

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
IOWA			
National Helpline	<p>Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p>	<p>Childhelp Prevention and Treatment of Child Abuse</p>	<p>www.childhelp.org info@childhelp.org Email support form on the website</p>
Statewide	<p>1800-284-7821 Sexual assault Statewide Hotline and information.</p>	<p>Iowa Coalition Against Sexual Assault</p>	<p>www.iowacasa.org</p>
Statewide	<p>1-800-770-1650 Domestic violence Statewide hotline and information.</p>	<p>Iowa Coalition Against Domestic Violence</p>	<p>www.icadv.org</p>
Adel	<p>Hotline 800-400-4884 Crisis hotline Emergency shelter for homeless Information and referrals</p>	<p>Crisis Intervention & Advocacy Adel IA 50003 515-993-4095 Office www.enlivenedwellness.com/crisis-intervention-advocacy-center/</p>	<p>www.enlivenedwellness.com/Megan@ciac91.org</p>
Algona	<p>800-479-9071 Sexual Assault 855-424-9133 Domestic Abuse 24 Hour crisis hotlines Support and advocacys for victims of domestic and sexual violence Emergency shelter Crisis counseling</p>	<p>Crisis Intervention Service Algona 515-295-8646 Office</p>	<p>www.cishelps.org cis@CISHELPS.org</p>
Algona	<p>Hotline 877-295-6958 Supportive hotline, information and referrals.</p>	<p>Family Crisis Center of North Iowa, Inc PO Box 642 Algona IA 50511 877-295-6958 Office</p>	<p>www.familycrisiscenters.org/</p>
Ames	<p>1-855-983-4641 Domestic Abuse Or 1-800-203-3488 Sexual Assault 1-855-696-2980 Shelter crisis Line Safe tempoary shelter for women and their children Crisis response services</p>	<p>Access PO Box 1429 Ames IA 50014 515-292-0500 Office</p>	<p>www.assaultcarecenter.org director@assaultcarecenter.org</p>

Short term counseling to adult survivors of child sexual abuse and domestic violence.
Support groups for children who have witnessed family violence
Serving Boone and Green Counties

Atlantic	Hotlines 712-243-6615 Or 1-800-696-5123 Serving Adair, Audubon, Cass, Shelby, Fremont, Mills, Montgomery and Page.	Family Crisis Support Network PO Box 11 Atlantic IA 50022 712-243-6615 Office	www.familycrisiscenters.org/
Burlington	1-800-228-1625 Sexual Assault 1-800--373-1043 Domestic Abuse 24 Hour crisis hotlines Emergency shelter Medical and legal advocacy Counseling groups Support groups All services FREE of charge.	Family Resources 218 N 3rd Street Suite 515-16 Burlington IA 52601 886-921-3356	www.famres.org
Burlington	Hotline 1-800-693-1399 Safe shelter for women and children Medical, legal and court advocacy Individual counseling Domestic violence support group Sexual assault support group	YWCA: domestic Violence Shelter & Sexual Assault Center 616 North 8th Street Burlington IA 52501 319-752-0606 Office www.burlingtony.org/womens-shelter	ywshelterruby@mchsi.com
Carroll	Hotline 800-382-9744 Crisis hotline	Domestic and Sexual Assault Outreach Center Carroll IA 51401 712-792-6722 Office	www.familycrisiscenters.org/
Cedar Rapids	Healing from Sexual Abuse and Trauma	Richelle Derfus Cedar Rapids IA 52404 319-936-7008 Office	www.richellederfus.com/ rderfus@gmail.com
Cedar Rapids	Support for adult survivors of sexual abuse, incest, domestic violence, rape and sexual assault Contact Margie for group info margie@lamplighters.com	Lamplighters Movement Cedar Rapids Iowa	www.thelamplighters.com margie@lamplighters.org
Cedar Rapids	Hotlines 319-363-2093 Or 800-208-0388 We provide shelter and support to individuals who are in crisis due to homelessness, poverty, domestic violence or sexual assault. Emergency shelter Domestic violence victims services.	Waypoint 318 fifth Street SE Cedar Rapids IA 52401 319-365-1458 Office.	www.waypointservices.org
Charles City	Hotline 800-479-9071 Or 641-424-9133 24 Hour crisis hotlines	Crisis Intervention Service Charles City 641-228-0015 Office	www.cishelps.org cis@CISHELPS.org

Support and advocacys for victims
of domestic and sexual violence
Emergency shelter
Crisis counseling

Cherokee

Hotline 1-800-225-7233
Crisis & follow up counseling
Group counseling
Emergency safe shelter
Legal and personal advocacy
Services for survivors of domestic
abuse, adult sexual abuse and
survivors of incest in Cherokee, Ida
and Sac.

Council Against Domestic
Abuse and Sexual Assault
PO Box 963
Cherokee
IA 51012
712-225-5003 Office

www.iowacasa.org/get-help

Clinton

1-800-228-1625 Sexual Assault
1-800-373-1043 Domestic Abuse
24 Hour crisis hotlines
Emergency shelter
Medical and legal advocacy
Counseling groups
Support groups
All services FREE of charge

Family Resources - Domestic
Violence and Sexual Assault
Resource Center
511 South 3rd Street
1st Floor
Clinton
IA 52732
866-921-3356 Office

www.famres.org

Council Bluffs

Hotline 712-328-0266
Crisis hotline
Counseling for sexual abuse
Emergency shelter
Legal advocacy, hospital response
Education and support groups

Phoenix House
Catholic Charities DV/SA
Program
Council Bluffs
IA 51503
712-328-3086 Office
712-256-2059 sheter office

communications@dmdiocese.org

www.dmdiocese.org/domestic-violence.cfm

Creston

641-782-6632 Local hotline
Or 1-888-782-6632
24 Hour crisis hotlines
Referrals to emergency shelter
Crisis intervention
Medical and legal advocacy
Counseling
Support groups as available
Serving Adams, Clarke, Decatur,
Ringgold, Taylor & Union Counties
Plus Corning-Adams
Mt. Ayr-Ringgold
Bedford-Taylor

Rural Iowa Crisis Center
PO Box 384
Creston
IA 50801
888-782-6632 Office

www.facebook.com/notes/slutwalk-des-moines/iowa-sexual-assault-and-domestic-abuse-programs/498855656819255/

Davenport

1-800-228-1625 Sexual Assault
1-800-373-1043 Domestic Violence
24 Hour crisis hotlines
Emergency shelter
Medical and legal advocacy
Counseling groups
Support groups
All services FREE of charge.

Family Resources
2800 Eastern Avenue
Davenport
IA 52803
563-326-6431 Office

www.famres.org

Decorah	<p>Hotline 800-383-2988 24 Hour crisis hotline Medical and legal advocacy Individual counseling Support groups. www.helpingservices.org/services/domestic-advocacy-services/</p>	<p>Domestic & Sexual Abuse Resource Center Services Decorah IA 52101 563-837-1720 Office.</p>	<p>info@helpingservices.org</p>
Des Moines	<p>Hotline 1-800-942-0333 We have been restoring hope, building futures and changing lives for Iowa's most vulnerable for 125 years. Our domestic violence services provide a unique approach to helping victims rebuild their lives. Emergency shelter Resources, referrals and assistance Medical and legal advocacy Individual and group counseling Community counseling and support groups in Polk and Warren Counties</p>	<p>Children & Families of Iowa 1111 University Avenue Des Moines IA 50314 515-288-1981 Office www.cfiowa.org/programs/domestic-violence/</p>	<p>www.cfiowa.org contactus@cfiowa.org</p>
Des Moines	<p>The Lamplighters Movement. This Chapter provides support to adult MALE survivors of childhood sexual abuse, incest, rape, sexual assault and domestic violence. For further information please see our website.</p>	<p>The Lamplighters Movement Male Chapter Des Moines Iowa margie@thelamplighters.org</p>	<p>www.thelamplighters.org</p>
Des Moines	<p>Hotline 515-286-3600 We provide crisis intervention and on going supportive services regardless of law enforcement involvement or the length of time since the assault or abuse occurred . Law and judicail advocacy Counseling sessions Support groups Art therapy for children traumatized by violent crime Referrals to appropriate services All services FREE of charge.</p>	<p>Polk County Crisis & Advocacy Services 2309 Euclid Avenue Des Moines IA 50310 515-286-3600 Office / Hotline www.polkcountyiowa.gov/cfys/services/crisis-advocacy-services/</p>	
Dubuque	<p>Hotline 800-383-2988 24 Hour crisis hotline Medical and legal advocacy Individual counseling Support groups</p>	<p>Domestic & Sexual Abuse Resource Center Services Dubuque IA 52001 563-582-5317 Office www.helpingservices.org/services/</p>	<p>www.helpingservices.org info@helpingservices.org</p>
Dubuque	<p>Hotline 800-332-5899 We serve three Counties in North east Iowa: Dubuque, Delaware and Buchanan. Offering safe emergency shelter, supportive counseling. Medical and legal advocacy</p>	<p>Dubuque Community Domestic Violence Program PO Box 1301 Dubuque IA 52004 563-588-0048 Office www.dubuquey.org/social-responsibility/victim-services-shelter/</p>	
Dubuque	<p>1-800-228-1625 Sexual Assault 1-800-373-1043 Domestic Abuse</p>	<p>Family Resources Nesler Building,</p>	<p>www.famres.org</p>

24 Hour crisis hotlines
Emergency shelter
Medical and legal advocacy
Counseling groups
Support groups
All services FREE of charge

799 Main
Suite 224,
Dubuque
IA 52001
866-921-3356 Office

Dubuque

888-707-8155 Sexual assault
815-777-3680 Domestic violence
24 Hour hotline
Emergency shelter
Medical and legal advocacy
Individual and group counseling
Services FREE of charge
Serving Buchanan, Delaware,
Dubuque Counties

Riverview Center
2600 Dodge Street
Dubuque
IA 52003
563-557-0310 Office

www.riverviewcenter.org
info@riverviewcenter.org

Eldora

Hotline 1-888-746-4673
Information for victims of domestic
violence

Seeds of Hope
Eldora
IA 50627
641-939-8186 Office

www.seedsofhope.org/

Forest City

Hotline 800-479-9071
Or 641-424-9133
24 Hour crisis hotlines
Support and advocacys for victims
of domestic and sexual violence
Emergency shelter
Crisis counseling

Crisis Intervention Service
Forest City
641-585-1050 Office

www.cishelps.org
cis@CISHELPS.org

Fort Dodge

Hotline 515-955-2273
Or 1-888-356-2006 Toll free
24 Hour crisis lines
Safe shelter for victims of domestic
violence and sexual assault
Individual counseling
Support groups in English/Spanish
Public awareness education

YWCA of Fort Dodge
826 1st Avenue North
Fort Dodge
IA 50501
515-573-3931 Office

www.ywca.org/site/pp.asp?c=ljJZJ6MLluE&b=2619087

Grinnell

Grinnell College Advocates is a
staff supervised, student
organization that aims to create
greater awareness about issues
surrounding sexual assault and
dating violence on and around
campus. On Call peer advocates
can be reached on 641-260-1615

Grinnell Advocates
Grinnell College
PO Box 805
Grinnell
IA 50112
Advocate 641-260-1615
Crisis Services 800-270-1620

www.grinnell.edu/about/offices-services/crssi/support

Grundy Center

Hotline 1-888-746-4673
Information for victims of domestic
violence

Seeds of Hope
Grundy Center
IA 50638
319-824-5522 Office

www.angelfire.com/ia2/seedsofhope/home.html

seedsofhope@hotmail.com

Hampton

Sexual Assault 800-479-9071
Domestic Abuse 641-424-9133
24 Hour crisis hotlines
Support and advocacys for victims
of domestic and sexual violence
Emergency shelter

Crisis Intervention Service
Hampton
641-456-8949 Office

www.cishelps.org
cis@CISHELPS.org

Crisis counseling

Iowa City	Hotline 1-800-373-1043 Our mission is to provide the most comprehensive support and advocacy services to victims and survivors, focusing on immediate and long term safety, empowerment dignity and hope. Information and resources for those needing to flee an abusive situation Serving Iowa to Cedar, Johnson, and Washington Counties.	Domestic Violence Intervention Program PO Box 3170 Iowa City IA 52244 319-351-1043 Office	www.dvipiowa.org/ dvip@dvipiowa.org
Keokuk	Hotline 800-498-5095 Serving Lee and Van Buren, Clarke (Missouri) Hancock (Illinois)	Tri-State Coalition Against Domestic & Sexual Violence PO Box 494 Keokuk IA 52632 319-524-8520 Office www.iawf.org/get-the-facts/statewide-directory/	
Marshalltown	Sexual Assault 1-800-203--3488 Domestic Abuse 855-983-4641 We are a dual agency working with victims /survivors of sexual assault and domestic violence in Marshall, Jasper, Poweshiek, and Tama We offer support groups	Domestic Violence / Sexual Assault Center PO Box 1507 Marshalltown IA 50158	dvassc@marshallnet.com www.assaultcarecenter.org/
Mason City	Sexual Assault 800-479-9071 Domestic Violence 641-424-9133 24 Hour crisis hotlines Support and advocacys for victims of domestic and sexual violence Emergency shelter Crisis counseling	Crisis Intervention Service Mason City 641-424-9071 Office	www.cishelps.org cis@CISHELPS.org
Manchester	888-707-8155 Sexual assault 815-777-3680 Domestic violence 24 Hour hotline Emergency shelter Mediacal and legal advocacy Individual and group counseling Services FREE of charge Serving Buchanan, Delaware, Dubuque Counties	Riverview Center 118 West Main Street Manchester IA 52057 563-927-1524 Office	www.riverviewcenter.org info@riverviewcenter.org
Muscatine	Hotline 563-326-9191 866-921-3354 Toll free 24 Hour crisis hotlines Emergency shelter Medical and legal advocacy Counseling groups Support groups All services FREE of charge	Family Resource 119 Sycamore Street Suite 200 Muscatine IA 52761 563-263-0067 Office	www.famres.org
Osage	Sexual Assault 800-479-9071 Domestic Violence 641-424-9133 24 Hour crisis hotlines	Crisis Intervention Service Osage 641-832-8456 Office	www.cishelps.org cis@CISHELPS.org

Support and advocacys for victims
of domestic and sexual violence
Emergency shelter
Crisis counseling

Ottumwa	Hotline 641-683-3122 Or 1-800-464-8340 Toll free An emergency shelter for women survivors of domestic violence and sexual assault. Support groups Service area: Appanoose, Davis, Jefferson, Monroe, Wapello and Wayne. www.facebook.com/Crisis-Center-Womens-Shelter-240735002943890/	Crisis Center and Women's Shelter Ottumwa IA 52501 641-683-3122 Office 641-683-1750 Office	
Postville	Hotline 800-383-2988 24 Hour crisis hotline Medical and legal advocacy Individual counseling Support groups	Domestic & Sexual Abuse Resource Center Services Postville IA 52162 563-864-7163 Office www.helpingservices.org/services/	www.helpingservices.org info@helpingservices.org
Sioux Center	Hotline 1-800-382-5603 722-4404 Sioux County 472-9626 Lyon County 754-4547 Osceola County 324-9744 O'Brien County Safe shelter housing Medical and legal advocacy Community outreach program Counseling available Peer Support groups All services FREE of charge.	Family Crisis Center PO Box 295 Sioux Center IA 51250 712-722-4404 Office	www.familycrisiscenters.org
Sioux City	1-800-982-7233 Toll free 712-258-7233 Sioux City 712-546-6764 LeMars 24 Hour crisis hotlines Safe emergency shelter Medical and legal advocacy FREE short term counseling Support groups for domestic violence victims Multicultural outreach program	Council on Sexual Assault and Domestic Violence Sioux City IA 51102 712-277-0131 Office	www.csadvsioxland.org/
Waterloo	Local hotline 319-352-0037 Toll Free 1-800-410-7233 Information for victims of domestic violence.	Friends of Families Inc Waterloo IA 50702 319-234-0232 Office	www.cvfriendedsofthefamily.org/
Waverly	Hotline 319-352-0037 Or 1-800-410-7233 24 Hour crisis hotlines Safe shelter for victims of domestic violence or sexual assault Counseling for survivors Support groups for domestic violence and sexual assault.	Cedar Valley Friends of the Family Waverly IA 50677 319-352-1108 Office	www.cvfriendedsofthefamily.org admin@cvfriendsofthefamily.org