National Association of Adult Survivors of Child Abuse www.NAASCA.org

Note: Please send corrections, additions and updates to: maudnmildred@hotmail.com

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
CONNECTICUT			
National Helpline	Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Terrirories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.	Childhelp Prevention and Treatment of Child Abuse.	www.childhelp.org info@childhelp.org Email support form on the website
Statewide	1-888-999-5545 Sexual Assault 1-888-568-8332 Spanish line Statewide Toll Free Hotlines.	Connecticut Sexual Assault Crisis Services 860-282-9881 Office info@endsexualviolencect.or	g
Statewide	1-888-774-2900 Domestic violence Statewide Toll Free Hotline	Connecticut Coalition Against Domestic Violence 860-282-7899 Office	www.ctcadv.org
Ansonia	We offer a range of services for victims of domestic violence and their children. All services are FREE Emergency shelter Victim advocacy	BH Care PO Box 148 158 Main Street Ansonia CT 06401 203-736-2601 Office	www.bhcare.org/ info@bhcare.org
Ansonia	Hotlines 203-736-9944 Or 1-888-774-2900 Toll Free UCDVS provides services for victims and their children located at two sites in Ansonia and North Haven. All services are offered FREE of charge.	The Umbrella Center for Domestic Violence Services 435 East Main Street Ansonia CT 06401 230-735-2601 Office	www.bhcare.org info@bhcare.org

	Walk-in crisis service Emergency safe house Transitional housing Court based advocacy / legal help DOVE 8 week educational classes Weekly support groups Workshops -Effects of domestic violence. Next one 30th September 2013 8am-2pm in Newhaven Cost for workshop \$95 standard \$65 Studen (lunch included).		
Branford	Hotlines 203-736-9944 Or 1-888-774-2900 Toll Free UCDVS provides services for victims and their children located at two sites in Ansonia and North Haven. All services are offered FREE of charge. Walk-in crisis service Emergency safe house Transitional housing Court based advocacy / legal help DOVE 8 week educational classes Weekly support groups Workshops -Effects of domestic violence. Next one 30th September 2013 8am-2pm in Newhaven Cost for workshop \$95 standard \$65 Studen (lunch included).	The Umbrella Center for Domestic Violence Services 14 Sycamore Way Branford CT 06405 203-483-2630 Office	www.bhcare.org info@bhcare.org
Bridgeport	203-384-9559 Domestic violence 203-333-2233 Sexual Assault 24 / 7 Crisis lines Kathie's Place shelter Advocacy program Short term crisis counseling Support groups.	The Center for Family Justice 753 Fairfield Avenue CT 06604 203-334-6154 Office	www.centerforfamilyjustice.org/
Bristol	Hotline 1-888-774-2900 Toll Free We are dedicated to helping individuals achieve lives free of domestic violence by providing care, advocacy, support and education. Emergency shelter Legal advocacy Information and referrals Community education	Prudence Crandall Center, Inc Bristol Connecticut 860-225-5187 Main Office www.facebook.com/prudence	www.prudencecrandall.org

Cheshire	Individual counseling Weekly batered women's support groups offered at our New Britain and Bristol offices, call for details. We serve Berlin, Bristol, Burlington, Kensington, Plainville, Plymouth, Southington and Terryville. Adult Survivors of Childhood Sexual Abuse Reforming! Ongoing small group therapy. Maximum size of 8 women share their history when ready. Every Thursday 7 - 8.30pm Cost \$30 - \$40 www.psychologytoday.com/us/therapists/ad olescent-family-counseling-center-cheshire- ct/35913	Herbert Jay Rosenfield Cheshire CT 06410 203-212-9073 Office
Cheshire	Adult Male Survivors of Childhood Sexual Abuse New forming, safe confidential small group therapy Cost \$30 - \$40 www.psychologytoday.com/us/therapists/ad olescent-family-counseling-center-cheshire- ct/35913	Herbert Jay Rosenfield Cheshire CT 06410 203-212-9073 Office
Collinsville	Pastoral counseling for adult women survivors of sexual abuse and incest	Bethany Pastoral Counseling Service 55 River Road Collinsville CT 06022 860-424-2811 Office
Columbia	Hotlines 860-456-9476 Or 860-774-8648 Our domestic violence program provides support, advocacy, referrals and counseling for victims of domestic violence and their children. Emergency shelter & court advocacy Support groups open to survivors in the community along with clients. Thursdays 10 - 11.30am in the Killingly area call 860-774-8648. Wednesdays 10.30 - noon in the Willimantic area call 860-456-9476.	Domestic Violence Program United Services Inc Columbia CT 06237 www.unitedservicesct.org/services/domestic-violence/

Danbury	Male Survivor Support Group A support group for men who have been sexually abused as adults, as children or both. A safe space is created to share and manage the effects of abuse. The group is run by certified sexual assault counselors, it is FREE and confidential, and accepts new members year round. A group screening is provided to answer questionsand make sure the group can meet a members needs <u>The Center for Empowerment and</u> <u>Education - The Center for Empowerment</u> and Education (thecenterct.org)	Male Survivor Support Group Voices of Courage Danbury Connecticut 203-731-5200 Office	
Danbury	203-731-5206 Domestic violence 203-731-5204 Sexual Assault 24 Hour hotlines Emergency shelter for women Men's shelter at separate location Crisis intervention Extensive community education Counseling and support Walk in services. <u>The Center for Empowerment and</u> <u>Education - The Center for Empowerment</u> and Education (thecenterct.org)	The Women's Center 2 West Street Danbury CT 06810 203-731-5200 Office <u>The Center For Empowerme</u>	womenscenter@wcogd.org
Danbury	Breaking The Silence Group An ongoing weekly evening support group for female adult survivors of any form of sexual assault. All services and programs of the Women's Center are FREE and confidential. <u>The Center for Empowerment and</u> <u>Education - The Center for Empowerment</u> and Education (thecenterct.org)	The Women's Center 2 West Street Danbury CT 06810 203-731-5200 Office <u>The Center For Empowerme</u>	womenscenter@wcogd.org
Danbury	SOAR Survivors Overcoming Abusive Relationships Group An ongoing weekly evening support group for victims of domestic or intimate partner abuse, including emotional, verbal, economic and or physical abuse. All services and	The Women's Center 2 West Street Danbury CT 06810 203-731-5200 Office <u>The Center For Empowerme</u>	womenscenter@wcogd.org

programs of the Women's Center

relationships - available also in Spanish. All services and programs of the Women's Center are FREE

and confidential.

are FREE and confidential.

The Center for Empowerment and Education - The Center for Empowerment and Education (thecenterct.org)

Danbury	Thriving Women Support Group Ongoing weekly afternoon groups for women who would like support around relationship issues, including dealing with controlling behaviors, verbal or physical abuse, or use of substances to deal with trauma, sexual assault and transitioning out off or changing unhealthy relationships. Thriving Women is offered in Spanish and Portuguese on Thursday evenings. All services and programs of the Women's Center are Free and Confidential. <u>The Center for Empowerment and. Education - The Center for Empowerment.</u> and Education (thecenterct.org)	The Women's Center womenscenter @wcogd.org 2 West Street Danbury CT 06810 203-731-5200 Office The Center For Empowerment And Education Facebook
Danbury	I Am Okay - Self Esteem Group An eight week, day or evening support group that explores factors that negatively impact on self esteem and develops skills to counter those factors and feel better about ourselves. All services and programs of the Women's Center are FREE and confidential. <u>The Center for Empowerment and</u> <u>Education - The Center for Empowerment</u> and Education (thecenterct.org)	The Women's Center womenscenter@wcogd.org 2 West Street Danbury CT 06810 203-731-5200 Office The Center For Empowerment And Education Facebook
Danbury	Project Be - Be Strong, Be Amazing, Be You Support Group An eight week evening support group series for middle and high school aged girls that focuses on empowerment, improving self image and healthy peer	The Women's Center womenscenter@wcogd.org 2 West Street Danbury CT 06810 203-731-5200 Office The Center For Empowerment And Education Facebook

The Center for Empowerment and Education - The Center for Empowerment and Education (thecenterct.org)

Dayville	Hotlines 860-456-9476 Or 860-774-8648 Our domestic violence program provides support, advocacy, referrals and counseling for victims of domestic violence and their children. Emergency shelter & court advocacy Support groups open to survivors in the community along with clients.	Domestic Violence Program United Services Inc Dayville CT 06241 860-774-2020 Office 860-779-5609 TTD www.unitedservicesct.org/se	ervices/domestic-violence/
Derby	Contact No. 203-305-2137 Founded in 2006 by survivor llene Wolf M.S. Healing Emotionally Abused Lives exisits to support men and women who were and are being (primarily) emotionally abused. I facilitate monthly support circles and talk to people one to one by phone. I offer short term counseling FREE of charge. We currently have three operating circles in Derby, Litchfield and in Southington.	Ilene Wolf M.S. Healing Emotionally Abused Lives. Derby Connecticut 203-305-2137 Office / Contact	i wolf@emotionalheal.org
Enfield	Hotline 860-763-4542 The Network operates a 24 hour confidential crisis hotline. We also maintain a 15 bed shelter for women and children involved in a domestic violence crisis. Counseling and support groups Call the office for details.	Network Against Domestic Violence 139 Hazard Avenue Building #3 Enfiled CT 06082 860-763-7430 Office.	www.thenetworkct.org/ kbarron@nadact.org
Fairfield	Women's Trauma Group This group is for women who are survivors of childhood sexual abuse. We follow the Courage to Heal by Bass and Davis Meets every Thursday 10am Cost from \$70	Ms Nadine Padowicz Fairfield CT 06825 203-980-5460 Office www.nadinepadowicz.com/in	ndex.html
Greenwich	Hotline 203-622-0003 Offering FREE bilingual, confidential services for victims of domestic violence.	YWCA Greenwich - Domestic Violence Services Greenwich CT 06830	info@ywcagreenwich.org

	Emergency shelter Individual and group counseling Support groups Call 203-622-0003 for details.	203-489-3731 Main Office www.ywcagreenwich.org/get-	<u>help-now</u>
Groton	The Lamplighters Movement provides support for adult survivors of childhood sexual abuse, incest, rape, sexual assault and domestic violence. For further details please see our website.	The Lamplighters Movement Groton connecticut <u>margie@thelamplighters.org</u>	www.thelamplighters.org
Hartford	Parental Alienation Support Parental alienation support and intervention provides support and help for the prevention, intervention and stopping of parental alienation. A servre form of psychological abuse that usually occurs during high conflict divorce, but can happen in intact families and by third parties. Involving the deliberate undermining of the relation ship between the children and the parent.	Connecticut Chapter of PASI Leon Alvarez Hartford CT	info@pas-intervention.com
Hartford	860-527-0550 Interval House 860-645-4033 IH Manchester 860-658-7227 IH Simsbury 24 Hour crisis hotlines Since 1977 we have made a possitive difference in the lives of nearly 150,000 women and children who experience psychological and physical abuse at the hand of a domestic or intimate partner. Emergency shelter Domestic violence counseling Help in the courts Domestic violence outreach Support groups available All services are FREE of charge.	Interval House PO Box 340207 Hartford CT 06134 860-246-9149 Office	www.intervalhousect.org
Hartford	Hotline 860-547-1022 Legal advocacy Individual counseling Group counseling Support groups Community education.	YWCA Hartford CT 06051 860-225-4681 Office	

Litchfield	Contact No. 203-305-2137 Founded in 2006 by survivor Ilene Wolf M.S. Healing Emotionally Abused Lives exisits to support men and women who were and are being (primarily) emotionally abused. I facilitate monthly support circles and talk to people one to one by phone. I offer short term counseling FREE of charge. We currently have three operating circles in Derby, Litchfield and in Southington.	Ilene Wolf M.S. Healing Emotionally Abused Lives. Litchfield Connecticut 203-305-2137 Office / Contact	i wolf@emotionalheal.org
Manchester	860-527-0550 Interval House 860-645-4033 IH Manchester 860-658-7227 IH Simsbury 24 Hour crisis hotlines Since 1977 we have made a possitive difference in the lives of nearly 150,000 women and children who experience psychological and physical abuse at the hand of a domestic or intimate partner. Emergency shelter Domestic violence counseling Help in the courts Domestic violence outreach Support groups available All services are FREE of charge	Interval House Manchester Connecticut 806-246-9149 Main Office	www.intervalhousect.org
Meriden	Hotlines 1-888-999-5545 English Hotlines 1-888-568-8332 Espanol Sexual Assault Crissis Center Spanish speaking and male counselors available, sign langauge available Support group: Domestic violence meets Mondays 10.30 am Call Marcy 203-235-9297 ext 114 for more group details www.womenfamilies.org/Content/Sexu	Women and Family Center 169 Colony Street Meriden CT 06451 203-235-9297 Office	
Middletown	Hotline 1-888-774-2900 We can offer shelter for women and their childern fleeing from domestic violence.	New Horizons Domestic Violence Services 575 Main Street Middletown CT 06457 860-344-9599 Office	www.newhorizonsdv.com/

Middletown	Hotlines 1-888-999-5545 English Hotlines 1-888-568-8332 Espanol Sexual Assault Crissis Center Spanish speaking and male counselors available, sign langauge available Support group: Domestic violence meets Mondays 10.30 am Call Marcy 203-235-9297 ext 114 for more group details www.womenfamilies.org/Content/Sext	Women and Family Center 100 Riverview Center Suite 274 Middletown CT 06457 860-344-1474 Office	info@womenandfmailies.org
Milford	Hotline 203-878-1212 1-888-999-5545 toll free 1-888-568-8332 Espanol Crisis intervention Assistance with legal system Short term counseling.	Rape Crisis Center of Milford 70 West River Street Milford CT 06460 203-874-8712 Office	www.rapecrisiscenterofmilford.org
New Britain	Hotline 1-888-774-2900 Toll Free We are dedicated to helping individuals achieve lives free of domestic violence by providing care, advocacy, support and education. Emergency shelter Legal advocacy Information and referrals Community education Individual counseling Weekly batered women's support groups offered at our New Britain and Bristol offices, call for details. We serve Berlin, Bristol, Burlington, Kensington, Plainville, Plymouth, Southington and Terryville.	Prudence Crandall Center, Inc PO Box 895 New Britain CT 06050 860-225-5187 Office	www.prudencecrandall.org
New Haven	The Lamplighters Movement provides support for adult survivors of childhood sexual abuse, incest, rape, sexual assault and domestic violence. For fruther details please see our website.	The Lamplighters Movement New Haven Connecticut <u>margie@thelamplighters.org</u>	www.thelamplighters.org
New Haven	Wowen Healing Women Trauma Group. This group helps women survivors of physical, emotional, sexual abuse and abandonment and neglect	Barbara J Greten New Haven CT 06511 203-433-0538 Office	

Every Sunday 10am - 12 am Cost \$20

New Haven	We provide youth, adults and families with effective and comprehensive christian faith-based solutions to drug, alcolhol and other life controlling problems. Call 203-789-6172 for more details	Teen Challenge PO Box 9492 New Haven CT 06534 203-789-6172 Office	www.tcnewengland.org director@tcnewhaven.org
New Haven	Hotlines 1-888-999-5545 English Hotlines 1-888-568-8332 Espanol Sexual Assault Crissis Center Spanish speaking and male counselors available, sign langauge available Support group: Domestic violence meets Mondays 10.30 am Call Marcy 203-235-9297 ext 114 for more group details www.womenfamilies.org/Content/Sexu	Women and Family Center 1440 Whalley Avenue New Haven CT 06511 203-389-5010 Office	info@womenandfmailies.org
New London	DV Hotline 860-701-6000 SA Hotline 860-701-6001 Formally - Womens Center of SE Connecticut. We save lives, restore hope and change futures for those impacted by domestic violence and sexual assault. emergency shelter and housing Planning for safety Walk-in counseling at New London Open Monday - Friday 9 -5 Walk-in counseling at Norwich Tuesdays & Fridays 9-5 only Self esteem support groups New London Tuesdays 6.30 - 8 pm Norwich Thursdays 5.30 - 7 pm for details of counseling & support groups call 860-447-0366 ext 200.	Safe Futures 16 Jay Street New London CT 06320 860-447-0366 Office Safe Futures (safefuturesct.c	www.safefuturesct.org info@SafeFuturesCT.org org)
New London	Hotline 860-456-2789 24 Hour helpline SACC offers services to victims of sexual assault, sexual abuse and incest Counseling is available All services are FREE of charge	Sexual Assault Crisis Center of Eastern Connecticut Inc 78 Howard Street Suite C1 New London CT 06320 860-442-0604 Office	www.saccec.org

Norwalk	Hotline 1-888-774-2900 Emergency safe houses Se habla Espanol Safety planning for clients Self esteem workshops Court and legal advocates Individual counseling and support groups in English and Spanish.	Domestic Violence Crisis Ctr Norwalk CT 06851 203-853-0418 Office	www.dvccct.org
Norwich	DV Hotline 860-701-6000 SA Hotline 860-701-6001 Formally - Womens Center of SE Connecticut. We save lives, restore hope and change futures for those impacted by domestic violence and sexual assault. emergency shelter and housing Planning for safety Walk-in counseling at New London Open Monday - Friday 9 -5 Walk-in counseling at Norwich Tuesdays & Fridays 9-5 only Self esteem support groups New London Tuesdays 6.30 - 8 pm Norwich Thursdays 5.30 - 7 pm for details of counseling & support groups call 860-447-0366 ext 200	Safe Futures 326 Washington Street Norwich CT 06360 860-447-0366 Main Office	www.safefuturesct.org info@SafeFuturesCT.org
Sharon	Hotline 860-364-1900 We offer FREE, confidential, client- centered services focused on safety support advocacy and community outreach. Emergency short term shelter Individual short term counseling Transportation to needed locations Family violence victim advocates Community education Support groups for those who are currently with or have left an abusive relationship. Call 860-364-1080 for details about our groups Serving Canaan, Cornwall, Kent, North Canaan, Salisbury.	Project Sage 158 Gay Street (RT41) Sharon CT 06069 860-364-1080 Office Project SAGE (project-sage.	<u>org)</u>
Simsbury	860-527-0550 Interval House Hotline 1-888-831-9200 Espanol	Interval House Simsbury	www.intervalhousect.org

	24 Hour crisis hotlines Since 1977 we have made a possitive difference in the lives of nearly 150,000 women and children who experience psychological and physical abuse at the hand of a domestic or intimate partner. Emergency shelter Domestic violence counseling Help in the courts Domestic violence outreach Support groups available All services are FREE of charge	Connecticut 806-246-9149 Main Office	
Southbury	Parental Alienation Support Parental alienation support and intervention provides support and help for the prevention, intervention and stopping of parental alienation. A servre form of psychological abuse that usually occurs during high conflict divorce, but can happen in intact families and by third parties. Involving the deliberate undermining of the relation ship between the children and the parent. PSA support groups provide help and support to victims of Parental Alienation. Meets 3rd Thursday 6 - 9 pm	Connecticut Chapter of PASI Southbury CT 06488	CTPASI@pas-intervention.com
Southbury	1-888-774-2900 domestic violence 203-753-3613 Sexual assault Safe Haven provides crisis intervention to any victim of domestic violence or sexual assault. Emergency shelter Legal advocacy Information and referrals Community education Individual or group counseling All services are FREE.	Safe Haven 88 Main Street South Suite 203 B Southbury CT 06488 203-262-8700 Office info@safehavenofgw.org	www.safehavengw.org
Southington	Contact No. 203-305-2137 Founded in 2006 by survivor Ilene Wolf M.S. Healing Emotionally Abused Lives exisits to support men and women who were and are being	Ilene Wolf M.S. Healing Emotionally Abused Lives. Southington Connecticut	i wolf@emotionalheal.org

	(primarily) emotionally abused. I facilitate monthly support circles and talk to people one to one by phone. I offer short term counseling FREE of charge. We currently have three operating circles in Derby, Litchfield and in Southington.	203-305-2137 Office	
Stamford	Domestic Abuse Group for Women for female victims of emotional verbal, psychological and physical abuse Every Mon, Tue, Thurs 1- 2.30pm	Ms Margaret Canada Stamford CT 06905 860-412-6963 Office www.linkedin.com/in/margare	o <u>t-canada-96175819</u>
Stamford	203-329-2929 Local hotline 888-568-8332 Spanish 24 Hour help lines FREE bilingual services for all victims of sexual abuse in Lower Fairfield County. Up to 12 sessions of one to one crisis counseling Support groups Community education.	The Rowan Center 700 canal Street Suite 22B Stamford CT 06902 203-348-9346 Office	www.therowancenter.org/ info@therowancenter.org
Stamford	Hotline 1-888-774-2900 Emergency safe houses Se habla Espanol Safety planning for clients Self esteem workshops Court and legal advocates Individual counseling and support groups in English and Spanish	Domestic Violence Crisis Ctr Stamford Connecticut 203-588-9100 Office	www.dvccct.org
Torrington	FREE support groups for non offending parents and care givers who's children have been sexually abused Sexual assault/incest support groups Every other Tuesday 6.30pm www.charlottehungerford.org/service	Charlotte Hungerford Hospital 1061 East Main Street Torrington CT 06790 860-489-3391 Office 860-496-6350 ces/behavioral-health-services	
Torrington	24 Hour Crisis Line 860-482-7133 1-888-774-2900 Domestic violence 1-888-999-5545 Sexual assault Emergency shelter Advocacy and support	Susan B Antony Project 179 Water Street Torrington CT 06790 860-489-3798 Office	info@sbaproject.org

One on one support counseling Support groups for incest

Waterbury

Wauregan

community education & outreach.

Susan B. Anthony Project - promoting safety, healing, and growth for all survivors of domestic and sexual abuse. 24-hour crisis and support services for victims of domestic violence and sexual assault, free and confidential. Serving Northwestern Connecticut. (sbaproject.org)

https://www.facebook.com/sbaproject/about

888-774-2900 Domestic violence Safe Haven of Greater www.safehavengw.org 203-753-3613 Sexual assault Waterbury Safe Haven provides crisis 29 Central Avenue intervention to any victim of Waterbury domestic violence or sexual CT 06702 203-575-0388 Office assault. info@safehavenofgw.org **Emergency shelter** Legal advocacy Information and referrals Community education Individual or group counseling All services are FREE Hotlines 860-456-9476 Domestic Violence Program Or 860-774-8648 United Services Inc Our domestic violence program Wauregan provides support, advocacy, referrals CT 06387 and counseling for victims of 860-564-6100 Office domestic violence and their 860-779-5609 TDD www.unitedservicesct.org/services/domestic-violence/ children. Emergency shelter & court advocacy Support groups open to survivors in the community along with clients. Thursdays 10 - 11.30am in the Killingly area call 860-774-8648. Wednesdays 10.30 - noon in the Willimantic area call 860-456-9476.

West Hartford Adult incest survivors counseling Willimantic Hotlines 860-456-9476 **Domestic Violence Program**

> Or 860-774-8648 Our domestic violence program provides support, advocacy, referrals and counseling for victims of

Center for Serenity 90 North Main Street West Hartford CT 06107 860-561 2343 Office

United Services Inc

860-774-2020 Main Office

Willimantic CT 06226

centerforserenity@juno.com

	domestic violence and their children. Emergency shelter & court advocacy Support groups open to survivors in the community along with clients. Thursdays 10 - 11.30am in the Killingly area call 860-774-8648. Wednesdays 10.30 - noon in the Willimantic area call 860-456-9476.	www.unitedservicesct.org/services/domestic-violence/
Willimantic	Crisis Hotline 860-456-2789 24 Hour helpline SACC offers services to victims of sexual assault, sexual abuse and incest Counseling is available All services are FREE of charge.	Sexual Assault Crisis Center www.saccec.org of Eastern Connecticut Inc 90 South Park Street Willimantic CT 06226 860-456-3595 Office