

**National Association of Adult Survivors of Child Abuse** [www.NAASCA.org](http://www.NAASCA.org)

*Note: Please send corrections, additions and updates to:* [maudnmildred@hotmail.com](mailto:maudnmildred@hotmail.com)

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
<b>CONNECTICUT</b>			
<b>National Helpline</b>	Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.	Childhelp Prevention and Treatment of Child Abuse.	<a href="http://www.childhelp.org">www.childhelp.org</a> <a href="mailto:info@childhelp.org">info@childhelp.org</a> Email support form on the website
<b>Statewide</b>	1-888-999-5545 Sexual Assault 1-888-568-8332 Spanish line Statewide Toll Free Hotlines.	Connecticut Sexual Assault Crisis Services	<a href="http://www.connsacs.org">www.connsacs.org</a> <a href="mailto:laura@connsacs.org">laura@connsacs.org</a>
<b>Statewide</b>	1-888-774-2900 Domestic violence 844-831-9200 For Spanish Statewide Toll Free Hotlines.	Connecticut Coalition Against Domestic Violence	<a href="http://www.ctcadv.org">www.ctcadv.org</a>
<b>Ansonia</b>	Hotline 203-789-8104 We offer a range of services for victims of domestic violence and their children. All services are FREE Emergency shelter Victim advocacy	Domestic Violence Services of Greater New Haven Inc PO Box 148 158 Main Street Ansonia CT 06401 203-736-2601 Office	<a href="http://www.dvsgnh.org">www.dvsgnh.org</a>
<b>Ansonia</b>	Hotlines 203-736-9944 Or 1-888-774-2900 Toll Free UCDVS provides services for victims and their children located at two sites in Ansonia and North Haven. All services are offered FREE of charge.	The Umbrella Center for Domestic Violence Services 435 East Main Street Ansonia CT 06401 230-735-2601 Office	<a href="http://www.bhcare.org">www.bhcare.org</a> <a href="mailto:info@bhcare.org">info@bhcare.org</a>

Walk-in crisis service  
Emergency safe house  
Transitional housing  
Court based advocacy / legal help  
DOVE 8 week educational classes  
Weekly support groups  
Workshops -Effects of domestic violence. Next one 30th September 2013 8am-2pm in Newhaven  
Cost for workshop \$95 standard \$65 Studen (lunch included).

**Branford**

Hotlines 203-736-9944  
Or 1-888-774-2900 Toll Free  
UCDVS provides services for victims and their children located at two sites in Ansonia and North Haven. All services are offered FREE of charge.  
Walk-in crisis service  
Emergency safe house  
Transitional housing  
Court based advocacy / legal help  
DOVE 8 week educational classes  
Weekly support groups  
Workshops -Effects of domestic violence. Next one 30th September 2013 8am-2pm in Newhaven  
Cost for workshop \$95 standard \$65 Studen (lunch included).

The Umbrella Center for Domestic Violence Services  
14 Sycamore Way  
Branford  
CT 06405  
203-483-2630 Office

[www.bhcare.org](http://www.bhcare.org)  
[info@bhcare.org](mailto:info@bhcare.org)

**Bridgeport**

203-384-9559 Domestic violence  
203-333-2233 Sexual Assault  
24 / 7 Crisis lines  
Kathie's Place shelter  
Advocacy program  
Short term crisis counseling  
Support groups.

The Center for Family Justice  
753 Fairfield Avenue  
CT 06604  
203-334-6154 Office

[www.centerforfamilyjustice.org/](http://www.centerforfamilyjustice.org/)

**Bridgeport**

Survivors of Incest Anonymous  
Women's only group  
12 step program.

Sonya  
Bridgeport  
203-540-7826

[www.siawso.org](http://www.siawso.org)

[www.siawso.org/Sys/PublicProfile/5449263/7166](http://www.siawso.org/Sys/PublicProfile/5449263/7166)

**Bristol**

Hotlines 860-225-6357  
Or 1-888-774-2900 Toll Free  
We are dedicated to helping individuals achieve lives free of domestic violence by providing

Prudence Crandall Center, Inc  
Bristol  
Connecticut  
860-225-5187 Office

[www.prudencecrandall.org](http://www.prudencecrandall.org)

[www.facebook.com/prudencecrandallcenter/](http://www.facebook.com/prudencecrandallcenter/)

care, advocacy, support and education.  
 Emergency shelter  
 Legal advocacy  
 Information and referrals  
 Community education  
 Individual counseling  
 Weekly battered women's support groups offered at our New Britain and Bristol offices, call for details.  
 We serve Berlin, Bristol, Burlington, Kensington, Plainville, Plymouth, Southington and Terryville.

<b>Brookfield</b>	Adult Survivors of Childhood Sexual Abuse. support group for adults struggling with issues related to childhood Sexual Abuse.	Cheryl A Dury Brookfield CT 06804 914-409-3059 Office	<a href="http://www.cheryldury.com/">www.cheryldury.com/</a> <a href="mailto:cheryldurylcsw@gmail.com">cheryldurylcsw@gmail.com</a>
<b>Cheshire</b>	Adult Survivors of Childhood Sexual Abuse Reforming! Ongoing small group therapy. Maximum size of 8 women share their history when ready. Every Thursday 7 - 8.30pm Cost \$30 - \$40	Herbert Jay Rosenfield Cheshire CT 06410 Cheshire 203-271-1234 Danbury 203-790-1234 <a href="http://www.afccenter.org/herbert-jay-rosenfield.html">www.afccenter.org/herbert-jay-rosenfield.html</a>	<a href="http://www.afccenter.org">www.afccenter.org</a> <a href="mailto:Info@AFCCenter.org">Info@AFCCenter.org</a>
<b>Cheshire</b>	Adult Male Survivors of Childhood Sexual Abuse New forming, safe confidential small group therapy Cost \$30 - \$40	Herbert Jay Rosenfield Cheshire CT 06410 Cheshire 203-271-1234 Danbury 203-790-1234 <a href="http://www.afccenter.org/herbert-jay-rosenfield.html">www.afccenter.org/herbert-jay-rosenfield.html</a>	<a href="http://www.afccenter.org">www.afccenter.org</a> <a href="mailto:Info@AFCCenter.org">Info@AFCCenter.org</a>
<b>Collinsville</b>	Pastoral counseling for adult women survivors of sexual abuse and incest	Bethany Pastoral Counseling Service 55 River Road Collinsville CT 06022 860-424-2811 Office <a href="http://www.trinitycollinsville.org/1_bethany_counseling.html">www.trinitycollinsville.org/1_bethany_counseling.html</a>	
<b>Columbia</b>	Hotlines 860-456-9476 Or 860-774-8648 Our domestic violence program provides support, advocacy, referrals and counseling for victims of	Domestic Violence Program United Services Inc Columbia CT 06237 860-228-4480 Office	

domestic violence and their children.

Emergency shelter & court advocacy

Support groups open to survivors in the community along with clients.

Thursdays 10 - 11.30am in the Killingly area call 860-774-8648.

Wednesdays 10.30 - noon in the Willimantic area call 860-456-9476.

[www.unitedservicesct.org/services/domestic-violence/](http://www.unitedservicesct.org/services/domestic-violence/)

**Danbury**

Male Survivor Support Group  
A support group for men who have been sexually abused as adults, as children or both. A safe space is created to share and manage the effects of abuse. The group is run by certified sexual assault counselors, it is FREE and confidential, and accepts new members year round. A group screening is provided to answer questions and make sure the group can meet a members needs

Viktor J  
Voices of Courage  
Danbury  
Connecticut  
203-731-5200 Office

[viktor.j@wcoqd.org](mailto:viktor.j@wcoqd.org)

[www.wcoqd.org/index.php/services/support-groups](http://www.wcoqd.org/index.php/services/support-groups)

**Danbury**

203-731-5206 Domestic violence  
203-731-5204 Sexual Assault  
24 Hour hotlines  
Emergency shelter for women  
Men's shelter at separate location  
Crisis intervention  
Extensive community education  
Counseling and support  
Walk in services.

The Women's Center  
2 West Street  
Danbury  
CT 06810  
203-731-5200 Office

[womenscenter@wcoqd.org](mailto:womenscenter@wcoqd.org)

[www.womenscenterofgreaterdanbury.org](http://www.womenscenterofgreaterdanbury.org)

**Danbury**

Breaking The Silence Group  
An ongoing weekly evening support group for female adult survivors of any form of sexual assault.  
All services and programs of the Women's Center are FREE and confidential.

The Women's Center  
2 West Street  
Danbury  
CT 06810  
203-731-5200 Office

[womenscenter@wcoqd.org](mailto:womenscenter@wcoqd.org)

[www.womenscenterofgreaterdanbury.org](http://www.womenscenterofgreaterdanbury.org)

**Danbury**

SOAR Survivors Overcoming Abusive Relationships Group  
An ongoing weekly evening support group for victims of domestic or intimate partner abuse, including emotional, verbal, economic and or physical abuse. All services and

The Women's Center  
2 West Street  
Danbury  
CT 06810  
203-731-5200 Office

[womenscenter@wcoqd.org](mailto:womenscenter@wcoqd.org)

[www.womenscenterofgreaterdanbury.org](http://www.womenscenterofgreaterdanbury.org)

programs of the Women's Center are FREE and confidential.

<b>Danbury</b>	<p>Thriving Women Support Group Ongoing weekly afternoon groups for women who would like support around relationship issues, including dealing with controlling behaviors, verbal or physical abuse, or use of substances to deal with trauma, sexual assault and transitioning out off or changing unhealthy relationships. Thriving Women is offered in Spanish and Portuguese on Thursday evenings. All services and programs of the Women's Center are Free and Confidential.</p>	<p>The Women's Center 2 West Street Danbury CT 06810 203-731-5200 Office <a href="http://www.womenscenterofgreaterdanbury.org">www.womenscenterofgreaterdanbury.org</a></p>	<p><a href="mailto:womenscenter@wcoqd.org">womenscenter@wcoqd.org</a></p>
<b>Danbury</b>	<p>I Am Okay - Self Esteem Group An eight week, day or evening support group that explores factors that negatively impact on self esteem and develops skills to counter those factors and feel better about ourselves. All services and programs of the Women's Center are FREE and confidential.</p>	<p>The Women's Center 2 West Street Danbury CT 06810 203-731-5200 Office <a href="http://www.womenscenterofgreaterdanbury.org">www.womenscenterofgreaterdanbury.org</a></p>	<p><a href="mailto:womenscenter@wcoqd.org">womenscenter@wcoqd.org</a></p>
<b>Danbury</b>	<p>Project Be - Be Strong, Be Amazing, Be You Support Group An eight week evening support group series for middle and high school aged girls that focuses on empowerment, improving self image and healthy peer relationships - available also in Spanish. All services and programs of the Women's Center are FREE and confidential.</p>	<p>The Women's Center 2 West Street Danbury CT 06810 203-731-5200 Office <a href="http://www.womenscenterofgreaterdanbury.org">www.womenscenterofgreaterdanbury.org</a></p>	<p><a href="mailto:womenscenter@wcoqd.org">womenscenter@wcoqd.org</a></p>
<b>Dayville</b>	<p>Hotlines 860-456-9476 Or 860-774-8648 Our domestic violence program provides support, advocacy, referrals and counseling for victims of domestic violence and their children. Emergency shelter &amp; court advocacy</p>	<p>Domestic Violence Program United Services Inc Dayville CT 06241 860-774-2020 Office <a href="http://www.unitedservicesct.org/services/domestic-violence/">www.unitedservicesct.org/services/domestic-violence/</a></p>	

Support groups open to survivors in the community along with clients. Thursdays 10 - 11.30am in the Killingly area call 860-774-8648. Wednesdays 10.30 - noon in the Willimantic area call 860-456-9476.

<b>Derby</b>	Contact No. 203-305-2137 Founded in 2006 by survivor Ilene Wolf M.S. Healing Emotionally Abused Lives exists to support men and women who were and are being (primarily) emotionally abused. I facilitate monthly support circles and talk to people one to one by phone. I offer short term counseling FREE of charge. We currently have three operating circles in Derby, Litchfield and in Southington.	Ilene Wolf M.S. Healing Emotionally Abused Lives. Derby Connecticut 203-305-2137 Office / Contact	<a href="http://www.emotionalheal.org">www.emotionalheal.org</a> <a href="mailto:i_wolf@emotionalheal.org">i_wolf@emotionalheal.org</a>
<b>Enfield</b>	Hotline 860-763-4542 The Network operates a 24 hour confidential crisis hotline. We also maintain a 15 bed shelter for women and children involved in a domestic violence crisis. Counseling and support groups Call the office for details.	Network Against Domestic Violence 139 Hazard Avenue Building #3 Enfield CT 06082 860-763-7430 Office.	<a href="http://www.thenetworkct.org/">www.thenetworkct.org/</a> <a href="mailto:kbarron@nadact.org">kbarron@nadact.org</a>
<b>Fairfield</b>	Women's Trauma Group This group is for women who are survivors of childhood sexual abuse. We follow the Courage to Heal by Bass and Davis Meets every Thursday 10am Cost from \$70	Ms Nadine Padowicz Fairfield CT 06825 203-980-5460 Office <a href="http://www.nadinepadowicz.com/index.html">www.nadinepadowicz.com/index.html</a>	
<b>Greenwich</b>	Hotline 203-622-0003 Offering FREE bilingual, confidential services for victims of domestic violence. Emergency shelter Individual and group counseling Support groups Call 203-622-0003 for details.	YWCA Greenwich - Domestic Violence Services Greenwich CT 06830 203-622-0003 Office / Hotline <a href="http://www.ywcagreenwich.org/get-help-now">www.ywcagreenwich.org/get-help-now</a>	<a href="mailto:info@ywcagreenwich.org">info@ywcagreenwich.org</a>
<b>Groton</b>	The Lamplighters Movement provides support for adult survivors of childhood sexual abuse, incest,	The Lamplighters Movement Groton connecticut	<a href="http://www.thelamplighters.org">www.thelamplighters.org</a>

rape, sexual assault and domestic violence. For further details please see our website.

[margie@thelamplighters.org](mailto:margie@thelamplighters.org)

**Hartford**

Parental Alienation Support  
Parental alienation support and intervention provides support and help for the prevention, intervention and stopping of parental alienation. A severe form of psychological abuse that usually occurs during high conflict divorce, but can happen in intact families and by third parties. Involving the deliberate undermining of the relationship between the children and the parent. PSA support groups provide help and support to victims of Parental Alienation. Meetings beginning in summer of 2013. For more info contact Leon Alvarez

Connecticut Chapter of PASI  
Leon Alvarez  
Hartford  
CT

[info@pas-intervention.com](mailto:info@pas-intervention.com)

**Hartford**

860-527-0550 Interval House  
860-645-4033 IH Manchester  
860-658-7227 IH Simsbury  
24 Hour crisis hotlines  
Since 1977 we have made a positive difference in the lives of nearly 150,000 women and children who experience psychological and physical abuse at the hand of a domestic or intimate partner. Emergency shelter  
Domestic violence counseling  
Help in the courts  
Domestic violence outreach  
Support groups available  
All services are FREE of charge.

Interval House  
PO Box 340207  
Hartford  
CT 06134  
860-246-9149 Office

[www.intervalhousect.org](http://www.intervalhousect.org)

**Hartford**

Hotline 860-547-1022  
Legal advocacy  
Individual counseling  
Group counseling  
Support groups  
Community education.

YWCA  
Hartford  
CT 06051  
860-225-4681 Office

[www.ywcanb.org/sexual-assault-crisis-services/](http://www.ywcanb.org/sexual-assault-crisis-services/)

**Litchfield**

Contact No. 203-305-2137  
Founded in 2006 by survivor Ilene Wolf M.S. Healing Emotionally

Ilene Wolf M.S.  
Healing Emotionally Abused Lives.

[www.emotionalheal.org](http://www.emotionalheal.org)  
[i\\_wolf@emotionalheal.org](mailto:i_wolf@emotionalheal.org)

Abused Lives exists to support men and women who were and are being (primarily) emotionally abused. I facilitate monthly support circles and talk to people one to one by phone. I offer short term counseling FREE of charge. We currently have three operating circles in Derby, Litchfield and in Southington.

Litchfield  
Connecticut  
203-305-2137 Office / Contact

**Manchester**

860-527-0550 Interval House  
860-645-4033 IH Manchester  
860-658-7227 IH Simsbury  
24 Hour crisis hotlines  
Since 1977 we have made a positive difference in the lives of nearly 150,000 women and children who experience psychological and physical abuse at the hand of a domestic or intimate partner.  
Emergency shelter  
Domestic violence counseling  
Help in the courts  
Domestic violence outreach  
Support groups available  
All services are FREE of charge

Interval House  
Manchester  
Connecticut  
806-246-9149 Office

[www.intervalhousect.org](http://www.intervalhousect.org)

**Meriden**

Hotlines 1-888-999-5545 English  
Hotlines 1-888-568-8332 Espanol  
Sexual Assault Crisis Center  
Spanish speaking and male counselors available, sign language available  
Support group: Domestic violence meets Mondays 10.30 am  
Call Marcy 203-235-9297 ext 114 for more group details

Women and Family Center  
169 Colony Street  
Meriden  
CT 06451  
203-235-9297 Office

[www.womenfamilies.org/Content/Sexual\\_Assault\\_Crisis\\_Services.asp](http://www.womenfamilies.org/Content/Sexual_Assault_Crisis_Services.asp)

**Middletown**

Hotline 860-347-3044  
We can offer shelter for women and their children fleeing from domestic violence.

New Horizons Domestic Violence Services  
575 Main Street  
Middletown  
CT 06457  
860-347-6971 Office

[www.newhorizonsdv.com/](http://www.newhorizonsdv.com/)

**Middletown**

Hotlines 1-888-999-5545 English  
Hotlines 1-888-568-8332 Espanol  
Sexual Assault Crisis Center  
Spanish speaking and male

Women and Family Center  
100 Riverview Center  
Suite 274  
Middletown

[info@womenandfmailies.org](mailto:info@womenandfmailies.org)



counselors available, sign language available  
Support group: Domestic violence meets Mondays 10.30 am  
Call Marcy 203-235-9297 ext 114 for more group details

CT 06457  
860-344-1474 Office  
[www.womenfamilies.org/Content/Sexual\\_Assault\\_Crisis\\_Services.asp](http://www.womenfamilies.org/Content/Sexual_Assault_Crisis_Services.asp)

**Milford** Hotline 203-878-1212  
1-888-999-5545 toll free  
1-888-568-8332 Spanish speaking  
Crisis intervention  
Assistance with legal system  
Short term counseling.

Rape Crisis Center of Milford  
70 West River Street  
Milford  
CT 06460  
203-874-8712 Office  
[www.rapecrisiscenterofmilford.org](http://www.rapecrisiscenterofmilford.org)

**New Britain** Hotlines 860-225-6357  
Or 1-888-774-2900 Toll Free  
We are dedicated to helping individuals achieve lives free of domestic violence by providing care, advocacy, support and education.  
Emergency shelter  
Legal advocacy  
Information and referrals  
Community education  
Individual counseling  
Weekly battered women's support groups offered at our New Britain and Bristol offices, call for details.  
We serve Berlin, Bristol, Burlington, Kensington, Plainville, Plymouth, Southington and Terryville.

Prudence Crandall Center, Inc  
PO Box 895  
New Britain  
CT 06050  
860-225-5187 Office  
[www.prudencecrandall.org](http://www.prudencecrandall.org)

**New Haven** The Lamplighters Movement provides support for adult survivors of childhood sexual abuse, incest, rape, sexual assault and domestic violence. For further details please see our website.

The Lamplighters Movement  
New Haven  
Connecticut  
[www.thelamplighters.org](http://www.thelamplighters.org)  
[margie@thelamplighters.org](mailto:margie@thelamplighters.org)

**New Haven** Women Healing Women Trauma Group. This group helps women survivors of physical, emotional, sexual abuse and abandonment and neglect  
Every Sunday 10am - 12 am  
Cost \$20

Barbara J Greten  
New Haven  
CT 06511  
203-433-0538 Office

[www.therapists.psychologytoday.com/rms/name/Barbara+Greten+Psychotherapy++Pastoral+Counseling\\_Meriden\\_Connecticut\\_97315](http://www.therapists.psychologytoday.com/rms/name/Barbara+Greten+Psychotherapy++Pastoral+Counseling_Meriden_Connecticut_97315)

<b>New Haven</b>	We provide youth, adults and families with effective and comprehensive christian faith-based solutions to drug, alcohol and other life controlling problems. Call 203-789-6172 for more details	Teen Challenge PO Box 9492 New Haven CT 06534 203-789-6172 Office	<a href="http://www.tcnewengland.org">www.tcnewengland.org</a> <a href="mailto:director@tcnewhaven.org">director@tcnewhaven.org</a>
<b>New Haven</b>	Hotlines 1-888-999-5545 English Hotlines 1-888-568-8332 Espanol Sexual Assault Crissis Center Spanish speaking and male counselors available, sign language available Support group: Domestic violence meets Mondays 10.30 am Call Marcy 203-235-9297 ext 114 for more group details	Women and Family Center 1440 Whalley Avenue New Haven CT 06511 203-389-5010 Office <a href="http://www.womenfamilies.org/Content/Sexual_Assault_Crisis_Services.asp">www.womenfamilies.org/Content/Sexual_Assault_Crisis_Services.asp</a>	<a href="mailto:info@womenandfmailies.org">info@womenandfmailies.org</a>
<b>New London</b>	Hotline 1-888-774-2900 Formally - Womens Center of SE Connecticut. We save lives, restore hope and change futures for those impacted by domestic violence and sexual assault. emergency shelter and housing Planning for safety Walk-in counseling at New London Open Monday - Friday 9 -5 Walk-in counseling at Norwich Tuesdays & Fridays 9-5 only Self esteem support groups New London Tuesdays 6.30 - 8 pm Norwich Thursdays 5.30 - 7 pm for details of counseling & support groups call 860-447-0366 ext 200.	Safe Futures 16 Jay Street New London CT 06320 860-447-0366 Office	<a href="http://www.safefuturesct.org">www.safefuturesct.org</a> <a href="mailto:info@SafeFuturesCT.org">info@SafeFuturesCT.org</a>
<b>New London</b>	Hotline 860-456-2789 24 Hour helpline SACC offers services to victims of sexual assault, sexual abuse and incest Counseling is available All services are FREE of charge	Sexual Assault Crisis Center of Eastern Connecticut Inc 78 Howard Street Suite C1 New London CT 06320 860-442-0604 Office	<a href="http://www.saccec.org">www.saccec.org</a>

<b>Norwalk</b>	<p>We offer comforting, non judgmental opportunity to overcome the effects of childhood abuse based on the 12 step program Meets every Monday 7 - 8.30pm</p>	<p>ASCA of Fairfield County Ingrid Pasten Norwalk</p>	<p><a href="http://www.ascasupport.org">www.ascasupport.org</a> <a href="http://www.ascasupport.org/events/event1.php?eventID=83">www.ascasupport.org/ events/event1.php?eventID=83</a></p>
<b>Norwalk</b>	<p>Hotline 1-888-774-2900 Emergency safe houses Se habla Espanol Safety planning for clients Self esteem workshops Court and legal advocates Individual counseling and support groups in English and Spanish.</p>	<p>Domestic Violence Crisis Ctr Norwalk CT 06851 203-853-0418 Office</p>	<p><a href="http://www.dvccct.org">www.dvccct.org</a></p>
<b>Norwich</b>	<p>Hotline 1-888-774-2900 Formally - Womens Center of SE Connecticut. We save lives, restore hope and change futures for those impacted by domestic violence and sexual assault. emergency shelter and housing Planning for safety Walk-in counseling at New London Open Monday - Friday 9 -5 Walk-in counseling at Norwich Tuesdays &amp; Fridays 9-5 only Self esteem support groups New London Tuesdays 6.30 - 8 pm Norwich Thursdays 5.30 - 7 pm for details of counseling &amp; support groups call 860-447-0366 ext 200</p>	<p>Safe Futures 326 Washington Street Norwich CT 06360 860-886-4370 Office</p>	<p><a href="http://www.safefuturesct.org">www.safefuturesct.org</a> <a href="mailto:info@SafeFuturesCT.org">info@SafeFuturesCT.org</a></p>
<b>Sharon</b>	<p>Hotline 860-364-1900 We offer FREE, confidential, client-centered services focused on safety support advocacy and community outreach. Emergency short term shelter Individual short term counseling Transportation to needed locations Family violence victim advocates Community education Support groups for those who are currently with or have left an abusive relationship. Call 860-364-1080 for</p>	<p>Women's Support Services 158 Gay Street (RT41) Sharon CT 06069 860-364-1080 Office</p>	<p><a href="http://www.wssdv.org">www.wssdv.org</a></p>

details about our groups  
Serving Canaan, Cornwall, Kent,  
North Canaan, Salisbury.

**Simsbury**

860-527-0550 Interval House  
860-645-4033 IH Manchester  
860-658-7227 IH Simsbury  
24 Hour crisis hotlines  
Since 1977 we have made a  
possitive difference in the lives of  
nearly 150,000 women and children  
who experience psychological and  
physical abuse at the hand of a  
domestic or intimate partner.  
Emergency shelter  
Domestic violence counseling  
Help in the courts  
Domestic violence outreach  
Support groups available  
All services are FREE of charge

Interval House  
Simsbury  
Connecticut  
806-246-9149 Office

[www.intervalhousect.org](http://www.intervalhousect.org)

**Southbury**

Parental Alienation Support  
Parental alienation support and  
intervention provides support and  
help for the prevention, intervention  
and stopping of parental alienation.  
A servre form of psychological  
abuse that usually occurs during  
high conflict divorce, but can happen  
in intact families and by third parties.  
Involving the deliberate undermining  
of the relation ship between the  
children and the parent.  
PSA support groups provide help  
and support to victims of Parental  
Alienation.  
Meets 3rd Thursday 6 - 9 pm

Connecticut Chapter of PASI  
Southbury  
CT 06488

[CTPASI@pas-intervention.com](mailto:CTPASI@pas-intervention.com)

**Southbury**

203-575-0036 domestic violence  
203-753-3613 Sexual assault  
Safe Haven provides crisis  
intervention to any victim of  
domestic violence or sexual  
assault.  
Emergency shelter  
Legal advocacy  
Information and referrals  
Community education  
Individual or group counseling

Safe Haven  
88 Main Street South  
Suite 203 B  
Southbury  
CT 06488  
203-262-8700 Office

[www.safehavengw.org](http://www.safehavengw.org)

All services are FREE.

<b>Southington</b>	Contact No. 203-305-2137 Founded in 2006 by survivor Ilene Wolf M.S. Healing Emotionally Abused Lives exists to support men and women who were and are being (primarily) emotionally abused. I facilitate monthly support circles and talk to people one to one by phone. I offer short term counseling FREE of charge. We currently have three operating circles in Derby, Litchfield and in Southington.	Ilene Wolf M.S. Healing Emotionally Abused Lives. Southington Connecticut 203-305-2137 Office / Contact	<a href="http://www.emotionalheal.org">www.emotionalheal.org</a> <a href="mailto:i_wolf@emotionalheal.org">i_wolf@emotionalheal.org</a>
<b>Stamford</b>	We offer comforting, non judgmental opportunity to overcome the effects of childhood abuse based on the 12 step program Meets every Wed 7 - 8.30pm	ASCA of Fairfield County Tracy Guglieri	<a href="http://www.ascasupport.org">www.ascasupport.org</a>
<b>Stamford</b>	Domestic Abuse Group for Women for female victims of emotional verbal, psychological and physical abuse Every Mon, Tue, Thurs 1- 2.30pm	Ms Margaret Canada Stamford CT 06905 860-412-6963 Office	
<b>Stamford</b>	203-329-2929 Local 888-999-5545 toll free 888-568-8332 Spanish 24 Hour help lines FREE bilingual services for all victims of sexual abuse in Lower Fairfield County. Up to 12 sessions of one to one crisis counseling Support groups Community education.	The Center for Sexual Assault Crisis Counseling & Education 700 canal Street Suite 22B Stamford CT 06902 203-348-9346 Office	<a href="http://www.thecenter-ct.org">www.thecenter-ct.org</a> <a href="mailto:info@thecenter-ct.org">info@thecenter-ct.org</a>
<b>Stamford</b>	Hotline 1-888-774-2900 Emergency safe houses Se habla Espanol Safety planning for clients Self esteem workshops Court and legal advocates Individual counseling and support groups in English and Spanish	Domestic Violence Crisis Ctr Stamford Connecticut 203-588-9100 Office	<a href="http://www.dvccct.org">www.dvccct.org</a>

<b>Torrington</b>	<p>FREE support groups for non offending parents and care givers who's children have been sexually abused</p> <p>Sexual assault/incest support groups</p> <p>Every other Tuesday 6.30pm</p> <p><a href="http://www.charlottehungerford.org/services/behavioral-health-2/behavioral-health/about-the-center/">www.charlottehungerford.org/services/behavioral-health-2/behavioral-health/about-the-center/</a></p>	<p>Charlotte Hungerford Hospital</p> <p>1061 East Main Street</p> <p>Torrington</p> <p>CT 06790</p> <p>860-489-3391 Office</p>	
<b>Torrington</b>	<p>24 Hour Crisis Line 860-482-7133</p> <p>1-888-774-2900 Domestic violence</p> <p>1-888-999-5545 Sexual assault</p> <p>Emergency shelter</p> <p>Advocacy and support</p> <p>One on one support counseling</p> <p>Support groups for incest</p> <p>community education &amp; outreach.</p>	<p>Susan B Antony Project</p> <p>179 Water Street</p> <p>Torrington</p> <p>CT 06790</p> <p>860-489-3798 Office</p>	<p><a href="http://www.sbaproject.org">www.sbaproject.org</a></p> <p><a href="mailto:info@sbaproject.org">info@sbaproject.org</a></p>
<b>Waterbury</b>	<p>203-575-0036 domestic violence</p> <p>203-753-3613 Sexual assault</p> <p>Safe Haven provides crisis intervention to any victim of domestic violence or sexual assault.</p> <p>Emergency shelter</p> <p>Legal advocacy</p> <p>Information and referrals</p> <p>Community education</p> <p>Individual or group counseling</p> <p>All services are FREE</p>	<p>Safe Haven of Greater Waterbury</p> <p>29 Central Avenue</p> <p>Waterbury</p> <p>CT 06702</p> <p>203-575-0388 Office</p>	<p><a href="http://www.safehavengw.org">www.safehavengw.org</a></p>
<b>Wauregan</b>	<p>Hotlines 860-456-9476</p> <p>Or 860-774-8648</p> <p>Our domestic violence program provides support, advocacy, referrals and counseling for victims of domestic violence and their children.</p> <p>Emergency shelter &amp; court advocacy</p> <p>Support groups open to survivors in the community along with clients.</p> <p>Thursdays 10 - 11.30am in the Killingly area call 860-774-8648.</p> <p>Wednesdays 10.30 - noon in the Willimantic area call 860-456-9476.</p>	<p>Domestic Violence Program</p> <p>United Services Inc</p> <p>Wauregan</p> <p>CT 06387</p> <p>860-564-6100 Office</p> <p><a href="http://www.unitedservicesct.org/services/domestic-violence/">www.unitedservicesct.org/services/domestic-violence/</a></p>	
<b>West Hartford</b>	<p>Adult incest survivors counseling</p>	<p>Center for Serenity</p> <p>90 North Main Street</p>	<p><a href="mailto:centerforserenity@juno.com">centerforserenity@juno.com</a></p>

West Hartford  
CT 06107  
860-561 2343 Office

**Willimantic**

Hotlines 860-456-9476  
Or 860-774-8648  
Our domestic violence program provides support, advocacy, referrals and counseling for victims of domestic violence and their children.  
Emergency shelter & court advocacy  
Support groups open to survivors in the community along with clients.  
Thursdays 10 - 11.30am in the Killingly area call 860-774-8648.  
Wednesdays 10.30 - noon in the Willimantic area call 860-456-9476.

Domestic Violence Program  
United Services Inc  
Willimantic  
CT 06226  
860-456-2261 Office  
[www.unitedservicesct.org/services/domestic-violence/](http://www.unitedservicesct.org/services/domestic-violence/)

**Willimantic**

Crisis Hotline 860-456-2789  
24 Hour helpline  
SACC offers services to victims of sexual assault, sexual abuse and incest  
Counseling is available  
All services are FREE of charge.

Sexual Assault Crisis Center  
of Eastern Connecticut Inc  
90 South Park Street  
Willimantic  
CT 06226  
860-456-3595 Office  
[www.saccec.org](http://www.saccec.org)