and social service system Individual and group counseling Support groups through the week	Rural Human Services 286 M Street Crescent City CA 95531 707-464-7441 Office	www.ruralhumanservices.org rhwfc@gmail.com
Crestline	Hotline 1-800-851-7601 We strive to provide a safe haven for those living in dangerous situations and to provide support to those who have been abused verbally, psychologically, financially, sexually and physically. Emergency 17 bed shelter Programs for male victims Individual counseling court accompaniment Legal advocacy and support groups Plus outreach services.	DOVES of Big Bear Valley Crestline CA 02325 909-337-5300 Office	www.doves4help.org/
Culver City	Adult Children of Alcoholics / Dysfunctional Families (ACA). Intergroup meets First Sunday of each month at 8pm. Please see website for further details.	SoCal ACA 6666 Green Valley Circle Culver City CA 90230 LosAngelesACAIntergroup@gmail.com	www.SoCalACA.org
Culver City	Male Survivor Support Group A peer to peer support group for men 18+ who have been sexually abused. The meeting follows a structured format, not a 12 step. Being part of a group of men who are in recovery reinforces that we are not alone. Meets 1st & 4rd Sundays 4-6pm Cost Optional donation	Culver City California 323-250-6116 Office	www.lamalesurvivor.com
Culver City	Co-Dependents Anonymous Group We are a fellowship of men and women in search of learning how to develop healthy relationships	Meetup Support Group Culver City California www.meetup.com/topics/abusesurvivors/all/	www.meetup.com
Davis	Childhood Sexual Abuse Psychotherapy Group This women's supportive group is also open to survivors with a diagnosis of Dissociative Identity	Dr Jan Chess Davis CA 95616 530-645-3796 Office	www.janchessmft.com janchess@janchessmft.com

Disorder. There is an 8 week commitment and size is limited to 6 women.
Cost \$40

Davis	We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach Meets on Sunday	Survivors of Incest Anonymous Davis California 530-304-2576 Office www.siaawso.org/Sys/PublicProfile/39268/7166	www.siaawso.org andrear500@gmail.com
Downey	Hotline 323-780-4357 Making the choice to enter a shelter is not easy. If you are unsure about your options, please contact the Hotline 323-780-4357 Individual and group counseling for residence of our shelter.	Angel Step Inn Domestic Violence Emergency Shelter 11500 Paramount Blvd Downey CA 90241 323-780-4357 Office / Hotline	www.angelstepinn.org
El Cajon	Hotline 619-444-1194 Crisis information and referrals Emergency shelter Legal help and advice Mobile medical unit visits Mondays from 9am - noon.	Crisis House Family Shelter El Cajon CA 92020 619-444-9926 Office	www.crisishouse.org
El Centro	Hotline 760-352-7873 crisis line or 760-352-7273 SA line 24 Hour advocate support Intervention and advocacy Prevention & education workshop	Sure Helpline Crisis Center 210 Wake Avenue Suite B El Centro CA 92243 760 352 7878 Office info@SureHelplineCrisisCenter.org	www.surehelplinecrisiscenter.org
El Centro	Hotline 760-353-8530 Our mission is to promote and provide a comprehensive response to domestic violence, stalking and human trafficking through outreach and education within the community Emergency shelter for women and children, men have separate house. Legal services and assistance.	Woman Haven, Inc El Centro CA 92243 760-353-6922 Office	www.womanhaven.org info@womanhaven.org
El Monte	626-455-0026 Office Hours Emergency and transition shelters Serving those fleeing from family violence in the communities of El Monte, Baldwin Park and South El Monte.	Pathways Domestic Violence Shelter El Monte CA 91731 626-455-0026 Office / Hotline	www.homelessshelterdirectory.org/cgi-bin/id/city.cgi?city=El%20Monte&state=CA
Encinitas	Hotline 877-633-1112 "Carol's House" domestic violence emergency shelter for those fleeing any form of family violence Individual and group counseling FREE to residents of the shelter and	Community Resource Center Encinitas CA 92024 760-753-1156 Office www.communityresourcecenter.org	info@crcncc.org

open to the community on a sliding fee scale.

Escondido	Hotline 1-888-385-4657 Emergency shelter available Domestic violence advocacy Sexual assault advocacy FREE legal services We specialize in psychotherapy to address sexual assault and sexual abuse issues, fees are on sliding scale. Day and evening sessions of group or individual therapy at Pacific Beach, Escondido and La Mesa. Call 1-888-385-4657 for more details or to make an appointment.	Center for Community Solutions 106 Grape Street Escondido CA 92025 760-747-6282 Office.	www.ccssd.org
Eureka	We are a lead agency for the Family Violence Project which offers a comprehensive program serving families involved in domestic violence Weekly support and therapy groups Mens education groups There is a low cost for groups, along with a \$65 assesment fee.	Humboldt Family Violence Project 1802 California Street Eureka CA 95501 707-443-7358 Office	www.humboldtfamilyservice.org/family-violence-project.html
Eureka	TollFree Crisis Line 866-668-6543 24 Hr Crisis Line 707-443-6042 We have been serving the North coast for over 30 years. Our mission is to create an environment that supports individuals safely and breaks the cycle of violence. We provide a crisis support line oepn 24 hours where you will be put in touch with a trained crisis worker. We will listen, we will not judge, we will provide you with information and we can meet you at a doctor's office, a clinic or a hospital. We provide emergency shelter for clients and their children. Please see our web site link.	Humboldt Domestic Violence Services PO Box 969 Eureka CA TollFree 866-668-6543 24 Hr Line 707-443-6042	dvservices@hdvs.org
Eureka	Hotline 707-445-2881 Humboldt Hotline 707-465-2851 Del Norte Immediate support services to child/adult survivors of all genders of sexual assault. Individual counseling Support groups for adult survivors of sexual assault.	North Coast Rape Crisis Team Eureka CA 95502 707-443-2737 Office	www.ncrct.org/
Fairfield	Hotline 1-866-487-7233 Emergency shelter Domestic violence programs Sexual assault programs Group counseling Support groups	Safequest Solano Fairfield 707-422-7345 Office	www.safequest.org

Fairfield-Suisun	<p>Fairfield Support Group for Survivors of Sexual Assault Walk-ins welcome Not a 12 step Meets every Tuesday 10 - 11.30 am For more details contact Dolly on 422-7345</p>	<p>Sexual Assault Survivors Support Group Fairfield-Suisun California 422-7345</p>	
Firebaugh	<p>Hotline 559-222-7273 24 Hour crisis hotline Crisis intervention Counseling for survivors of sexual assault & family violence Advocacy and legal help All services are free and confidential. For more info call office 559-659-0232</p>	<p>Resource Center for Survivors of Sexual Assault 838 "O" Street Firebaugh CA 93622 559-659-0232 Office</p>	
Fort Bragg	<p>Hotline 463-HELP (4357) Inland or 964-HELP for coastal region Help and planning for leaving an abusive relationship.</p>	<p>Project Sanctuary 461 N Franklin Fort Bragg CA 95437 707-961-1507 Office</p>	<p>www.projectsanctuary.org info@projectsanctuary.org</p>
Fremont	<p>Hotline 510-794-6055 SAVE helps anyone who is, or has been in an abusive intimate partner relationship recently or in the past. Emergency and longer term shelter Court accompaniment Individual counseling Drop-in support groups, SAVE offer free and confidential groups Tuesdays & Thursday 7 - 9 pm Fridays at 9.15 - 11 am. For more details call 510-574-2250.</p>	<p>Shelter Against Violent Environments (S.A.V.E.) 1900 Mowry Avenue Fremont CA 94538 510-574-2250 Office</p>	<p>www.save-dv.org info@save-dv.org</p>
French Camp	<p>Our air is to show the women and children of our shelter that forgiveness and the love of Jesus Christ will foster good decision making and healthy living. Domestic and sexual abuse support referrals.</p>	<p>Haven of Peace Shelter for Women and Children French Camp CA 95231 209-982-0396 Office</p>	<p>www.havenofpeaceinc.org</p>
Fresno	<p>Hotline 1-800-355-8989 Services for victims of sexual assault and domestic violence Shelter for battered women Advocacy and support Historic sexual assault services All services are free of charge</p>	<p>Community Action Partnership of Madera County CAPMC 4610 W. Jacqueline Avenue Suite 101 Fresno CA 93722 559-276-5831 Office</p>	<p>www.maderacap.org</p>
Fresno	<p>Hotline 1-800-640-0333 Marjaree Mason has worked since 1979 to provide safe and supportive environments for individuals who are exposed to family violence. Emergency shelter</p>	<p>Marjaree Mason Center, Inc 1600 M Street Fresno CA 93721 559-237-4706 Office</p>	<p>www.mmcenter.org mmc@mmcenter.org</p>

Legal advice and assistance
Court accompaniment & advocacy
12 Week therapy groups
Women's DV support groups:
Wednesdays 10-11.30am Spanish
Thursdays 6 - 7.30pm in English
these support groups are open to
the community. For more details
call 559-237-4704.

Fresno	Hotline 559-222-7273 24 Hour crisis hotline Crisis intervention Counseling for survivors of sexual assault & family violence Advocacy and legal help All services are free and confidential. For more info call office 559-497-2900.	Resource Center for Survivors of Sexual Assault 259 N Blackstone Avenue Fresno CA 93701 559-497-2900 Office	www.rcsfresno.com mjewell@rcsfresno.org
Gardena	Hotline 1-800-339-3940 24 hour multi lingual hotline Emergency shelter Childrens programs Youth educaion & outreach Domestic and sexual violence education programs All services are free of charge.	Center for the Pacific Asian Family Gardena CA 90249 323-653-4045 Office	www.nurturingchange.org
Garden Grove	This group is a safe place to talk confidentially about being abused	Orange County Male Survivors of Sexual Abuse Garden Grove CA www.meetup.com/topics/abusesurvivors/all/	www.meetup.com/OCMales/
Gilroy	Hotline 1-877-363-7238 For sexual assault and domestic violence victims Programs for children & adults.	Community Solutions 9015 Murray Avenue Gilroy CA 95020 408-842-7138 Office	www.communitysolutions.org cs@communitysolutions.org
Glendale	Grief Recovery Workshops "There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard." Victoria Alexander There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class. Spanish and English spoken Meets Thursdays 7.30 - 9.30 Contact Rubi Zuniga 323-513-5060	Grief Recovery Workshops Rubi Zuniga 300 Vallejo Drive Glendale CA 323-513-5060	www.freedomfromgrief.com rzunigahz@gmail.com

Certified Grief Recovery Specialist

Glendale	Hotline 1-888-999-7511 We offer counseling, community referrals, support groups and an emergency shelter through our Domestic Violence Program.	YWCA - Domestic Violence Program 735 East Lexington Drive Glendale CA 91206 818-242-1106 Office www.glendaleywca.org/programs/domestic-violence-program/	
Grass Valley	Hotline 530-272-3467 24/7 365 Day crisis line Shelter and safe housing Sexual assault response team Legal and advocacy services Bilingual womans support group Women's domestic violence group wed 1-2pm Free adults molested as children group for men and women wed 6 - 7.30pm Walk in support group for women Tue 11-12.30, Thur 5.30- 7pm Contact office for more info	Domestic Violence & Sexual Assault Coalition DVSA PO Box 484 Grass Valley CA 95945 530-272-2046 Office	www.dvsac.org info@dvsac.org
Hanford	Hotline 1-877-727-3225 Trained peer counselors are available 24/7 to provide support and guidance for men, women, children and teenagers. Emergency shelter Court room accompaniment Legal advocacy program Rape / sexual assault counseling by a professional licensed therapist Sexual Assault Forecnic Examiners	Kings Community Action Org. 1130 N. 11th Avenue Hanford CA 93230 559-582-4386 Office	
Hemet	Hotline 866-373-8300 We are a non profit community based agency striving to provide intervention and counseling services for survivors of sexual assault Emergency shelter Individual counseling Support groups	Center Against Sexual Assault Hemet CA 92546 951-652-8300 Office	www.swcasa.org info@swcasa.org
Hermosa Beach	Psychotherapy provides you an opportunity to share your thoughts and feelings with someone you trust in order to make progress and find change in your life. A large part of psychotherapy is simply the relationship you build with your therapist and how safe you feel to truly discuss important aspects of your life. The relationship should be collaborative, supportive, yet also chanllenging and helpful for you in order to create change and move forward with goals you have set for	Beach Cities Psychological Services 934 Hermosa Avenue Suite 11 Hermosa Beach CA 90254 310-957-2122 Office	www.beachcitiespsych.com info@beachcitiespsych.com

yourself. Please take a moment to look around the website and read more about our professional backgrounds and the group practice so that you may see whether one of our therapists might be the right fit for you. Feel free to call or email with any questions you might have or to set up a consultation appointment by phone or in person.

Hollister	Hotline 1-877-363-7238 For sexual assault and domestic violence victims Programs for children & adults	Community Solutions 310 Fourth Street # 105 Hollister CA 95023 831-637-1094 Office	www.communitysolutions.org cs@communitysolutions.org
Huntington Beach	Men Molested as Children This therapy group is an adjunct to individual therapy for issues stemming from childhood sexual abuse. Members have not abused a child themselves. Both straight and gay men are welcome Every Tuesday 5.30 - 7 pm Cost \$50 - \$70	Dr Lee Blackwell Huntington Beach CA 92647 714-584-4901 Office	www.drblackwell.net lee@drblackwell.net
Huntington Beach	Women Victims of Abuse and Stalking support Group This is a support and recovery group for women who were abused or stalked after the break up of a relationship.	Meetup Abuse Support Group Huntington Beach California www.meetup.com/topics/abusesurvivors/all/	
Irvine	Hotline 1-877-854-3594 We listen to our clients and find out exactly what they need to become free from domestic violence. Emergency shelter, men have a separate shelter. Counseling and support groups for women after they have graduated from our emergency shelter. Walk-in service available but we recommend calling before attending counseling or the legal clinic.	Human Options Inc PO Box 53745 Irvine CA 92201 949-373-5242 Office	www.humanoptions.org info@humanoptions.org
Jackson	Hotline 209-223-2600 or 800-675-3392 Help finding emergency shelter Individual / group counseling for survivors of sexual assault or domestic violence	Operation Care 619 New York Ranch Road Jackson CA 95642 209-223-2897 Office	www.operationcare.org info@operationcare.org
Joshua Tree	Hotline 760-366-9663 Our mission is to provide a safe haven for victims of domestic violence, to educate and assist	Morongo Basin Unity Home Inc 61740 Palms Highway Joshua Tree CA 92252	

them through counseling, legal advocacy and building self-esteem.
Emergency shelter
Legal advocacy and court support
Our shelter runs 10 DV support groups throughout the week.
Outreach support groups and counseling in the community. See our website for more details or Call us on 760-366-9663.

760-366-9663 Office / Hotline

www.joshuatreevillage.com/508/mbuh.htm

Kelseyville

Hotline 1-888-485-7733
24 Hour community crisis line
Domestic violence shelter house
Counseling and therapy
Services for sexual assault survivors recent and past.
Workshops and support groups
tba call office for more info.

Lake Family Resource Center
5350 Main Street
Kelseyville
CA 95451
707-279-0563 Office

www.lakefrfc.org
qinap@lakefrfc.org

Kings Beach

Hotline 1-800-736-1060
For survivors of sexual assault or domestic violence
Trained advocates can help obtain a temporary protective order
Women's bilingual support groups on Mon, Tues, and Thurs. Please contact office for more info
Chidrens program

Tahoe Safe Alliance
PO Box 1232
8321 Steelhead Avenue
Kings Beach
CA 96143
530-546-7804 Office.

www.tahoesealliance.org

Ladera Ranch

Hotline 866-498-1511
Through the comprehensive domestic violence programs and sevices we offer, victims receive the time and tools necessary to live healthy, independent and violence free lives.
Emergency shelter
Court accompaniment
Legal advocacy services
10 week personal empwerment
Individual and group therapy
Various groups now running please see website for more details.

Laura's House
Ladera Ranch
CA 92694
946-361-3775 Office

www.laurashouse.org
info@laurashouse.org

Laguna Niguel

Adult Survivors of Abuse
Professional led and safe female group. A six week consecutive attendance is required
Meet every Wed 6 - 7.30 pm
Cost \$40 - \$80

Dr Sherry Marie King
Laguna Niguel
CA 92677
949-274-4108 Office

La Habra

Sexual Abuse Survivors Group
This is a group for women survivors of sexual abuse meeting on Monday nights from 6.30 - 7.30 in La Habra.
We use the curriculum : Healing The Wounded Heart, by Dan Allender.
Please not - Curriculum is Christian based. Cost \$100 per month.

Sharie Stines PsyD, Catc-V LPCI
Lifeline Counseling and Educational Services
1701 Lambert Road, Suite C
La Habra
CA 90531
562-706-4251

counselingfordays@gmail.com

I am also willing to start a group for MEN that would meet on Thursdays 6.30-7.30pm.

Lakeport	Hotline 1-888-485-7733 24 Hour community crisis line Domestic violence shelter house Counseling and therapy Services for sexual assault survivors recent and past. Workshops and support groups tba call office for more info.	Lake Family Resource Center 896 Lakeport Boulevard Lakeport CA 95453 707-262-1611 Office	www.lakefrc.org ginap@lakefrc.org
Lancaster	Hotline 661-945-6736 We are a community based organization dedicated to ending domestic violence. We create and maintain a safe environment where all can re new their lives. 60 Day emergency shelter Sexual Assault Response Services Call 661-949-6143 for SARS support Adults molested as children therapy groups, call office for details	Antelope Valley Domestic Violence Council PO Box 2980 Lancaster CA 93539 661-949-1916 Office	www.valleyoasis.org info@avdvc.org
La Jolla	For adult survivors of child abuse PTSD support group trauma survivors	Survivors PTSD Group La Jolla CA www.meetup.com/topics/abusesurvivors/all/	
La Mesa	Counseling on an individual or group basis for men women and children. Spanish and English spoken Sexual assault including incest Sliding fee scale based on income.	Minto Counseling 7339 El Cajon Boulevard Stite J La Mesa CA 91941 619-697-7477 Office	www.ccssd.org info@ccssd.org
La Quinta	Partners supporting Molested Partners This group is designed for partners who are supporting partners who have experienced sexual molestation. The group is open to men and women Meets second Tues 7 - 8.30 pm Cost \$20 - \$70	Dr Sally Diane La Quinta CA 92253 760-621-3229 Office	www.drallydiane.com pointhappy245@gmail.com
Livermore	Hotline 925-449-5842 or 800-884-8119 24 / 7 Crisis line Legal restraining order service Individual counseling for sexual assault or domestic violence Domestic violence support groups Sexual assault support groups	Tri-Valley Haven 3663 Pacific Avenue Livermore CA 94550 925-449-5845 Office	www.trivalleyhaven.org
Lodi	209-465-4878 Domestic violence 209-465-4997 Sexual assault 800-769-4357 Youth line toll free 24 hour helplines	Women's Center 29 S. Washington Street Lodi CA 95240	www.womenscenteryfs.org

Immediate safe haven
Advocacy and referrals
Teen survivors group
Domestic violence groups in
English and in Spanish
Adult survivors of sexual assault
group for women
Adults molested as children
support group meets once a week
for a 13 week contact Robin
Petersen on 209-941-2611

209-368-3406 Office.

Lompoc

Hotline 805-736-0965
Domestic violence hotline and
information

Lompoc Shelter Hotline
PO Box 1366
Lompoc
CA 93438
805-736-8535 Office
www.dvsolutions.org/programs/EmergencyShelter.aspx

Lompoc

Hotline 805-736-7273
Services for adult and child
survivors of sexual assault and
child abuse.
24 Hour Crisis line
Crisis intervention and advocacy
counseling for victims of sexual
assault or violence

North County Rape Crisis and
Child Protection Center
Lompoc Office
CA 93438
805-736-8535 Office
www.sbcountyrapecrisis.org

Lone Pine

Hotline 1-877-873-7384
Emergency shelter
Trained peer counselors
Crisis counseling support
One on one peer counseling
support groups available.

Wild Iris
120 S Main Street
Unit 12
Lone Pine
CA 93545
760-873-6601 Office
www.wild-iris.org
wildiris@wild-iris.org

Long Beach

ASCA Meeting / Support Group
Adult Survivors of Child Abuse
Meetings on Saturdays From 9am
until 10.30am
Meeting is FREE but donations are
welcome. The contact person is
Matt Alquiza if texting please mention
ASCA in the text. 562-225-5780
Or you may wish to email for more
information. Secondary contact
Person is V 714-330-6280 if texting
please mention ASCA in text.

ASCA Meeting
St Luke's Lutheran Church
5633 East Wardlow Road
Long Beach
CA 90808
Call or Text 562-225-5780
The meeting takes place in the
Pre School Room
[www.ascasupport.org/ events/event1.php?eventID=125](http://www.ascasupport.org/events/event1.php?eventID=125)

ASCA4LB@gmail.com

Long Beach

Male Survivors of Sexual Assault
Healing the hurt from sexual
assault requires bravery and
Strength. This group seeks to
create that confidential, trusting
safe place where men who have
experienced sexual assault can
find support.
Meets on Sundays
Cost \$20 - \$30

Dr Jonathan Brady
Long Beach
CA 90802
323-456-3010 Office
www.bradyesque.com
drbrady@bradyesque.com

Long Beach

Grief Recovery Workshops

Grief Recovery Workshops
www.freedomfromgrief.com

"There are 3 needs of the griever:
To find the words for the loss, to say
the words aloud and to know that
their words have been heard."
Victoria Alexander
There are more than 40 events that
can cause the range of human
emotions called grief, including
childhood losses, such as loss of
trust and loss of safety. The Grief
Recovery personal workshop
assists in the ultimate journey back
to your heart and the mainstream of
your life. This is a 10 week program
Participant must join by the third
class.
Meets Thursdays 7.30 - 9.30 pm
Call Sherri Lugo 562-400-2573
Certified Grief Recovery Specialist

Sherri Lugo
All Saints Episcopal Church
346 Termino Avenue
Long Beach
CA
562-400-2573

www.griefunchained.com

Long Beach

Hotlines 562-594-4555
Or 714-891-8121
We have been providing services to
individuals and families affected by
domestic violence since 1979.
Emergency shelter
Legal assistance and advice
Human trafficking awareness
Individual or group counseling

Interval House
6615 East Pacific Coast Hwy
Long Beach
CA 90803
562-594-9492 Office

www.intervalhouse.org
admin@intervalhouse.org

Long Beach

Hotlines 562-597-2002
1-800-656-4673
Crisis support and advocacy

Sexual Assault Crisis Agency
Long Beach
CA 90807
562-989-0309 Office

Long Beach

We empower those who have
survived childhood sexual abuse
and who want to become survivors
and thrivers. We offer self help
support groups using the 12 steps
and 12 traditions approach
Women only please
meets on Saturday 9 - 10.30 am

Survivors of Incest Anonymous
Long Beach
California
562-596-7907 Office
www.siawso.org/Sys/PublicProfile/3515986/7166

www.siawso.org
amcmurri@yahoo.com

Long Beach

Hotline 562-437-4663
Since 1977 we have helped
thousands of families overcome
the trauma caused by domestic
abuse. Emergency shelter where
you will receive legal advocacy,
individual and group support and
all the tools necessary towards
building a life free from violence.

Women Shelter of Long Beach
Long Beach
CA 90806
562 473-7233 office.

www.womenshelterlb.org
info@womenshelterlb.org

Los Angeles

Childhood Sexual Trauma Men's
Support Group
This is a safe confidential group
for men who are still suffering due
childhood sexual trauma. You will
be guided through experiential

Raphael Bonchek
Soul Development Center
3162 Los Feliz Blvd.
Los Angeles
CA 90027
Contact No. 323-457-1167

raphael@lctla.com

processes which are effective in relieving trauma.
Group meets every other Tuesday the session cost is \$50. Please call Raphael for further details.

Los Angeles	Adult Children of Alcohoholics / Dysfunctional Families. Group meetings throughout the week. Please see website	SoCal ACA Southern California LosAngelesACAIntergroup@gmail.com	www.SoCalACA.org
Los Angeles	Hotline 310-570-5902 Emergency room response Domestic violence shelter Individual and group counseling In-house legal service	1736 Family Crisis Center 2116 Arlington Avenue Suite 200 Los Angeles CA 90018 327-737-3900 Office	www.1736familycrisiscenter.org
Los Angeles	Adult Women Molested as Children Group therapy for sexual abuse survivors. Allowing the survivor to work on issues of trust, guilt, shame and isolation. Group of 5 women meeting on Wed evening for 16 weeks Cost \$100	Dr Veronica Abney Los Angeles CA 90048 424-625-2956 Office www.icpla.edu/member-search/veronica-abney-ph-d/	
Los Angeles	We provide FREE and confidential legal services to young people who have been abused. Se habla Espanol.	Break the Cycle 5777 West Century Blvd Suite 1150 Los Angeles CA 90045 310-286-3386 Office	www.breakthecycle.org legalservices@breakthecycle.org
Los Angeles	Hotline 1-800-339-3940 24 hour multi lingual hotline Emergency shelter Childrens programs Youth eductaion & outreach Domestic and sexual violence education programs All services are free of charge	Center for the Pacific Asian Family 543 N. Fairfax Avenue Room 108 Los Angeles CA 90036 323-653-4045 Office	www.nurturingchange.org
Los Angeles East	Rape & DV Hotline 800-585-6231 24 Hour 7 day Hotline Bilingual services for those affected by sexual or domestic violence Crisis intervention service Individual, family or group therapy Support services for friends/family	East Los Angeles Women's Ctn 1255 South Atlantic Boulevard Los Angeles CA 90022 323-526-5819 Office	www.elawc.org
Los Angeles	Grief Recovery Workshops "There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard." Victoria Alexander There are more than 40 events that	Grief Recovery Workshops Rubi Zuniga Los Angeles CA 323-513-5060	www.freedomfromgrief.com rzunigahz@gmail.com

can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class. Spanish and English spoken For meeting details and times Contact Rubi Zuniga 323-513-5060 Certified Grief Recovery Specialist

Los Angeles

Several Trauma & Sexual Abuse Assault Groups
these groups are for women who have survived childhood abuse, adult abuse including physical abuse neglect and emotional abuse
Every Mon, Wed, Sat and Sun at 12-2 pm
Cost \$40 -\$50

Ms Cynthia Henrie
Los Angeles
CA 90042
323-739-4987 Office
323-829-3548
www.psychology.com/therapist/extended.php?aid=299

Los Angeles

Hotline 1-800-479-7328
Our overall goal is to change the pattern of abuse in the lives of women and children. Our programs and services include: Emergency shelter, counseling and help with the legal system.

Jenesse Center Inc
PO Box 8476
Los Angeles
CA 90008
323-299-9496 Office

www.jenesse.org
kearl@jenesse.org

Los Angeles

PTSD, Sexual Abuse Survivors Group
Ptsd, trauma, sexual abuse survivors long term process support group for women only
Every Wed & Fri 6 - 7.30 pm
Cost \$50

Mrs Judy Mclaughlin-Ryan
Los Angeles
CA 90024
310-692-9680 Office

www.asrtherapy.com
judy@asrtherapy.com

Los Angeles (West)

Domestic Violence Support Group
We are a support group for those affected by domestic abuse in the west Los Angeles district.

West Los Angeles
California
www.meetup.com/topics/abusesurvivors/all/

www.meetup.com/Los-Angeles-Support-for-Victims-of-Domestic-Violence-Meetup/

Los Angeles

310-392-8381 South LA
213-626-3393 Central LA
626-793-3385 West San Gabriel
24 Hour Crisis lines
Latina services
Intervention services
Counseling for survivors of sexual assault domestic violence and child abuse

Peace Over Violence
1015 Wilshire Boulevard
Suite 200
Los Angeles
CA 90017
213-955-9090 Office

www.peaceoverviolence.org
info@peaceoverviolence.org

Los Angeles

Trauma Group Psychotherapy
On going group for trauma survivors. Including domestic

William Randle
Los Angeles
CA 90028

www.willrandle.com
will@willrandle.com

violence, sexual and physical abuse experienced as a child ritual abuse and emotional and verbal abuse. An intake interview is required and an eight week commitment is requested
Meets every Wed/Fri 7 - 9 pm

323-243-8082 Office

Los Angeles

213-626-3393 for Central LA
310-392-8381 for South LA
626-793-3385 for W. San Gabriel
877-633-0044 for Stalking helpline
We are a rape crisis center in South Central Los Angeles with a special emphasis on sexual assault crisis counseling and domestic violence services for men and women.
On going crisis counseling
Accompaniment to hospital & court
Prevention and education program
Support groups available. Please see our website for further details.

S.A.F.E.
Los Angeles

www.safela.org

Los Angeles

Adult Survivors of Childhood Sexual Abuse
An empowering womens group for adult survivors of sexual abuse
Speaking about the abuse is an opportunity to step out of the shame and guilt and take back your power.
cost \$50

Dr Anna Scully
Los Angeles
CA 90025
310-359-9414 Office

Los Angeles

Hotline 323-860-5806
Our services are provided by LGBT domestic violence specialists, including certified domestic violence counselors and mental health professionals who are trained in LGBT-domestic violence issues.
Referrals to LGBT sensitive shelters
Advocacy with law enforcement and criminal justice systems
Survivors support groups

STOP Domestic Violence - Gay and Lesbian Center
1625 N. Schrader Boulevard
Los Angeles
CA 90028
323-993-7400 Office

domesticviolence@lalgbtcenter.org

Los Angeles

We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach
Women only please
Meets Saturday 2 - 3.30 pm
Contact Diane

Survivors of Incest Anonymous
Los Angeles
CA
213-213-0100 Office

www.slawso.org

Los Angeles

Hotline 323-226-3961
the VIP Sexual Assault Center is internationally recognized as the standard of care for victims of sexual assault.

Violence Intervention Program
1721 Griffin Avenue
Los Angeles
CA 90031
323-221-4134 Office

Groups therapy covers topics such as: Child sexual abuse recovery
Child physical abuse recovery
and child emotional abuse recovery.
Please call for more details
www.violenceinterventionprogram.org

Los Angeles Adults Abused as Children
Minimize shame, guilt and self blame. Address psychological systems
Meets every Saturday 11 - 12.30
2nd Group Saturday 1 - 2.30 pm
Cost \$20 - \$40
Roni Weisberg-Ross
Los Angeles
CA 90064
310-479-9798 Office
www.roniweisbergross.com
roni@roniweisbergross.com

Los Angeles Men Molested as Children
The aim of this group is to be supportive
Group meets for 10 week increments Wed 7 -8.30 pm
One free screening evaluation
Cost \$50 - \$70
www.therapists.psychologytoday.com/rms/name/Lisa_Victoria_Youngman_Los+Angeles_California_54194
Dr Lisa Victoria Youngman
Los Angeles
CA 90025
424-570-1173 Office

Los Angeles Free after school programs
Youth club violence prevention
Techgyrls program
Individual / group counseling
Clothesline project
YWCA Greater Los Angeles
1020 S Olive Street
7th Floor
Los Angeles
CA 90015
213-365-2991 Office
www.ywcaqla.org/what-we-do/programs/sexual-assault/

Lucerne Valley Hotline 760-248-2064
We provide an emergency shelter, counseling, assistance with legal paperwork, support in the court and a community outreach program.
Lucerne Valley Domestic Violence Outreach, Inc
PO Box 2003
Lucerne Valley
CA 92356
760-248-2377 Office.
www.lucernevalley.net/orgs/domestic/info.htm

Madera Hotline 1-800-355-8989
Services for victims of sexual assault and domestic violence
Shelter for battered women
Advocacy and support
Historic sexual assault services
All services are free of charge
Community Action Partnership of Madera County CAPMC
1225 Gill Avenue
Madera County CAPMC
CA 93637
559-661-1000 Office.
www.maderacap.org

Mammoth Lakes Hotline 1-877-873-7384
Emergency shelter
Trained peer counselors
Crisis counseling support
One on one peer counseling support groups available
Wild Iris
635 Mammoth Road
Suite 201
Mammoth Lakes
CA 93546
760-934-2491 Office
www.wild-iris.org
wildiris@wild-iris.org

Marina Our mission is to lead in ending the cycle of homelessness or violence by providing safe housing and compassionate support and opportunities for self sufficiency through outreach, emergency
Shelter Outreach Plus
PO Box 1340
Marina
CA 93933
831-384-3388 Office.
info@shelteroutreachplus.org

shelter, transitional housing and support services throughout Monterey County.

Mariposa	Hotline 1-888-966-2350 We offer hope, support and recovery for those who are or have been victims of domestic violence. Providing emergency shelter Assistance with legal matters Accompaniment to the courts Counseling and support groups	Mountain Crisis Services PO Box 2075 5079 Highway 140 Mariposa CA 95338 209-742-5865 Office	www.mountaincrisiservices.org
Martinez	Hotline 1-800-670-7273 24 Hour crisis hotline Support services to children and adult victims of sexual assault Sexual assault response team Children's interview center Anti trafficking project	Community Violence Solutions Martinez CA 94553 925-646-2305 Childrens Center	www.cvsolutions.org admin@cvsolutions.org
McKinleyville	Hotline 1-800-341-9454 Our mission is to promote the stability and security of families and to protect the best interests of indian children. Please visit our website for more details on family and individual counseling.	Two Feathers Native American Family Services 2355 Central Avenue Suite C McKinleyville CA 95519 707-839-1933 Office	www.twofeathers-nafs.org frontdesk@twofeathers-nafs.org
Merced	Hotline 209-722-4357 We provide service to victims of domestic violence and sexual assault, including: Emergency shelter Individual and group counseling Advocacy services Assistance with legal matters and court appearances.	A Woman's Place of Merced PO Box 822 Merced CA 95341 209-725-7900 Office	dhaines@mcoe.org
Merced	Hotline 209-722-4357 We can help you and your kids get safe today. We can provide a safe, confidential shelter, help you to develop a safety plan, help you with all the legal paperwork and help you to access local counseling and support groups.	Valley Crisis Center 1960 P Street Merced CA 95340 209-725-7099 Office	www.valleycrisiscenter.org
Mission Viejo	Adults Sexually Abused As Children Groups to address issues resulting from childhood sexual abuse, this may or may not included incest. The group is safe and I interview every member to ensure group safety. Men and women welcome Meets Every thurs 10.30 - 12.30 Cost \$60 - \$70	Dr Evan Fewsmith Mission Viejo CA 92691 949-249-9040 Office	www.orangecountytherapy.com info@orangecountytherapy.com

Modesto	<p>Hotline 209-577-5980 or 1-888-45HAVEN (42836) 24 Hour Crisis line Support groups for domestic violence and sexual assault Legal advocacy, help with restraining orders Peer counseling Individual therapy Referrals to trusted professionals Serving Ceres, Turlock & Patterson.</p>	<p>Haven Women's Center 618 13th Street Modesto CA 95354 209-524-4331 Office.</p>	<p>www.havenwcs.org/ info@havenwcs.org</p>
Monterey	<p>Male Survivor Support Group In this group men will find a safe nurturing place to move beyond the pain related to sexual abuse. Participants will find help working through isolation, fear, low self esteem with other men with the same experiences. This is a 10 week long committed group. Meets Monday 6 - 8 pm Low fee sliding scale</p>	<p>Stephen L Braveman Monterey California 831-375-7553 Office</p>	<p>stephen@bravemantherapy.com</p>
Monterey	<p>Hotline 831-375-4357 24 Hour hotline Rape prevention education for 7th grade, 8th grade & high sch Safety awareness 1st grade 3rd grade and 6th grade Also drug and alcohol education</p>	<p>Monterey Rape Crisis Center PO Box 2630 Monterey CA 93942 831-373-3955 Office</p>	<p>www.mtryrapecrisis.org info@mtryrapecrisis.org</p>
Monterey	<p>Hotlines 831-372-6300 Or 831-757-1001 Since 1971 we have worked to empower women, families and individuals by providing a domestic violence program including: Emergency shelter and legal and court advocacy.</p>	<p>YWCA - Monterey 457 Webster Street Monterey CA 93940 831-655-9222 Office</p>	<p>mail@ywcamc.org www.ywca.org/site/pp.asp?c=anJHKMnrFqG&b=483519</p>
Morgan Hill	<p>Hotline 1-877-363-7238 For sexual assault and domestic violence victims Programs for children & adults</p>	<p>Community Solutions 16264 Church Street # 103 Morgan Hill CA 95037 408-779-2113 Office</p>	<p>www.communitysolutions.org cs@communitysolutions.org</p>
Murphys	<p>Hotline 209-736-4011 or 209-754-4011 Services for survivors/victims of domestic violence, sexual assault Temporary emergency shelter Temp restraining order assistance Peer counseling Limited free counseling</p>	<p>The Resource Connection Murphys CA 95247 209-728-9946 Office</p>	<p>www.trcac.org info@trcac.org</p>
Napa	<p>Hotline 707-225-6397 or 1-800-799-7233 24 Hour Crisis line</p>	<p>Napa Emergency Women's Services 1141 Pear Tree Lane</p>	<p>www.napanews.org info@napanews.org</p>

Se habla Espanol
Safe house for those fleeing
domestic or sexual violence
Advocates and shelter for children
survivors of violence
Counseling services
Group counseling free of charge

Suite 220
Napa
CA 94558
707-252-3687 Office

Newhall Hotline 661-259-4357
Safe shelter referrals
Help with safety planning
Accompaniment to the court
Counseling and support groups

DVC of Santa Clarita Valley
PO Box 220037
Newhall
CA 91322
661-259-8175 Office

www.dvc-scv.com/

Newhall Adult Survivors of Child Abuse Group
We are a community based support
group for adult survivors of child
abuse. This is a peer led group
and not a therapy or counseling
group.

Santa Clarita ASCA
Newhall
California
www.meetup.com/Santa-Clarita-ASCA/

Newport Beach Hotline 877-854-3594
Our mission is to provide a safe
haven and life changing programs
to help abused women and their
children and families. We work with
the community to break the cycle of
domestic violence.
Emergency women's shelter
24 Hour crisis and support line
Community education program
Counseling and support groups

Human Options
PO Box 9376
Newport Beach
CA 92658

www.humanoptions.org/

North Hollywood Grief Recovery Workshops
"There are 3 needs of the griever:
To find the words for the loss, to say
the words aloud and to know that
their words have been heard."
Victoria Alexander
There are more than 40 events that
can cause the range of human
emotions called grief, including
childhood losses, such as loss of
trust and loss of safety. The Grief
Recovery personal workshop
assists in the ultimate journey back
to your heart and the mainstream of
your life. This is a 10 week program
Participant must join by the third
class.
Meets Thursdays 7 - 9 pm
Call Sandi Atmore 323-698-5570
Certified Grief Recovery Specialist

Grief Recovery Workshops
Sandi Atmore
Summers Chiropractic
4418 Vineland Ave
Suite 208
North Hollywood
CA
323-698-5570

www.freedomfromgrief.com
www.griefunchained.com

North Hollywood We empower those who have
survived childhood sexual abuse
and who want to become survivors
and thrivers. We offer self help
support groups using the 12 steps
and 12 traditions approach

Survivors of Incest Anonymous
North Hollywood
CA

bluedolphin96@gmail.com

Meets Wednesday 7.30 - 9 pm
Contact Denise

Northridge

Grief Recovery Workshops
"There are 3 needs of the griever:
To find the words for the loss, to say
the words aloud and to know that
their words have been heard."
Victoria Alexander
There are more than 40 events that
can cause the range of human
emotions called grief, including
childhood losses, such as loss of
trust and loss of safety. The Grief
Recovery personal workshop
assists in the ultimate journey back
to your heart and the mainstream of
your life. This is a 10 week program
Participant must join by the third
class.
Meets Mondays 7 - 9 pm
Natasha Jackson 213-880-9917
Certified Grief Recovery Specialist

Grief Recovery Workshops
Natasha Jackson
18341 Sherman Way
Suite 204
Northridge
CA
213-880-9917

www.freedomfromgrief.com
nmjackson24@gmail.com

Northridge

818-886-0453 San Fernando Vly
661-253-0258 San Clarita Valley
24 hour Crisis team
Services for adults abused as
children
Child maltreatment treatment
Community counseling
Family support services
Male survivors welcome

Strength United
California State University
Northridge
818-787-9700

www.csun.edu/eisner-education/strength-united
www.facebook.com/StrengthUnited/?fref=ts

Oakland

Hotline 510-536-7233
A Safe Place exists to break the
cycle of domestic violence.
We offer programs for women, men
and teens.
Advocacy at court & social services
Help with legal documents
Individual or group counseling with
a licensed professional.

A Safe Place
PO Box 23006
Oakland
CA 94623
510-986-8600 Office

www.asafeplacedvs.org

Oakland

Hotline 510-845-7273
24 Hour Crisis hotline
Se habla Espanol
Advocacy & legal services
Community education
Individual counseling for survivors
Services are free & confidential

Bay Area Women Against Rape
Oakland
CA 94612
510-430-1298 Office

www.bawar.org
vicki@bawar.org

Oakland

Survivors of Childhood Sexual
Abuse
A therapy group for survivors of
childhood sexual abuse. The
group work deeply with each other
to gently work through the trauma
of childhood sexual abuse
including incest. Three month

Rose Phelps
Oakland
CA 94610
510-658-4344 Office

www.rosephelpsmarriagefamilytherapist.com

commitment
Meets every Wed 6.30 - 8 pm
cost \$50 +

Oakland	Adult Incest Survivors this adult incest survivors therapy support group treats self blame, anger, addiction, relationship issues, sexual issues and other symptoms of PTSD Meets every Wed 7.30 - 9 pm Cost \$50	Ms Karen E Spinkel Oakland CA 94610 510-878-4177 Office	
Oakland	We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach Meets Wednesdays 6.15 - 7.30pm See website for further Details	Survivors of Incest Anonymous Oakland CA www.siaawso.org www.siaawso.org/Sys/PublicProfile/1255534/7166	
Oceanside	760-754-5500 Information hotline Providing a residential shelter for abused, neglected or abandoned children. Therapy for children Counseling and daily discussion On site schooling for pre school to 12th grade	Casa de Amparo Shelter for Children 4070 Mission Avenue Oceanside CA 92057 760-754-5500 Office / intake	www.casadeamparo.org/
Oceanside	Survivors of Domestic Abuse Support Group. For abuse survivors, survivors of domestic violence and trauma survivors	Oceanside Survivors - Domestic Violence Support Group Oceanside. CA www.meetup.com/topics/abusesurvivors/all	
Oceanside	The Brother Bennos Foundation provides a transitional living house for women with children who are in need of shelter.	The House of Martha, Ann, Mary and Ida. (MAMI) Oceanside CA 92054 760-439-1244 ext 109	www.brotherbenno.org
Oceanside	Hotline 760-757-3500 24 Hour hotline Se habla Espanol Temporary emergency shelter for battered women and children Crisis intervention Group and peer counseling	Women's Resource Center 1963 Apple Street Oceanside CA 92054 760-757-3500	www.wrcsd.org
Orange	Hotline 877-577-7267 Toll Free We offer child / youth services, child abuse counseling, emergency shelters, and transitional housing in multiple communities throughout Southern California. Serving Camaillo, Crestline, Garden Grove, Hueneme, Long Beach, Pasedna, Riverside, Santa Clarita,	Lutheran Social Services of Southern California 2560 North Santiago Blvd Orange CA 92867 714-685-1800 Office .	info@lsssc.org

San Diego, Santee, South Bay,
Thousand Oaks, Van Nuys
Ventura. Also Apple Valley and
Big Bear.

Orange	Hotline 714-237-1444 Or 877-743-3736 Toll Free We first opened our doors in 1979, since that time thousands of women and their children have found shelter, safe refuge and a new beginning as a result of The Sheepfold Ministry.	The Sheepfold PO Box 4487 Orange CA 92863 714-237-1444 Office / Hotline	www.thesheepfold.org mail@thesheepfold.org
Orange	Hotline 714-992-1931 Emergency shelter Transitional housing program Immigration clinic and services Court advocacy Legal assessments and referrals Outreach services to all survivors of domestic violence and human trafficking. A legal clinic is held every 1st Wednesday.	Women's Transitional Living Center Inc PO Box 6103 Orange CA 92863 714-992-1939 Ext 101 Office	www.wtlc.org info@wtlc.org
Orinda	SNAP Support Meeting Meets Sundays 3pm to 5pm First meeting Sunday February 5th. Contact Melanie on 925-708-6175	SNAP Support Meeting Orinda Library, Room A 26 Orinda Way Orinda Melanie Sakoda 925-708-6175	www.snapnetwork.org/ melanie.sakoda@gmail.com
Oxnard	Hotline 800-300-2181 or 805-656-1111 805-656-4439 Hearing impaired Hotlines available 24/7 Crisis intervention program Emergency shelter Support groups for victims of domestic violence,sexual assault and incest call office for info.	Coalition for Family Harmony 1030 North Ventura Road Oxnard CA 93030 805-983-6014 Office	www.thecoalition.org j.campbell@thecoalition.org
Palm Desert	Hotline 1-800-656-4673 We provide a 24 Hour hotline for victims of sexual assault. Outreach counselors are able to go with the victim to the hospital or the police station. Individual and group counseling Accompaniment - legal process Bilingual counselors on call Serves Coachella Valley and the Morongo Basin www.facebook.com/Coachella-Valley-Sexual-Assault-Services-128535360625188/timeline?ref=page_internal	Coachella Valley Sexual Assault Services 24 - 333 Highway 111 Suite 103 Palm Desert CA 92260 760-568-9071 Office	
Palm Desert	Adults Molested as Children this group is for those who have been sexually abused as children Meets on Tuesdays Cost \$20 - \$30	Dr Jamie D Kirkpatrick Palm Desert CA 92260 760-933-9841 Office	www.drjamiekirkpatrick.com drjamie4u@yahoo.com

Palm Desert	<p>Hotlines 760-328-7233 Or 1-800-775-6055 We provide comprehensive services to victims of domestic violence - Professionally, ethically and compassionately. Emergency shelter Tranistional housing Individual and group counseling at the Edra Blixseth community center Outreach centers in Hot Springs, Palm Desert and Palm Springs Se habla Espanol</p>	<p>Shelter from the Storm 73555 Alessandro Drive Suite D Palm Desert CA 92260 760-674-0400 Office</p>	www.shelterfromthestorm.com
Pasadena	<p>We were established in 1995 as an independent non profit organization with a mission to stop family or domestic violence. We help men women and children through legal advocacy, accompaniments to court proceedings. We offer empowerment groups and outreach and education for details of our empowerment group please call 626-355-4545</p>	<p>Grace Center PO Box 40250 Pasadena CA 91114 626-355-4545 Office</p>	www.grace-inc.org/
Pasadena	<p>Hotline 323-681-2626 We are the first domestic violence shelter of it's kind in the country. We are dedicated to helping abused women and their children on their way towards a violence free life. We are proud to be a program of the Jewish Family Services of LA. Emergency shelter Prevention and education program Individual and group counseling within the local community.</p>	<p>Haven House PO Box 50007 Pasadena CA 91115 626-564-8880 Office</p>	www.jfsla.org/havenhousecommunications@jfsla.org
Pasadena	<p>Survivor: A Mens Psychtherapy Group Are you a man who was sexually abused as a child? Do you struggle to overcome the scars from this abuse? This is a 20 week group where these issues can be discussed in a safe and confidential environment Meets on Mondays Cost \$50</p>	<p>Dr Ellen Miller Kwon Pasadena CA 91101 626-807-5451 Office</p>	www.drmlerkwon.com/home
Pasadena	<p>Sexual Abuse Survivors Group for Women This group is targeted to sexual abuse, incest, assault and rape issues Meets every other Mon 7 - 8.30 2 Sexual abuse survivors groups Mondays and Thursdays 7 - 8.30pm Also a Co-Ed Sexual Abuse Survivors</p>	<p>Ms Cristina Noelle Mardirossian Pasadena CA 91106 818434-6051 Therapy Info www.pasadenatraumatherapy.com</p>	cnm.therapy@gmail.com

group that meets Wednesdays.
Male Sexual Abuse Survivors group
Please call 818-434-6051 for more
details.

Pasadena	310-392-8381 South LA 213-626-3393 Central LA 626-793-3385 West San Gabriel 24 Hour Crisis lines Latina services Intervention services Counseling for survivors of sexual assault domestic violence and child abuse	Peace Over Violence 892 N Fair Oak Avenue Suite D Pasadena CA 91103-3046 626-584--6191 Office	www.peaceoverviolence.org info@peaceoverviolence.org
Pasadena	We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach Meet Monday 7.30 - 9 pm Contact John	Survivors of Incest Anonymous Pasadena CA 626-305-9113 Office www.siawso.org/Sys/PublicProfile/3515978/7166	www.siawso.org
Pasadena	We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach Meets Saturday 10.30 - 12 noon Contact Tina	Survivors of Incest Anonymous Pasadena CA 626-768-0825 Office	www.siawso.org pasadenasia@yahoo.com
Paso Robles	24/7 Crisis Line 855-866-7473 Counseling (Individual or Group) Crisis Services (available in Spanish and English) Emergency Safe Houses Advocacy / Accompaniment Temporary Restraining Orders Weekly Support Groups Services for Survivors, and family / friends / loved ones.	RISE 1030 Vine Street Paso Robles CA 93446 805-226-5400 Office	www.riseslo.org contact@RISEslo.org
Placerville	Hotline 530-626-1131 or 916-939-6616 24 Hour Crisis hotline for survivors of sexual assault and domestic violence Support groups for adults molested as children for 14 weeks 2 hour sessions. There is a charge but something can be worked out	The Center for Violence Free Relationships 344 Placerville Drive Suite 11 Placerville CA 95667 530-626-1450 Office	www.thecenternow.org info@thecenternow.org
Pomona	Hotline 909-626-4357 or 626-966-4155 Professional counseling to survivors of sexual assault or child abuse The first ten sessions	Project Sister Family Services PO Box 1369 Pomona CA 91769-1369 909-623-1619 Office	www.projectsister.org info@projectsister.org

are free with proof of income.
Support groups of peers for adults
& adolescent survivors of sexual
assault and abuse.

Porterville	Hotline 559-784-0192 The central California Family Crisis center is a multi cultural organization which exists to protect individuals and families from domestic violence Emergency shelter 559-781-7468 Tranistional housing Legal advocacy Accompaniment to the courts Domestic violence counseling Community outreach & education	Family Crisis Center 770 North Main Street Porterville CA 93258 559-784-0192 Office / Hotline	www.ccfamilycrisis.org
Quincy	877-215-7273 Rape Crisis Line or 1-877-332-2754 toll free 24 Hour crisis help line Crisis intervention and prevention Serving Portola and Greenville.	Plumas Crisis Intervention and Resource Center 591 West Main Street Quincy CA 95971 530-283-5515 Office	www.facebook.com/PlumasCrisisInterventionandResourceCenter/timeline?ref=page_internal
Rancho Mirage	It Happens To Boys Free group for men who were abused as children. There is no cost other than a willingness to work on the healing process Meets second Tues 7 - 9 pm Free of charge	Carol Teitelbaum Rancho Mirage CA 92270 760-332-8987 Office	www.therapists.psychologytoday.com/rms/name/Carol_Teitelbaum_MFT_Rancho+Mirage_California_35853
Red Bluff	Hotline 530-528-0226 Or 1-800-324-6473 Toll Free Whether you are currently in an abusive relationship or recovering from domestic violence we have trained staff available to help you. Emergency shelter Crisis counseling Prevention and intervention Power to Chose support group Untangling Relationships 12 week group to cope with problem areas Counseling services	Alternatives to Violence 717 Pine Street Red Bluff CA 96080 530-528-0300 Office	www.atvrb.org info@atvrb.org
Redding	Hotline 530-244-0117 toll free 24 Hour Crisis hotline Free services for victims of domestic violence & sexual assault. Assistance to men and women regardless of age, race or sexual preference. Individual / group counseling Programs for children in shelter Emergency transportation Legal assistance and advocacy	Shasta women's Refuge 2280 Benton Drive Building A Redding CA 96003 530-244-0118 Office	crisisline@scwr.org

Redwood City	<p>Adults Abused as Children This group explores the long term effects of sexual, physical and emotional abuse Meets every Tues 6 - 7.30 pm Cost \$40</p>	<p>Ms Pat A Grabianowski Redwood City CA 94062 650-204-3563 ext 114 Office</p>	<p>www.sequoiacounseling.com info@sequoiacounseling.com</p>
Reseda	<p>Grief Recovery Workshops "There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard." Victoria Alexander There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class. Meets Saturdays 10am - noon Call Vicki Hagadorn 818-415-4568 Certified Grief Recovery Specialist</p>	<p>Grief Recovery Workshops Vicki Hagadorn Kirk O'The Valley Church 19620 Vanowen Street Reseda CA 818-415-4568</p>	<p>www.freedomfromgrief.com vanhagadorn@gmail.com www.griefunchained.com</p>
Ridgecrest	<p>760-375-7525 domestic violence 760-375-0745 sexual violence 760-375-7100 Report child abuse 24 Hour hotline numbers All services open to men, women and children Emergency room support Advocacy and legal help Group counseling re drugs and alcohol in a violent home One to one peer counseling</p>	<p>Women's Center - High Desert 134 South China Lake Blvd Ridgecrest CA 93555 760-371-1969 Office</p>	<p>www.womenscenterhighdesert.org/</p>
Riverside	<p>951-683-0829 Riverside City 800-339-7233 Riverside County Our mission is to improve the quality of life and create hope by ending the cycle of domestic abuse through services and education. Emergency shelter Court advocacy Community education Educational support groups Outreach offices in Riverside, Corona and Hemet providing support, counseling and advocacy.</p>	<p>Alternatives to Domestic Violence PO Box 910 Riverside CA 92502 951-320-1370 Office</p>	<p>www.domesticshelters.org/riverside-ca-domestic-violence-help?page=1</p>
Riverside	<p>Hotline 951-686-7273 for men, women and teenage survivors Individual and group counseling Support groups</p>	<p>Riverside Area Rape Crisis Ctn 1845 Chicago Avenue Suite A Riverside CA 92507</p>	<p>www.rarcc.org info@rarcc.org</p>

	Community education Services for adults molested as Children	951-686-7273 .	
Roseville	Hotline 800-575-5352 24 Hour Crisis line Help for victims of domestic and sexual violence 24 Hour emergency shelter 24 Hour Crisis response Peer and professional counseling Domestic violence support groups	Peace for Families 700 Sunrise Avenue Suite N Roseville CA 95661 916-773-7273 Office	www.standupplacer.org/
Sacramento	CASH provides services to victims of sexual exploitation, sex trafficking and prostitution. Outreach and education Peer counseling Health information Assistance with housing/healthcare Support groups	Communités Against Sexual Harm (CASH) PO Box 160022 Sacramento CA 95816 916-856-2900 Office	www.cashsac.org info@cashsac.org
Sacramento	Our shelter program for women and children assists families in transition from crisis to self sustainability. Emergency shelter.	St. John's Shelter Program Sacramento CA 95814 916-453-1482	www.stjohnsshelter.org
Sacramento	Hotlines 916-920-2952 Or 866-920-2952 Toll Free 24 Hour support & information Se habla Espanol Services for teens, men & women Crisis intervention counseling Temporary safe house Evening support groups.	WEAVE Inc 1900 K Street Sacramento CA 95811 916-448-2321 Office	www.weaveinc.org info@weaveinc.org
Saint Helena	Men: Adult Survivors of Childhood Sexual Abuse Group. Healing from Childhood Sexual Abuse . This is a men's support and psychoeducational group. Great care is taken to maintain a comfortable, safe and open environment. Focus is on understanding acquired adaptive behavior to childhood sexual trauma and how it may be interfering with your life now. Next group meets weekly for two hours, and beginning Tuesday June 28th 2016. The fee is \$240 per month, paid in advance, Please call or email Dr. Gray for further details or to schedule one session with her before joining the group. Adults Only Session details \$50 - \$60 per session.	Patricia Gray psyD. JD St Helena CA 94574 707-889-4066 Cell 707-539-2825 Main Number 707-539-5612 FAX	drpatriciagray@vom.com
Saint Helena	Women: Adult Survivor of Childhood Sexual Abuse.	Patricia Gray psyD. JD St Helena	drpatriciagray@vom.com

Adult survivors of childhood sexual abuse meet to discuss common issues that are residual to their childhood trauma. The group will be facilitated by a trained psychotherapist and meet one a week for two hours. Call or email Dr. Gray to schedule one session with her before starting the group. Session fees are to be paid one month in advance.
 Issues: Sexual abuse, neglect
 Adults only. Session cost \$50 -\$60 per session.

CA 94574
 707-889-4066 Cell
 707-539-2825 Main Number
 707-539-5612 FAX

Salinas Hotline 831-424-4357
 24 Hour hotline
 Rape prevention education for 7th grade, 8th grade & high sch
 Safety awareness 1st grade 3rd grade and 6th grade
 Also drug and alcohol education

Monterey Rape Crisis Center
 PO Box 2401
 Salinas
 CA 93902
 831-771-0411

www.mtryrapecrisis.org
info@mtryrapecrisis.org

San Andreas Hotline 209-736-4011
 or 209-754-4011
 Services for survivors/victims of domestic violence, sexual assault
 Temporary emergency shelter
 Temp restraining order assistance
 Peer counseling
 Limited free counseling.

The Resource Connection
 San Andreas
 CA 95249
 209-772-3980 Office

www.trcac.org
info@trcac.org

San Bernardino Counseling programs for victims of family violence. Serving Riverside and San Bernardino Counties

Family Service Agency of San Bernardino
 1669 North East Street
 San Bernardino
 CA 92405
 909-886-6737 Office

www.facebook.com/FSASB

San Bernardino Hotline 909-381-3471
 We provide shelter, transitional housing, outreach services, legal services, information and education to victims of family violence.

Option House
 PO Box 970
 San Bernardino
 CA 92402
 909-383-1602 Office

San Bernardino Hotline 1-800-656-4673 toll free
 24 hour crisis intervention hotline
 Bilingual services
 Hospital / court advocacy
 Community education
 Individual & group counseling
 All services free of charge
 Serving Redlands, Yucaipa, Coachella Valley & Morongo Basin

San Bernardino Sexual Assault Services
 444 North Arrowhead Avenue
 Suite 101
 San Bernardino
 CA 92401-1221
 909-885-8884 Office

www.sbsas.org

San Diego Female Survivors Group
 Peer group for adult women sexually abused as children
 Male groups are forming
 Screening interview is required

Svava Brooks
 Peer group facilitator
 San Diego
 CA 92117
 619-889-6366 Office

svava@educate4change.com

Please call for more information
Meets every Saturday
Cost \$25

San Diego

Hotline 1-888-385-4657 toll free
858-272-5777 Coastal location
619-697-7477 East County
760-747-6282 North County
619-378-5115 Mountain Empire Region
24 Hour hotline
Specialist in psychotherapy
addressing the emotional aspects
of sexual assault, sexual abuse
and domestic violence.
Group and individual sessions.
Day and evening appointments,
most services available in English
or Spanish
Fees based on income, FREE 30
day safe shelter.

Center for Community Solutions
4508 Mission Bay Drive
San Diego
CA 92109

www.ccssd.org
info@ccssd.org

San Diego

Healing from Childhood Sexual
Abuse
A group that will combine
personal sharing and support with
education and information. Topics
covered included understanding
feelings of guilt, shame, anger
and grief. Understanding the
dysfunctional coping strategies
such as denial and addiction.
Meets every Monday at Noon
Cost \$40 - \$60

Dr Aimee Cornelius Pearson
San Diego
CA 92110
619-456-0259 Office

www.aimeepearson.com
draimeepearson@yahoo.com

San Diego

Counseling on an individual or
group basis. Services for sexual
assault including incest. Men
women and children welcome
Spanish and English spoken
Fee based on income

Counseling Mission Bay
4508 Mission Bay Drive
San Diego
CA 92109
858-272-5777 Office

www.ccssd.org
info@ccssd.org

San Diego

ECSP provides comprehensive
social services to low income
families and individuals. We have
a program for those who find them
selves dealing with domestic
violence.

Episcopal Community Services
of San Diego
4305 University Avenue
Suite 400
San Diego
CA 92105
619-228-2800 Office.

www.ecscalifornia.org
info@ecscalifornia.org

San Diego

Grief Recovery Workshops
"There are 3 needs of the griever:
To find the words for the loss, to say
the words aloud and to know that
their words have been heard."
Victoria Alexander
There are more than 40 events that
can cause the range of human
emotions called grief, including
childhood losses, such as loss of
trust and loss of safety. The Grief

Grief Recovery Workshops
Pamela Blomdal
Hillside Club House
12979 Community Road
Poway
CA
858-213-3997

www.freedomfromgrief.com
pamelablomdal@yahoo.com
www.griefunchained.com

Recovery personal workshop
assists in the ultimate journey back
to your heart and the mainstream of
your life. This is a 10 week program
Participant must join by the third
class.

Meets Saturdays 9am - 11am
Pamela Blomdal 858-213-3997
Certified Grief Recovery Specialist

San Diego

Sexual Abuse/Assault and
Adolescent Girls
Therapy for girls 13-18 year.
Group addresses self esteem
body issues, depression, anxiety
and ptsd
cost \$40-\$50

Dr Azmaira Maker
San Diego
CA 92130
858-531-1122 Office

www.drmaker.net
azmairamaker@gmail.com

San Diego

This emergency shelter for women
and children under 16 provides a
secure place to sleep when fleeing
domestic violence.

San Diego Rescue Mission
PO Box 80427
San Diego
CA 92138
619-687-3720 Office

www.sdrescue.org
sdrminfo@sdrescue.org

San Diego

Support Group for Adults Molested
as Children.
My Group is an AMAC (Adults
Molested as Children) Group and
is currently being held on Tuesdays
at 5.30 pm to 7 pm. Cost is \$30, but
we work with those who don't have
means of payment. This current
group is women only. Other groups
will be offered as the demand
necessitates.

Dr Sandra G Smith
San Diego
CA 92108
619-537-8965 Office
www.northcountypsychotherapy.com

drsmithcounseling@gmail.com

San Diego

Male Survivors Group
This is a group for high functioning
adult males who have had a
history of childhood abuse.
Screening interview required
Meets every other Monday
Cost \$60

Dr Paul R Sussman
San Diego
CA 92103
619-663-5916 Office

www.paulsussmanphd.com
paulsussmanphd@gmail.com

San Diego

Hotline 619-234-3164
Becky's House domestic violence
program supports the individual
from victim to survivor to thrive.
30 Day emergency shelter
Group therapy
Legal assistance

YWCA of San Diego County
1012 C Street
San Diego
CA 92101
619-239-0355 Office

www.ywcсандiego.org

San Francisco

Women' Group for Survivors of
Sexual Trauma
this group provides a safe space
for female survivors to heal
12 week initial commitment
Space is limited
Every Wednesday 6 - 8 pm

Christina Arguello
San Francisco
CA 94118
650-282-3418 Office
Christina_arguello@hotmail.com

www.mindfultherapysf.com

Cost \$30 - \$60

San Francisco	<p>Hotline 1-877-751-0880</p> <p>A resident of AWS is provided with safe housing, multi lingual support legal advocacy plus individual and group support. We also have a Queer Asian Womens and Trans gender support program QAWTS. For those in need in the community we offer direct intervention, public awareness and Chit Chat support groups. Call 415-751-7110 for more details.</p>	<p>Asian Women's Shelter San Francisco CA 94110 415-751-7110 Office</p>	<p>www.sfaws.org info@sfaws.org</p>
San Francisco	<p>Hotline 415-441-KIDS (5437)</p> <p>The only way to reach us with an urgent concern is through our 24 Hour hotline.</p> <p>Our center offers FREE ongoing support groups and workshops for children and parents.</p> <p>Low cost counseling individually or as a family.</p>	<p>Child Abuse Prevention Center 711 Van Ness Avenue Suite 305 San Francisco CA 94109 415-668-0494 Office.</p>	<p>www.sfcapc.org info@sfcapc.org</p>
San Francisco	<p>Hotline 415-333-4357</p> <p>Founded in 1979 CUAV works to build the power of LGBTQ communities to transform violence and oppression.</p> <p>Short term advocacy-based peer counseling for LGBTQ's dealing with abuse and violence.</p> <p>Healing trauma support groups.</p>	<p>Community United Against Violence 427 South Van Ness Avenue San Francisco CA 94103 415-777-5500 Office</p>	<p>www.cuav.org info@cuav.org</p>
San Francisco	<p>Thrivers - Phase 1 - Women's Support Group for Trauma.</p> <p>Tuesdays 5 - 6.30pm</p> <p>We work on finding and nurturing the part deep inside that's never been harmed by trauma - the part that is whole. We develop tools to connect the dots between our thoughts, feelings, beliefs and somatic experiences. Cost is \$65 per session with an 8 week or 12 week commitment. For further details call Laine - 415-705-0776 Or email lainedemtria@gmail.com</p>	<p>Laine Demtria LMFT 2120 Market Street Suite 209 San Francisco Contact No. 415-705-0776</p>	<p>www.mindbodymend.net/ lainedemtria@gmail.com</p>
San Francisco	<p>Thrivers - Phase 2 - Women's Support Group for Trauma</p> <p>Tuesdays 7 - 8.30pm</p> <p>We empower ovrselfes to address Negative beliefs and reactions in the body with our newly learned techniques. We reclaim our lives with zest and ease. Cost is \$65 per session with an 8 week or 12 week commitment. For further details</p>	<p>Laine Demtria LMFT 2120 Market Street Suite 209 San Francisco Contact No 415-705-0776</p>	<p>www.mindbodymend.net/ lainedemtria@gmail.com</p>

call Laine on 415-705-0776 or
email lainedemtria@gmail.com

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|----------------------|--|---|--|
| San Francisco | Sexual Abuse Recovery Program
Rachel Grant is the owner and founder of Rachel Grant Coaching and is a sexual abuse recovery coach. Also the author of "Beyond Surviving" dealing with the final stage of recovery from sexual abuse. Rachel works with survivors of childhood sexual abuse who are beyond sick and tired of feeling broken, unfixable and burdened by the past. Email sessions are available. Month to month program. 8 month program offering maximum support. Please see the website for further details or call 415-513-0700 | Rachel Grant Recovery
San Francisco
415-513-0700 Office/ Advice
coach@rachelgrantcoaching.com | www.rachelgrantcoaching.com |
| San Francisco | Art Therapy for Adult Survivors of Sexual Abuse
Art therapy is amazing for working through healing and transforming the trauma of Sex abuse. If you are not an artist don't worry!
Meets on Thursday
Cost \$40 - \$50 | Dr Lissa Friedman
San Francisco
CA 94102
352-478-3092 Office | www.lissafriedman.com
lissafriedman@gmail.com |
| San Francisco | 1-877-503-1850 Hotline - Adults
1-877-923-0700 Hotline - Teens
Our mission is to respond to calls for help from domestic violence victims.
Emergency shelter
Advocacy and legal assistance counseling and support groups | La Casa de Las Madres
1663 Mission Street
Suite 225
San Francisco
CA 94103 | www.lacasa.org
info@lacasa.org |
| San Francisco | Art Therapy for Women who were Sexually Abused Group.
Art therapy is an amazing modality for working through healing. Through the use of color and form we can communicate in ways that words can never touch. | Meetup Art Therapy Group
San Francisco
California
www.meetup.com/topics/abusesurvivors/all | |
| San Francisco | Hotline 415-255-0165
We offer a safe and confidential range of services for survivors of domestic violence along with their children. Emergency shelter, drop-in service, community outreach and support groups.
Drop-in hours: Monday - Thursday
9am - noon and 1.30 - 4 pm | The Riley Center
1237 Van Ness Avenue
Suite 200
San Francisco
CA 94109
415-977-1270 Office | info@svdp-sf.org |
| San Francisco | Hotline 415-647-RAPE (7273)
We provide resource, support, advocacy and education to those healing from or struggling to end | San Francisco Women Against Rape
3548 18th Street
Suite 7 | www.sfwar.org
info@sfwar.org |

sexual violence. We offer:
Legal advocacy
Medical accompaniment
Individual peer counseling
SFWAR counselors offer an 8 week support group several times a year.
Peer to Peer outreach program.

San Francisco
CA 94110
415-861-2024 Office

San Francisco

SNAP support meeting for survivors abused by priests.
City College of San Francisco
Mission Campus on Valencia
Third Tuesday of Month 7 - 9 pm
For more details and directions call Tim Lennon on 415-312-5820 or survivorsnetworksf@gmail.com

SNAP Survivors Network of those Abused by Priests.
San Francisco
CA
415-312-5820 Contact no.

survivorsnetworksf@gmail.com

San Francisco

We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach
Contact Kelly

Survivors of Incest Anonymous
San Francisco
CA
713-857-0834 Office

www.siawso.org
bryankd2020@gmail.com

San Francisco

Gay Mens Survivor Support Group
Therapy group for men molested as children or adolescents
Meets Wednesdays 7.30 - 9.30 pm
Cost \$200 per month
some sliding scale available

Susan Wachob
San Francisco
California
415-626-5415 Office

San Francisco

Hotlines 415-864-4722
or 1-877-384-3578
Women Organized to Make Abuse Nonexistent is a community based multi service agency.
support groups for survivors of domestic violence
On going therapy in Spanish/English
Weekly sessions based on a sliding fee scale schedule
Programa Latina
Community education/presentations

W.O.M.A.N. Inc
333 Valencia Street
Suite 450
San Francisco
CA 94103
415-864-4777 Office

www.womaninc.org

San Jose

Hotline 408-975-2739
We offer vital life saving services to individuals and families affected by domestic violence.
24 Hour emergency shelter
Individual or group peer counseling
Help with restraining orders, court accompaniment and immigration issues. Employment, housing, medical and social services advocacy
Support groups in the community

Asian Americans for Community Involvement
2400 Moorpark Avenue
Suite 300
San Jose
CA 95128
408-975-2730 Office

www.aaci.org
info@aaci.org

San Jose

Hotline 1-877-363-7238
For sexual assault and domestic

Community Solutions
5671 Santa Teresa Blvd

www.communitysolutions.org
cs@communitysolutions.org

violence victims
Programs for children & adults
Suite 104
San Jose
CA 95123
408-225-9163 Office

San Jose

Hotline 408-279-2962
We seek to end domestic violence in the moment and for all time.
Emergency 24 Hour shelter
Victim advocacy
Individual counseling
Youth and childrens services
2 English support groups at office
Mondays & Tuesdays 6.30 - 8.30pm
2 Spanish groups at the office
Mondays & Tuesdays 6.30 - 8.30pm
For further datails on our 12 support groups please see our website or call our office.

Next Door Solutions to Domestic Violence
www.nextdoor.org
info@nextdoor.org
234 East Gish Road
Suite 200
San Jose
CA 95112
408-501-7550 Office

San Jose

We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups uning the 12 steps and 12 traditions approch
Meet Thursday at 7 pm
Women only please
Contact Liz

Survivors of Incest Anonymous
San Jose
CA
408-472-9051
www.siawso.org/Sys/PublicProfile/39275/7166

San Jose

408-287-3000 for Sexual assault
1-800-572-2782 Domestic violence
24 Hour hotlines
Services for adults and children exposed to violence or sexual assault
Emergency shelter
Legal and advocacy programs
Peer support groups for domestic violence, rape and childhood sexual abuse survivors, for more info call 408-295-4011 ext 259.

YWCA silicon Valley
375 S. Third Street
San Jose
CA 95112
408-295 4011 Office

www.ywca-sv.org
tcrosby@ywca-sv.org

San Leandro

Hotline 1-866-292-9688 Toll Free
Our mission is to build communities with underserved women and children where they are safely and supportivly house free from domestic violence.
20 Bed emergency shelter
Community support groups

Building Futures
1395 Bancroft Avenue
San Leandro
CA 94577
510-357-0205 Office

www.bfwc.org
lvarela@bfwc.org

San Luis Obispo

24/7 Crisis Line 855-866-7473
Counseling (Individual or Group)
Crisis Services (available in Spanish and English)
Emergency Safe Houses
Advocacy / Accompaniment
Temporary Restraining Orders
Weekly Support Groups

RISE
51 Zaca Lane
Suite 100
San Luis Obispo
CA 93401
805-226-5400 Office

www.riseslo.org
contact@RISEslo.org

Services for Survivors, and family /
friends / loved ones.

San Luis Obispo	Incest Survivors Group Closed group call office for details Meets every other Sat 12 - 1 pm Cost \$20 - \$30 www.therapists.psychologytoday.com/rms/name/Marian_A_Willingham_MA.LMFT_San+Luis+Obispo_California_37920	Ms Marian A Willingham San Luis Obispo CA 93401 805-317-4310 Office	
San Luis Obispo	Hotline 805-781-6400 Emergency shelter Information and referrals Advocacy services counseling and support groups	Women's Shelter Program PO Box 125 San Luis Obispo CA 93406 805-781-6401 Office	wsp@callamerica.net
San Marcos	Court room accompaniment Help with restraining orders Shelter referrals Counseling referrals	North County Family Violence Prevention Center 330 Rancheros Drive Suite 116 San Marcos CA 92069 760-798-2835 Office	www.ncapssd.org/
San Pablo	Hotline 1-800-670-7273 24 Hour crisis hotline Support services to children and adult victims of sexual assault Sexual assault response team Children's interview center Anti trafficking project	Community Violence Solutions San Pablo CA 94806 510-237-0113 Office	www.cvsolutions.org admin@cvsolutions.org
San Pedro	ASCA Meeting / Support Group Meets Sundays 5pm - 6.30pm Meetings are FREE but donations are welcome. The contact person is Tom 424-224-8222.	ASCA Meeting 1386 "A" West 7th Street San Pedro 424-224-8222.	
San Pedro	Victims of Violence Support Group For adult female survivors of sexual abuse and assault Every other Thurs 7 - 8 pm Cost \$20	Ms Christine Enerio San Pedro CA 90732 424-570-1173 Office	christine.enerio@gmail.com
San Pedro	310-547-9343 English & Spanish We have 2 shelters, a thirty day shelter called Rainbow House and a transition shelter where you and your children can stay for up to one year. Our community outreach program provides individual and group counseling, legal advocacy and childrens enrichment programs.	Rainbow Services 453 West 7th Street San Pedro CA 90731 310-548-5450 Office	www.rainbowservicesdv.org
San Rafael	415-924-6616 English hotline 415-924-3456 Spanish hotline Emergency shelter Second Step transition house Accompaniment to court Legal services assistance	Center for Domestic Peace 734 A Street San Rafael CA 94901 415-457-2464 Office 415-457-6457 FAX	administrator@c4dp.org

Peer led support groups: Providing domestic violence, education and emotional support on a drop-in basis. Several groups meet each week, led by a trained facilitator and are open to women at any stage of an abusive relationship. Call our hotline for more details.

www.centerfordomesticpeace.org

San Rafael

Hotline 1-800-670-7273
24 Hour crisis hotline
Support services to children and adult victims of sexual assault
Sexual assault response team
Children's interview center
Anti trafficking project

Community Violence Solutions
San Rafael
CA 94903
415-259-2850 Office

www.cvsolutions.org
admin@cvsolutions.org

San Rafael

Healing from Sexual Abuse
Middle School Girls
Support group for middle school girls who have been sexually abused in the past and could benefit from a safe place to talk with others of their own age
Cost \$40 - \$50

Liz Kughn
San Rafael
CA 94901
415-800-2596 Office

lizkughn@att.net

San Rafael

Women Healing from Trauma and Abuse
Group for women who have experienced sexual abuse/assault or other trauma. Each woman will be interviewed prior to the start of each group
Meets on Fridays
Cost \$40 - \$50

Liz Kughn
San Rafael
CA 94901
415-800-2596 Office

lizkughn@att.net

San Rafael

Trauma Group for Women in Recovery
A 20 week closed group teaching skills to help women in recovery who are struggling with traumatic activation. This group is especially appropriate for women with PTSD and sexual abuse histories.
Meet Tuesday & Wednesday
Cost \$30 - \$40.

Ms Daphne Lowe
San Rafael
CA 94901
415-799-4218 Office

www.daphnelowe.com
daphnelowmft@gmail.com

San Ysidro

Family and group counseling along with individual counseling to those who have been physically sexually or emotionally abused
Some insurance accepted
Fees \$0 - \$10.

Trauma Counseling Program
7277 Howard Avenue
San Ysidro
San Diego
CA 92173
619-428-7186 Office

www.rchsd.org
refsvc@rchsd.org

Santa Ana

Sexual Abuse Survivors Group
this is an on going 14 week psychoeducational group. Great care is taken to maintain the groups warm, safe and open environment. Women only

Susan Choe
Santa Ana
CA 92705
949-613-5774 Office

Santa Ana	Hotline 714-842-6600 24 Hour emergency hotline Shelter for abused children in their teens Juvenile services Individual & family counseling Truancy reduction program	Community Service Programs 1821 East Dyer Road Suit 200 Santa Ana CA 92705 949-250-0488 Office	www.cspinc.org generalinfo@CSPinc.org
Santa Ana	Say No To Abuse Group facilitated by an MFT and discusses specifically domestic violence and sexual assault Group is held in Spanish and is for women only Every Friday 10 - noon Cost \$20 +	Dr Ana L Nogales Santa Ana CA 92701 213-384-7660 Office	www.nogalespsychological.com
Santa Barbara	24 Hour Crisis Line 805-964-5245 Emergency shelter Transitional housing DVERT emergency response FREE support groups for victims and survivors of domestic violence. For group details 805-964-5245	Domestic Violence Solutions for Santa Barbara County PO Box 1536 Santa Barbara CA 93102 805-962-3778 Office 805-965-6214 FAX	www.dvsolutions.org
Santa Barbara	Hotline 805-564-3696 24 Hour crisis hotline Sexual assault response team Medical advocacy Legal advocacy Community education Counseling groups Support Groups English and Spanish spoken	Santa Barbara Rape Crisis Ctr 433 E. Canon Peridido Street Santa Barbara CA 93101 805-963-6832 Office	www.sbrapecrisiscenter.org sbrcc@sbrcc.net
Santa Barbara	We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach Meets Saturday 12 - 1.15 pm Contact Robert on 805-962-4003 Or Mike on 805-680-0496	Survivors of Incest Anonymous Santa Barbara CA 805-962-4003 Office	www.siawso.org buddylloyd2011@gmail.com
Santa Clara	Male Survivor Support Group Meets on a week night every two weeks call Tom for more details support group FREE of charge	Tom Burns Santa Clara California 408-230-6567 Office	www.malesurvivor.org
Santa Clara	Recovery from Spiritual Group Abuse Drop in group for those who were born or raised in an abusive spiritual group This is not a therapy group third Saturday 10am Free of charge	Wendy J Taylor Santa Clara CA 95050 408-659-6581 Office	www.wendytaylormft.com wendy@wendytaylormft.com

Santa Clarita	This is a peer group and not a therapy group. Topic include Trauma Survivors, surviving sexual abuse and healing using the ASCA format	Santa Clara ASCA (Adult Survivors of Child Abuse) Santa Clara CA www.meetup.com/Santa-Clarita-ASCA/	www.ascasupport.org www.ascasantaclarita.org/ ascasantaclarita@yahoo.com
Santa Clarita	Hotline 661-253-0258 Hotline 818-886-0453 We are a non profit multi cultural organization dedicated to the elimination of sexual and inter - personal violence through healing. 24 Hour crisis team Systems accompaniments We counsel male survivors and adult survivors of child abuse	Strength United Santa Clairta CA 91355 818-787-9700 Office. www.csun.edu/eisner-education/strength-united www.facebook.com/StrengthUnited/?fref=ts	
Santa Cruz	Male Survivor Support Group This is a 12 week group with the option to continue longer term. Contact Survivors Healing Center for start dates and times see web address on right of page Meets Tuesdays 5 pm costs \$ 45 per session.	Michael Leimbach Santa Cruz California 831-423-7601 Office	www.survivorshalingcenter.org programsfsa@gmail.com www.malesurvivor.org
Santa Cruz	Survivors Support Groups Our center offers six women's groups for female survivors of child sexual abuse. In Santa Cruz we offer: Male Survivor Support Group Marlon Guarino Meets Tuesdays 7 pm Cost sliding scale \$25 - \$100 per session. We also bill Medical (Central Coast Alliance for Health). Women's groups Mens groups Teen's group A group for mothers of survivors A group for partners of survivors A group for service providers who are survivors. A Spanish speaking group - women A Spanish speaking mother's group A Spanish speaking group for men For more information about any of the groups listed above please call 831-423-7601	Survivors Healing Center 104 Walnut Avuenue Suite 201 Santa Cruz CA 95060 831-423-7601 Office	www.survivorshalingcenter.org programsfsa@gmail.com
Santa Cruz	We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups uning the 12 steps and 12 traditions approach Meet Sunday 7.30 - 9 pm Contact David	Survivors of Incest Anonymous Santa Cruz CA 831-425-4501 Office	www.siaawso.org buddha@baymoon.com

Santa Cruz	See website for crisis phone numbers and hotlines English and Spanish services Emergency shelter Peer support drop in groups for domestic violence or sexual assault survivors Wed 6 - 7.30pm	The Women's Center Santa Cruz CA 95065 831-425-4030 Office	care@ucsc.edu
Santa Maria	Hotline 805-928-3554 Services for adult and child survivors of sexual assault and child abuse. 24 Hour Crisis line Crisis intervention and advocacy counseling for victims of sexual assault or violence.	North County Rape Crisis and Child Protection Center Santa Maria Office 805-922-2994	www.sbcountyrapecrisis.org
Santa Monica	Hotline 310-883-1222 Emergency shelter No services for child abuse survivors.	Ocean Park Community Center SAFE HAVEN Santa Monica CA 90404 310-883-1222 Office / Hotline	www.opcc.net customerservice@opcc.net
Santa Monica	Hotline 310-319-4000 911 is an information services Support for sexual assault victims A safe way to learn how to get help using resources Sections for college students and how to help a friend No Services for survivors of childhood abuse.	Rape Treatment Center Santa Monica UCLA Medical Center Santa Monica CA 90001 310-319-4503 Office www.therapefoundation.org/programs/rape-treatment-center/	
Santa Monica	Trauma survivors, surviving sexual abuse and healing using the ASCA format	Santa Monica ASCA (Adult Survivors of Child Abuse) Santa Monica www.meetup.com/Santa-Monica-ASCA/	www.ascasupport.org
Santa Monica	Healing From Sexual Trauma Group for female survivors of childhood abuse Cost \$50 +	Saturday Center of Psychotherapy Santa Monica CA 90403 310-829-7997	www.saturdaycenter.org
Santa Monica	We empower those who have survived childhood sexual abuse and who want to become survivors and thrivers. We offer self help support groups using the 12 steps and 12 traditions approach Meets Tuesday 7 - 8.30 pm Contact Sarah	Survivors of Incest Anonymous Santa Monica CA	www.siaawso.org santa_monica_sia@yahoo.com
Santa Rosa	Men Survivors/victims of Sexual Abuse An indepth group for adult male survivors/victims of sexual abuse Group is a small ongoing closed group meets every Wed 12 noon Cost \$40	Bob Greenberg Santa Rosa CA 95404 707-579-5928 Office	

Santa Rosa	Women Survivors of Childhood Trauma Group members receive a free pre group interview before joining a 16 week group. The group focuses on the impact your early trauma has on your life now. Meets Every Wed 3 - 4.30 pm Cost \$20 - \$50	L Reyna Seminara Santa Rosa CA 95404 707-385-1968 Office	
Santa Rosa	Hotline 707-545-7273 24 Hour crisis line Support groups for survivors of Sexual assault For women & teen girls mon 6-7 For Spanish speaking adults & teens wed 7 - 8 pm Girls support group age 14-18 Male support groups LGBTQ individual therapy Fees from \$25.	Verity 835 Piner Road Santa Rosa CA 95403 707-545-7270 ext 14	www.ourverity.org info@ourverity.org
Santa Rosa	We provide advocacy FREE of charge for victims of rape, domestic violence and child abuse in the Latina and under served communities of Sonoma County.	Women's Justice Center PO Box 7510 Santa Rosa CA 95407 707-575-3150 Office	www.justicewomen.com rdjustice@monitor.net
Santa Rosa	Hotline 707-546-1234 24 Hour crisis hotline Call now for advice on what you can do to prepare to leave an abusive relationship. We offer emergency shelter and support groups.	YWCA - Sonoma County PO Box 3506 Santa Rosa CA 95402 707-546-9922 Office.	
Seal Beach	Hotlines 562-594-4555 Or 714-891-8121 We have been providing services to individuals and families affected by domestic violence since 1979. Emergency shelter Legal assistance and advice Human trafficking awareness Individual or group counseling	Interval House PO Box 3356 Seal Beach CA 90740 562-594-9492 Office	www.intervalhouse.org admin@intervalhouse.org
Seaside	Hotline 831-372-6300 24 Hour supportive domestic violence crisis hotline Legal advocacy	YWCA of Monterey County 915 Hilby Avenue Suite 26 Seaside CA 93955 831-655-9222 Office www.ywca.org/site/pp.asp?c=anJHKMnrFqG&b=483519	
Simi Valley	Grief Recovery Workshops "There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard."	Grief Recovery Workshops Seventh-Day Adventist Church 1636 Sinaloa Road Simi Valley CA	www.freedomfromgrief.com www.griefunchained.com/

Victoria Alexander
There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class.
Meets Wednesdays 7 - 9 pm
Call Kathy Malhorta 805-813-5285
Or Sandi Atmore 323-698-5570
Certified Grief Recovery Specialists

Sandi Atmore 323-698-5570
Kathy Malhotra 805-813-5285

Sherman Oaks

Grief Recovery Workshops
"There are 3 needs of the griever: To find the words for the loss, to say the words aloud and to know that their words have been heard."
Victoria Alexander
There are more than 40 events that can cause the range of human emotions called grief, including childhood losses, such as loss of trust and loss of safety. The Grief Recovery personal workshop assists in the ultimate journey back to your heart and the mainstream of your life. This is a 10 week program Participant must join by the third class.
Meets Wednesdays 7pm - 9pm

Grief Recovery Workshops
Jocelyn Jackson
4622 Van Nuys Blvd
Upstairs Suite B
Sherman Oaks
323-304-8709 Office

www.freedomfromgrief.com
jocjack@yahoo.com

www.griefunchained.com

Sherman Oaks

Teen Sexual Abuse Survivors
Helping girls feel they are not alone. Very supportive group
Meets every Wed 7 - 8pm
Cost \$30 +

Rachel Thomasian
Sherman Oaks
CA 91403
818-396-8465 Office

Rachelthomasian@gmail.com

Sonora

Hotline 209-533-3401
We support the right of all people to live their lives free from inter - personal violence.
Resources and information for those affected by sexual violence or domestic violence. We have an emergency shelter and can offer you peer counseling.

Center for a Non violent Community
19043 - B Standard Road
Sonora
CA 95370
209-588-9305 Office

www.mountainwomen.org
info@nonviolentcommunity.org

South Lake Tahoe

Hotline 530-544-4444
24 Hour Crisis line
Peer support and advocacy for victims & survivors of sexual assault or domestic violence
Emergency shelter
Weekly drop in support group for women who have experienced

Live Violence Free
2941 Lake Tahoe Boulevard
South Lake Tahoe
CA 96150
530-544-2118 Office

www.liveviolencefree.org
info@liveviolencefree.org

domestic violence
Individual counseling for survivors
of sexual assault
all services in English & Spanish.

Saint Helena

Men: Adult Survivors of Childhood Sexual Abuse Group.
Healing from Childhood Sexual Abuse . This is a men's support and psychoeducational group. Great care is taken to maintain a comfortable, safe and open environment. Focus is on understanding acquired adaptive behavior to childhood sexual trauma and how it may be interfering with your life now. Next group meets weekly for two hours, and beginning Tuesday June 28th 2016. The fee is \$240 per month, paid in advance, Please call or email Dr. Gray for further details or to schedule one session with her before joining the group. Adults Only Session details \$50 - \$60 per session.

Patricia Gray psyD. JD
St Helena
CA 94574
707-889-4066 Cell
707-539-2825 Main Number
707-539-5612 FAX

drpatriciagray@vom.com

Saint Helena

Women: Adult Survivor of Childhood Sexual Abuse.
Adult survivors of childhood sexual abuse meet to discuss common issues that are residual to their childhood trauma. The group will be facilitated by a trained psychotherapist and meet one a week for two hours. Call or email Dr. Gray to schedule one session with her before starting the group. Session fees are to be paid one month in advance.
Issues: Sexual abuse, neglect
Adults only. Session cost \$50 -\$60 per session.

Patricia Gray psyD. JD
St Helena
CA 94574
707-889-4066 Cell
707-539-2825 Main Number
707-539-5612 FAX

drpatriciagray@vom.com

Stockton

209-465-4878 Domestic violence
209-465-4997 Sexual assault
800-769-4357 Youth line toll free
24 hour helplines
Immediate safe haven
Advocacy and referrals
Teen survivors group
Domestic violence groups in English and in Spanish
Adult survivors of sexual assault group for women
Adults molested as children support group meets once a week for a 13 week contact Robin Petersen on 209-941-2611

Women's Center
Stockton
CA 95202
209-941-2611 Office

www.womenscenteryfs.org

Sunnyvale

Hotline 1-800-572-2782

Support Network for Battered

www.ywca-sv.org/programs/SN/

We are the only domestic violence agency in North Santa Clara County. Emergency shelter, Information and referrals, safety planning, legal services, community education. Counseling and support groups.

Women
1257 Tasman Drive
Suite C
Sunnyvale
CA 94089
408-541-6100 Office

Susanville

Hotline 530-257-5004
or 1-888-289-5004 toll free
24/7 Services at no cost
Domestic violence & sexual aslt
Emergency shelter
Legal aid court advocacy
Child abuse treatment program

Lassen Family Services
1306 Riverside Drive
Susanville
CA 96130
530-257-4599 Office

www.lassenfamilyservices.org

Taft

Hotline 661-736-4357
Offering Emergency shelter
Community education

Alpha House
PO Box 712
Taft
CA 93268
661-763-4357 Office / Hotline

www.alphahouse.us
aalphahouse@bak.rr.com

Tahoe City

Hotline 1-800-736-1060
For survivors of sexual assault
or domestic violence
Trained advocates can help obtain
a temporary protective order
Women's bilingual support groups
on Mon, Tues, and Thurs. Please
contact office for more info
Chidrens program.

Tahoe Safe Alliance
Ride Out Community Center
740 Timberland Lane
Tahoe City
CA 96145
530-583-3440 ext 15 Office

www.tahoosafealliance.org

Temecula

Survivors of Sexual Abuse
A group for women who are
survivors of sexual abuse or incest
Meets every Tues 7 -8.30 pm
Cost \$40

Dr Linda Comin
Temecula
CA 92592
951-290-0559 Office.

www.drcomin.com
linda@drcomin.com

Temecula

S.A.F.E is committed to providing
services for children, youth and
families who have experienced or
are at risk of abuse and violence.
We can provide:
Basic needs assistance
Case management
Domestic violence serices
Emergency assistance (shelter)
In home visitations
Pal Equestrian program.

SAFE Alternatives for Everyone
(Domestic Violence)
28910 Pujol Street
Temecula
CA 92590
951-587-3900 Office

www.safefamiliesca.org
june@safefamiliesca.org

Torrance

Grief Recovery Workshops
"There are 3 needs of the griever:
To find the words for the loss, to say
the words aloud and to know that
their words have been heard."
Victoria Alexander
There are more than 40 events that
can cause the range of human
emotions called grief, including
childhood losses, such as loss of
trust and loss of safety. The Grief

Grief Recovery Workshops
Sherri Lugo
First Christian Church
2930 El Dorado Street
Torrance
CA
562-400-2573

www.freedomfromgrief.com

www.griefunchained.com

Recovery personal workshop
assists in the ultimate journey back
to your heart and the mainstream of
your life. This is a 10 week program
Participant must join by the third
class.

Meets Saturdays 10.30 - 12.30 pm
Contact Sherri Lugo 562-400-2573
Certified Grief Recovery Specialist

Tracy	209-465-4878 Domestic violence 209-465-4997 Sexual assault 800-769-4357 Youth line toll free 24 hour helplines Immediate safe haven Advocacy and referrals Teen survivors group Domestic violence groups in English and in Spanish Adult survivors of sexual assault group for women Adults molested as children support group meets once a week for a 13 week contact Robin Petersen on 209-941-2611	Women's Center - San Joaquin County 35 East 10th Street Tracy CA 95376 209-833-0300 Office	www.womenscenteryfs.org
Truckee	Hotline 1-800-736-1060 For survivors of sexual assault or domestic violence Trained advocates can help obtain a temporary protective order Women's bilingual support groups on Mon, Tues, and Thurs. Please contact office for more info Chidrens program	Tahoe Safe Alliance PO Box 1105 12257 Business Park Drive Unit 6 Truckee CA 96161 530-582-9117 Office	www.tahoosafealliance.org
Twin Peaks	Hotline 1-800-851-7601 We strive to provide a safe haven for those living in dangerous situations and to provide support to those who have been abused verbally, psychologically, financially, sexually and physically. Emergency 17 bed shelter Programs for male victims Individual counseling court accompaniment Legal advocacy and support groups Plus outreach services.	DOVES of Big Bear Valley 26696 Highway 189 Twin Peaks California 909-337-1900 Office	www.doves4help.org/
Ukiah	Hotline 463-HELP (4357) Inland or 964-HELP for coastal region Help and planning for leaving an abusive relationship	Project Sanctuary 564 S Dora Street Ukiah CA 95482 707-462-9196	www.projectsanctuary.org info@projectsanctuary.org
Valley Springs	Hotline 209-736-4011 or 209-754-4011 Services for survivors/victims of domestic violence, sexual assault	The Resource Connection Valley Springs CA 95252 209-772-9319 Office	www.trcac.org info@trcac.org

Temporary emergency shelter
Temp restraining order assistance
Peer counseling
Limited free counseling

Van Nuys

818-886-0453 and 661-253-0258
24Hour support and referral lines.
the Family Justice Center is a
unique, public-private owned
partnership that links the various
agencies responsible for
responding to child abuse and
domestic and sexual violence.
Services include: 24 Hour response,
Family support and empowerment
Domestic violence advocacy and
counseling.
Sexual assault advocacy and
counseling.
Child maltreatment advocacy and
counseling.
Education & prevention programs.
Group programs and classes.

Strength United
14651 Oxnard Street
Van Nuys
CA 91405
818-787-9700 office
www.csun.edu/eisner-education/strength-united
www.facebook.com/StrengthUnited/?ref=ts

Van Nuys

Domestic Violence Support
Group
Group provides education and
support to those who have in the
past or are experiencing any form
of abuse or trauma. Groups are
in english and spanish and is
free to those who qualify through
VOC and \$15 to those who don't
Every Tues & Sat 2.30 - 3.30 pm

Ms Laleh Rokni
Van Nuys
CA 91401
818-581-4169 Office

Ventura

A New ASCA meeting has been
started in Ventura. The meetings
will be weekly on Fridays from 10am
to 11am. The first meeting will be
held on Friday 1st of July 2016.
The Asca meetings will be held in
a private room in the Coffee Bean
and Tea Leaf, 4360 E. Main Street.
Lola Redpath is the facilitator and
you may reach her via the Meetup
Link.

ASCA Support Group
Coffee Bean and Tea Tea
4360 E. Main Street
Ventura
CA 93003

www.meetup.com/ASCA-Ventura/

Ventura

We empower those who have
survived childhood sexual abuse
and who want to become survivors
and thrivers. We offer self help
support groups using the 12 steps
and 12 traditions approach
Meet Wednesdays 5.30 - 6.30 pm
& Saturdays 11.00 to 12.30pm
Contact Kelsey

Survivors of Incest Anonymous
Ventura
CA
805-815-6484 Office
[www.siaawso.org](http://www.siaawso.org/Sys/PublicProfile/7096366/7166)
kelseybarkan@gmail.com

Victorville

Hotline 866-228-2059
Support groups available for victims
of domestic violence.

A Better Way
PO Box 2825
Victorville

CA 92393
760-955-8723 Office / Hotline
www.abetterwaydomesticviolence.org

Victorville

Hotlines 760-949-4357
Or 1-866-770-7867 Toll Free
Help with safety planning
Emergency shelter
We provide domestic violence support groups. Some groups are peer led and others are with a therapist.
We also have an Art Healing group.

High Desert Domestic Violence Program
15075 7th Street
Victorville
CA 92395
760-843-0701 Office

www.hddvp.org
darryl@familyassist.org

Visalia

559-732-5941 domestic violence
599-732-7371 sexual assault
24 Hour 7 day hotlines
Domestic violence services and support groups
Sexual assault services and support groups
Supportive housing
Community education

Family Services - Tulare County
815 W. Oak
Visalia
CA 93291
559-741-7310 Office

info@fstc.net

Walnut Creek

Trauma Survivors Support Group
Traumatic life experiences often have long term emotional and physical consequences. There is a way out of depression & anxiety created by these events.
Meets every Tues 7 - 9 pm
Cost \$40

Joseph Charles Bentz
Walnut Creek
CA 94596
925-301-8748 Office

www.vitalcounseling.com
joebentzmfti@gmail.com

Walnut Creek

SNAP meeting for those abused by priests.
Contact Melanie Sakoda by mail on melanie.sakoda@gmail.com or telephone 925-708-6175 (c)
Directions and parking details:
John Muir Hospital Walnut Creek
601 Ygnacio Valley Road
Sterns Room Wednesdays 7-9pm
There is parking at 133 La Casa Via
Or you may use the main hospital garage. At the main hospital entrance tell the desk attendant that you are for the SNAP meeting in Sterns. They will give you a visitors badge and directions. If you can't find us call give Melanie a call on 925-708-6175.

SNAP Survivors Network OF Those Abused BY Priests.
Walnut Creek
California
925-708-6175 Contact no

www.snapnetwork.org/
melanie.sakoda@gmail.com

Watsonville

Male Survivor Support Group
Marlon Guarino
Meets Tuesdays 7pm
Cost Sliding scale \$25-\$100 per session. We also bill Medical (Central Coast Alliance for Health).
Womens groups
Mens groups

Survivors Healing Center
11 Alexander Street
Watsonville
CA 95076
831-423-7601 Office

www.survivorshalingcenter.org
programsfsa@gmail.com

Teen's group
 A group for mothers of survivors
 A group for partners of survivors
 A group for service providers who are survivors
 A Spanish speaking group -Women
 A Spanish speaking mother's group
 A Spanish speaking group - men
 For more information about any of the groups listed above please call 831-423-7601

Watsonville	Hotline 1-888-900-4232 24 Hour crisis hotline English and Spanish services Emergency shelter Peer support drop in groups for domestic violence or sexual assault survivors Tue 6 - 7.30pm.	Monarch Support Services Watsonville CA 95076 831-722-4532 Office	www.monarchsc.org/
Weaverville	Hotline 1-800-623-HELP 24 Hour crisis line Services for domestic and sexual abuse victims Domestic violence women's group meets weekly Peer counseling for victims of sexual assault Services for child victims All services are free of charge	Human Response Network Po Box 2370 111 Mountain View Street Weaverville CA 96093 530-623-2024 Office	www.humanresponsenetwork.org
West Covina	Hotline 262-967-0658 Our WINGS domestic violence services provide safe emergency and transitional shelter. Support groups are also available.	YWCA - San Gabriel Valley 943-N. Grand Avenue West Covina CA 91724 926-960-2995 Office	www.ywcasgv.org info@ywcasgv.org
West Point	Hotline 209-736-4011 or 209-754-4011 Services for survivors/victims of domestic violence, sexual assault Temporary emergency shelter Temp restraining order assistance Peer counseling Limited free counseling	The Resource Connection West Point CA 95255 209-754-2255 ext 3617 Office	www.trcac.org info@trcac.org
Woodland	Hotline 530-662-1133 or 916-371-1907 24 Hour 7 days a week Se habla Espanol Alternative to violence program Domestic violence response team Women's domestic violence support group Monday 9am Monday 2pm, Tuesday noon Thursday 9am Thursday 3pm some groups in English some in Spanish call office for details	Sexual Assault and Domestic Violence Center 175 Walnut Street Woodland CA 95695 530-661-6336 Office	www.sadv.org info@sadv.org
Yreka	Hotline 1-877-842-4068	Siskiyou Domestic Violence and	www.sdvcc.org

24 Hour crisis hotline
All services are free of charge
Emergency shelter
24 Hour crisis response
Legal advocacy
Individual / group counseling.

Crisis Center
118 Ranch Lane
Yreka
CA 96097
530-842-6629 Office.

sdvcc@snowcrest.net

Yuba City

Hotline 530-674-5400
We are a refuge providing protection
to those caught in the cycles of
domestic violence, sexual assault
and child abuse.
We offer a 24 hour hotline
Safe emergency shelter
Serving the Counties of Sutter,
Colusa and Beale Air Force base.

Casa de Esperanza
PO Box 56
Yuba City
CA 95991
530-674-5400 Office / Hotline

www.facebook.com/pages/Casa-de-Esperanza-Yuba-City/126397237518177