

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
MAINE			
National Helpline	<p>Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p>	<p>Childhelp Prevention and Treatment of Child Abuse.</p>	<p>www.childhelp.org info@childhelp.org Email support form on the website</p>
Statewide	<p>1800-871-7741 Sexual Assault Statewide hotline and information.</p>	<p>Maine Coalition Against Sexual Assault 207-626-0034 Office</p>	<p>www.mecasa.org</p>
Statewide	<p>1-866-834-4357 Domestic Violence Statewide hotline and information.</p>	<p>Maine Coalition to End Domestic Violence 207-430-8334 Office</p>	<p>www.mcedv.org info@MCEDV.org</p>
Auburn	<p>Hotline 1-800-599-2927 24 Hour helpline Safe shelter services Baters intervention program Community education Peer support groups for victims of domestic violence call hotline for group details.</p>	<p>Safevoices PO Box 713 Auburn ME 04212 207-795-6744 Office</p>	<p>www.safevoices.org info@safevoices.org</p>
Auburn	<p>Hotline 1-800-871-7741 24 Hour helpline Sexual Assault Response Team Community education and outreach School based education programs Support group for adult survivors of child sexual abuse Support group for MALE survivors of child sexual abuse and rape Support group for female survivors of rape All services are FREE of charge</p>	<p>Sexual Assault Prevention and Response Services PO Box 6 Auburn ME 04212 207-784-5272 Office.</p>	<p>www.sapars.org</p>
Augusta	<p>1-877-890-7788 Toll free 24 / 7 Anonymous helpline Emergency shelter</p>	<p>Family Violence Project PO Box 304 Augusta</p>	<p>www.familyviolenceproject.org fvp@familyviolenceproject.org</p>

Advocacy and referrals
Prevention and education
FREE and confidential support
groups throughout Kennebec and
Somerset Counties
Call hotline for group details

ME 04332-0304
207-623-8637 Office

Bangor

1-800-310-0000 toll free
1-800-871-7741 Statewide
24 Hour crisis and support line
Advocacy
Sexual Assault Response Team
Support groups 1-800-310-0000
Serves Penobscot & Piscataquis

Rape Response Services
PO Box 1162
Bangor
ME 04401
207-973-3651 Office

www.rrsonline.org
rrsinfo@penquis.org

Bangor

Hotline 1-800-863-9909
24 Hour hotline
Advocacy and legal services
Support groups for domestic
violence are held once a week
Call hotline for group details
Groups are held in Bangor and as
requested in Lincoln, Millinocket,
Newport and on Indiana Island
All groups are FREE of charge.

Spruce Run
PO Box 653
Bangor
ME 04402-0653
207-945-5102 Office
Millinocket Office 207-723-4400
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www.sprucerun.net
sprucerun@sprucerun.net

Bath

Hotline 1-800-522-3304
We offer support to people in
Sagadahoc, Lincoln, Knox and
Waldo Counties affected by family
domestic violence.
Emergency shelter
Transitional housing
Legal information, court advocacy
Referrals and information
Support groups.

New Hope For Women
12 Court Street
Bath
ME 04530
207-443-8898 Office

www.newhopeforwomen.org

Belfast

Hotline 1-800-522-3304
We offer support to people in
Sagadahoc, Lincoln, Knox and
Waldo Counties affected by family
domestic violence.
Emergency shelter
Transitional housing
Legal information, court advocacy
Referrals and information
Support groups

New Hope For Women
111 Church Street
Belfast
ME 04915
207-338-6569 Office

www.newhopeforwomen.org

Brunswick

1-800-822-5999 toll free
1-800-871-7741 Statewide
24 Hour support hotline
Medical and legal advocacy
FREE support groups 8 - 12 weeks
Adult survivors of childhood sexual
abuse, MALE survivors of sexual
violence, Lesbian survivors of
sexual violence, Groups for women
with disabilities. Call for more info
Serving Cumberland, Lincoln, Knox
and Waldo Counties.

Sexual Assault Support Service
of Midcoast Maine
PO Box 990
Brunswick
ME 04011
207-725-2181 Office

www.sassmm.org
administration@sassmm.org

Calais	Hotline 800-550-3304 We provide intergrated healthcare services that maximize an individuals potential to recover. Sexual Assault Response services SART program Confidential support groups	AMHC Calais Maine 207-728 6341 Main Admin	www.amhc.org
Calais	Hotline 1-800-315-5579 FREE confidential hotline Emergency shelter FREE weekly support groups for group info call 1-800-315-5579 Serving Washington and Hancock	Next Step Domestic Violence Project Calais ME 04619 207-454-8088 Office	www.nextstepdvproject.org info@nextstepdvproject.org
Caribou	Hotline 800-550-3304 We provide intergrated healthcare services that maximize an individuals potential to recover. Sexual Assault Response services SART program Confidential support groups	AMHC Caribou Maine 207-728 6341 Main Admin	www.amhc.org
Damariscotta	Hotline 1-800-522-3304 We offer support to people in Sagadahoc, Lincoln, Knox and Waldo Counties affected by family domestic violence. Emergency shelter Transitional housing Legal information, court advocacy Referrals and information Support groups	New Hope For Women 17 Water Street Damariscotta ME 04543 207-563-2404 Office	www.newhopeforwomen.org
Dover-Foxcroft	Hotline 1-800-863-9909 Or 1-800-437-1220 (TTY) 24 Hour crisis hotlines Emergency shelter Legal advocacy School and community program Support group for domestic violence victims and survivors Tues 1 - 2.30	Womencare Dover-Foxcroft ME 04426 207-564-8166 Office / Hotline	www.sprucerun.net/
Ellsworth	Hotline 800-871-7741 We provide intergrated healthcare services that maximize an individuals potential to recover. Sexual Assault Response services SART program Confidential support groups	AMHC Ellsworth Maine 207-728 6341 Main Admin	www.amhc.org
Ellsworth	1-800-228-2470 Sexual assault 1-800-315-5579 Domestic violence 24 Hour hotlines FREE 9 week support group for women 18+ who have been exposed to sexual violence	Downeast Health Services Ellsworth ME 04605 207-667-5304 Office	www.dehi.org/
Ellsworth	Hotline 1-800-315-5579	Next Step Domestic Violence	www.nextstepdvproject.org

	FREE confidential hotline Emergency shelter FREE weekly support groups for group info call 1-800-315-5579 Serving Washington and Hancock	Project PO Box 1466 Ellsworth ME 04605 207-667-0176 Office	info@nextstepdvproject.org
Farmington	Trauma Recovery & Empowerment A group for women who have experienced emotional, physical mental or sexual abuse. Cost \$20 - \$30 www.therapist.healthcare/directory/listing/2472-mary-batt	Ms Mary Batt Farmington ME 04938 207-358-3429 Office	
Farmington	Hotline 1-800-871-7741 24 Hour helpline Sexual Assault Response Team Community education and outreach School based education programs Support group for adult survivors of child sexual abuse Support group for MALE survivors of child sexual abuse and rape Support group for female survivors of rape All services are FREE of charge	S.A.V.E.S PO Box 349 Farmington ME 04938 207-778-9522 Office	www.sapars.org
Fort Fairfield	Children's Crisis Unit We provide intergrated healthcare services that maximize an individuals potential to recover. Sexual Assault Response services SART program Confidential support groups Childrens Crisis services Please see website for full details	AMHC Fort Fairfield Maine 207 473-9285 Crisis Unit	www.amhc.org
Fort Kent	Hotline 800-871-7741 We provide intergrated healthcare services that maximize an individuals potential to recover. Sexual Assault Response services SART program Confidential support groups	AMHC Fort Kent Maine 207-728 6341 Main Admin	www.amhc.org
Franklin	Hotline 1-800-599-2927 24 Hour helpline Safe shelter services Baterers intervention program Community education Peer support groups for victims of domestic violence call hotline for group details	Safevoices Franklin Maine 207-778-6107 Office	www.safevoices.org info@safevoices.org
Houlton	Hotline 800-8717741 We provide intergrated healthcare services that maximize an individuals potential to recover. Sexual Assault Response services SART program Confidential support groups	AMHC Houlton Maine 207-728 6341 Main Admin	www.amhc.org

Houlton	<p>Hotline 207-532-6401</p> <p>Our mission is to effect change within our Tribal community where equality, respect and non violence become the cornerstone of all relationships.</p> <p>Crisis intervention & safety planning</p> <p>Emergency shelter</p> <p>Hospital accompaniment</p> <p>Legal assistance & court advocacy</p> <p>Support groups available</p>	<p>Maliseet Domestic Violence & Sexual Assault Program</p> <p>690 Foxcroft Road</p> <p>Houlton</p> <p>ME 04730</p> <p>270-532-3000 Office</p> <p>www.maliseets.com/domestic_violence.htm</p>	<p>jhuff@maliseets.com</p>
Lewiston	<p>Hotline 888-871-7741</p> <p>24 Hour crisis hotline</p> <p>FREE support group for victims of sexual assault and sexual abuse</p>	<p>Sexual Assault Crisis Center</p> <p>Lewiston</p> <p>ME 04240</p> <p>207-784-5272 Office</p>	<p>www.sapars.org</p> <p>sacccs@sapars.org</p>
Limestone	<p>Residential Services Limestone</p> <p>We provide intergrated healthcare services that maximize an individuals potential to recover.</p> <p>For further details please visit our website</p>	<p>AMHC</p> <p>Limestone</p> <p>Maine</p> <p>207-728 6341 Main Admin</p>	<p>www.amhc.org</p>
Machias	<p>Hotline 800-8717741</p> <p>We provide intergrated healthcare services that maximize an individuals potential to recover.</p> <p>Sexual Assault Response services</p> <p>SART program</p> <p>Confidential support groups</p>	<p>AMHC</p> <p>Machias</p> <p>Maine</p> <p>207-728 6341 Main Admin</p>	<p>www.amhc.org</p>
Machias	<p>Hotline 1-800-315-5579</p> <p>FREE confidential hotline</p> <p>Emergency shelter</p> <p>FREE weekly support groups for group info call 1-800-315-5579</p> <p>Serving Washington and Hancock</p>	<p>Next Step Domestic Violence Project</p> <p>PO Box 303</p> <p>Machias</p> <p>ME 04654</p> <p>207-255-4934 Office</p>	<p>www.nextstepdvproject.org</p> <p>info@nextstepdvproject.org</p>
Madawaska	<p>Hotline 800-8717741</p> <p>We provide intergrated healthcare services that maximize an individuals potential to recover.</p> <p>Sexual Assault Response services</p> <p>SART program</p> <p>Confidential support groups</p>	<p>AMHC</p> <p>Madawaska</p> <p>Maine</p> <p>207-728 6341 Main Admin</p>	<p>www.amhc.org</p>
Oxford-Norway	<p>Hotline 1-800-599-2927</p> <p>24 Hour helpline</p> <p>Safe shelter services</p> <p>Baterers intervention program</p> <p>Community education</p> <p>Peer support groups for victims of domestic violence call hotline for group details</p>	<p>Safevoices</p> <p>Oxford-Norway</p> <p>Maine</p> <p>207-743-5806 Office</p>	<p>www.safevoices.org</p> <p>info@safevoices.org</p>
Perry	<p>Hotline 1-877-853-2613</p> <p>Our mission is to effect change within our Tribal community where</p>	<p>Passamaquoddy Peaceful Relations</p> <p>PO Box 343</p>	

	<p>equality, respect and non violence become the cornerstone of all relationships.</p> <p>Crisis intervention & safety planning</p> <p>Emergency shelter</p> <p>Hospital accompaniment</p> <p>Legal assistance & court advocacy</p> <p>Support groups available.</p>	<p>Perry</p> <p>ME 04667</p> <p>207-853-2600 Ext 266 Office</p> <p>www.wabanaki.com/wabanaki_new/Peaceful_Relations.html</p>	
Pittsfield	<p>Support group for adult survivors of child sexual abuse, incest, domestic violence, rape and sexual assault. To join this group email margie@thelamplighters.org</p>	<p>Lamplighter Movement</p> <p>Pittsfield</p> <p>Maine</p>	<p>www.thelamplighters.org</p> <p>margie@thelamplighters.org</p>
Portland	<p>24 Hr Hotline 1-800-537-6066</p> <p>Or 207-874-1973 for local users</p> <p>Emergency shelter</p> <p>Education and training</p> <p>Ongoing support groups for victims and survivors of domestic violence</p> <p>Call the hotline for group details</p>	<p>Family Crisis Services</p> <p>Portland</p> <p>207-650-4806 Support Groups</p> <p>www.familycrisis.org/support-groups/</p> <p>fcssupportgroups@familycrisis.org</p>	
Portland	<p>Hotline 1-800-313-9900</p> <p>24 Hour crisis and support line</p> <p>Sexual Assault Response Team</p> <p>Services to the homeless</p> <p>Four FREE support groups per year, two for women and two for men. Each group is 12 weeks long for 1.5 hours in the greater Portland area.</p>	<p>Sexual Assault Response Services of Southern Maine</p> <p>PO Box 1371</p> <p>Portland</p> <p>ME 04104</p> <p>270-828-1035 Office</p>	<p>www.sarsonline.org</p> <p>infosars@sarsonline.org</p>
Presque Isle	<p>Hotline 1-800-439-2323</p> <p>24 Hour safe hotline</p> <p>Emergency shelter</p> <p>Legal advocacy</p> <p>Support groups for victims of domestic violence</p>	<p>Hope and Justice Project</p> <p>Presque Isle</p> <p>ME 04769</p> <p>207-764-2977 Office</p>	<p>www.hopeandjusticeproject.org</p> <p>info@hopeandjusticeproject.org</p>
Presque Isle	<p>Hotline 800-871-7741</p> <p>We provide intergrated healthcare services that maximize an individuals potential to recover.</p> <p>Sexual Assault Response services</p> <p>SART program</p> <p>Confidential support groups</p>	<p>AMHC</p> <p>Presque Isle</p> <p>ME 04769</p> <p>207-728 6341 Office</p>	<p>www.amhc.org</p>
Rockland	<p>Hotline 1-800-522-3304</p> <p>We offer support to people in Sagadahoc, Lincoln, Knox and Waldo Counties affected by family domestic violence.</p> <p>Emergency shelter</p> <p>Transitional housing</p> <p>Legal information, court advocacy</p> <p>Referrals and information</p> <p>Support groups</p>	<p>New Hope For Women</p> <p>5 Beech Street</p> <p>PO Box A</p> <p>Rockland</p> <p>ME 04841</p> <p>207-594-2128 Office</p>	<p>www.newhopeforwomen.org</p>
Rumford	<p>Hotline 1-800-599-2927</p>	<p>Safevoices</p>	<p>www.safevoices.org</p>

24 Hour helpline
Safe shelter services
Baterers intervention program
Community education
Peer support groups for victims of domestic violence call hotline for group details

Rumford
Maine
207-369-0750 Office

info@safevoices.org

Sanford

Hotline 1-800-239-7298
Each Year we respond to thousands of requests from individuals who are seeking assistance with issues related to domestic violence.
Emergency shelter
Transitional housing
Legal assistance program
Support groups: A variety of day and evening support groups offering information, encouragement, hope and strength are held in Sanford, Biddeford, Limerick and Kittery. FREE quality childcare available
All groups are FREE of charge
See website for times, days and the location or ring our hotline.

Caring Unlimited
PO Box 590
Sanford
ME 04073
207-490-3227 Office

www.caring-unlimited.org
admin@caring-unlimited.org

Skowhegan

1-877-890-7788 Toll free
24 / 7 Anonymous helpline
Emergency shelter
Advocacy and referrals
Prevention and education
FREE and confidential support groups throughout Kennebec and Sommerset Counties
Call hotline for group details

Family Violence Project
PO Box 3104
Skowhegan
ME 04976-3104
207-474-8860 Office

www.familyviolenceproject.org
fvp@familyviolenceproject.org

Waterville

1-877-890-7788 Toll free
24 / 7 Anonymous helpline
Emergency shelter
Advocacy and referrals
Prevention and education
FREE and confidential support groups throughout Kennebec and Sommerset Counties
Call hotline for group details

Family Violence Project
PO Box 51
Waterville
ME 04903-0051
207-877-0835 Office

www.familyviolenceproject.org
fvp@familyviolenceproject.org

Westbrook

8 Week Trauma Sensitive Yoga Workshops
These classes are specifically designed to be of benefit to survivors of trauma. This may include abuse, neglect, sexual assault, PTSD or domestic violence. The goal is for women to feel they are in control of their bodies. 2 Trained yoga expert professionals create a safe and supportive environment.
See website for next workshop or call 207-518-7553 for details

Ms Randi Sheehan
Westbrook
ME 04092
207-518-7553 Office

www.livingwellcenter.info
sbs@livingwellcenter.info

Winthrop

Hotline 1-800-871-7741
24 Hour crisis & support line
FREE support groups
Male survivors group
Incest survivors group
Teen and adolescent group
Courage to Heal workgroup
Serving Kennebec & somerset Co.

Sexual Assault Crisis and
Support Center
PO Box 417
Winthrop
ME 04364
207-377-1010 Office

www.silentnomore.org
director@silentnomore.org

Winthrop

We provide youth, adults and
families with effective and
comprehensive christian faith-based
solutions to drug, alcohol and
other life controlling problems.
Call 207-377-2801 for more details

Teen Challenge
11 Hudson Lane
Winthrop
ME 04364
207-377-2801 Office

www.tcnewengland.org