

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
MARYLAND			
National Helpline	<p>Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p>	<p>Childhelp Prevention and Treatment of Child Abuse.</p>	<p>www.childhelp.org info@childhelp.org Email support form on the website</p>
Southern Maryland	<p>This Group is for adults 18 + who suffered from physical, sexual or emotional abuse as a child. The Group will meet once per week for 2 hours following the STEP program as outlined by ASCAsupport.org This is not a therapy group. Members will work through the Survivor to Thriver manual. To join this group please follow the information in the the web address section.</p>	<p>Southern Maryland Adult Survivors of Child Abuse Huntingtown Contact Lynn 301-233-6440</p>	<p>www.ASCAsupport.org</p>
Statewide	<p>301-328-7023 Sexaul Assault Statewide information and referral The Maryland Coalition Against Sexual Assault (MCASA) is the federally recognized state sexual assault coalition. It's core members are the state's 17 rape crisis and recovery centers, but it also represents the voices of many other professionals and service providers working with sexual assault survivors. Our mission is to help prevent sexual assault, advocate for accessible, compassionate care for survivors of sexual violence, and work to hold offenders accountable. MCASA provides policy advocacy, technical assistance training, outreach and prevention.</p>	<p>Maryland Coalition Against Sexual Assault 301-328-7023 Information</p>	<p>www.mcasa.org info@mcasa.org</p>
Statewide	<p>Toll Free 877-496-SALI (7254)</p>	<p>MCASA's Sexual Assault Legal</p>	<p>www.mcasa.org</p>

MCASA's Sexual Assault Legal Institute (SALI) provides direct legal services for victims and survivors of sexual Violence. SALI also provides technical assistance and training for attorneys, rape crisis and recovery center staff and volunteers, and other professionals working with Survivors.

Insitute (SALI) Maryland
301-565-2277 Information
877-496-SALI Toll Free.
www.mcasa.org/for-professionals/legal/

info@mcasa.org

Statewide 1-800-MD-HELPS (634-3577) DV Statewide Hotline and information.

Maryland Network Against Domestic Violence
301-429-3501 Office

www.mnadv.org
info@mnadv.org

Annapolis Domestic Violence Support Group
This group is for women who are or were in relationships in which they were subjected to domestic violence, either physical, emotional financial or sexually abused by their significant other.

Kendra Jackson
Serenity Counseling
Annapolis
MD 21401
443-333-9340 Office
serenity@serenitytherapeuticounselingservices.com

Arnold 24 Hour hotline 410-222-6800
24 Hour hotlines
Safe shelter for victims of domestic violence and their children
Medical and legal advocacy
Individual and group counseling
Support groups domestic violence
Support groups sexual assault
For more information please see our website.

YWCA of Annapolis and Anne Arundel County
1517 Ritchie Highway
Suite 201
Arnold
MD 21012
410-626-7800 Office

www.annapolisywca.org

Baltimore ASCA Meeting Support Group
Adult Survivors of Child Abuse ASCA, support group will be held every Thursday from 6pm to 8pm unless otherwise announced. The group is Lesbian, gay, bi and trans gender friendly but open to all survivors. More details and information, including cancellation notices for weather or other reasons can be found on our blog as follows:
www.asca-baltimore.tumblr.com
The meetings will take place on the grounds of the Baltimore LGBT Community Centre,

ASCA Support Group Meeting
3rd Floor
The Waxer Center
Baltimore Community Center
1000 Cathedral Street
Baltimore

asca-baltimore@hotmail.com
www.asca-baltimore.tumblr.com

Baltimore Hotline 410-234-0023
Or 410-889-7884 (House of Ruth)
Community services 410-466-9200
Russian and Farsi translation
Individual counseling for women survivors of domestic abuse
Support groups.

Chana: Helpline and Network
For abused Women
101 West Mount Royal Avenue
Baltimore
MD 21201
410-234-0030 Office

www.chanabaltimore.org
info@chanabaltimore.org

Baltimore Childrens Child Abuse Program
We were established in 1849 to improve the condition of the poor.

Family and Children's Services
4623 Falls Road
Baltimore

www.fcsmd.org

Today we focus on the prevention and treatment of child abuse. We offer TF and CBT therapy for 3 to 18 years olds and their families. Parent Child interaction therapy We also seek to help victims remove themselves from domestic violence. Sexual assault services for children and their families. The listed address is our headquarters but we also have trauma treatment programs in **Baltimore City**, and the following central Maryland counties. **Hartford, Howard, West Baltimore County, Carroll and Anne Arundel.** In each of these offices we see children aged 3 to 18 years as well as adult survivors of sexual abuse, physical abuse and neglect. Two of our agency offices in Carroll and West Baltimore county offer a comprehensive domestic violence program. The information and addresses can be accessed through our website.

MD 21209
410-366-1980 Ext 249 Office
www.fcsmd.org/locations.html

Baltimore

Hotlines 410-828-6390
Or 410-285-7496 Shelter
We provide essential and life saving services to family members experiencing conflict and family violence.
Emergency safe shelter
Follow on transitional housing
Victim advocacy comprising of:
Safety planning, court escort, hospital accompaniment, legal advocacy and community support groups. Call 410-285-4357 for more information.

Family Crisis Center
PO Box 3903
Baltimore
MD 21222
410-285-4357 Office

www.familycrisiscenter.net

Baltimore

Hotline 410-889-RUTH (7884)
24 Hour hotline
Services in English and Spanish
Emergency shelter
Legal Clinic
Individual counseling and therapy for men and women who have been abused and are in crisis
Group counseling and therapy for battered women

House of Ruth - Maryland
Baltimore
MD 21218
410-889-0840 Office.
www.facebook.com/HouseOfRuthMaryland/

www.hruth.org
info@hruthmd.org

Baltimore

24 hour Hotline 443-279-0379
24 Hour crisis hotline
Emergency and transitional shelter
Victim advocacy
Community education
Anti-sex trafficking program
Individual and group trauma therapy for adult and teenage victims of

Turn Around
2300N Charles Street
2nd Floor
Baltimore
MD 21201
410-837-7000 Office

www.turnaroundinc.org
info@turnaroundinc.org

domestic violence / sexual assault
Adult survivors of childhood sexual
abuse / adult abuse support group
meets Mondays 6 - 7.30 PM
Female survivors of domestic
violence support group meets
Tuesday 6 - 7.30 PM at Rosedale
For group details tel 410-377-8111.

Bel Air	Childrens Child Abuse Program We were established in 1849 to improve the condition of the poor. Today we focus on the prevention and treatment of child abuse. We offer TF and CBT therapy for 3 to 18 years olds and their families. Parent Child interaction therapy We also seek to help victims remove themselves from domestic violence. Sexual assault services for children and their families.	Family and Children's Services 44 East Gordon Street Bel Air MD 21014 410-838-9000 Office www.fcsmd.org/locations.html	www.fcsmd.org
Bel Air	Hotline 410-836-8430 24 Hour hotline Safehouses for males and females Legal advocacy and safety planning Individual and group counseling Weekly support groups.	Safety Awareness Resources Change (SARC) PO Box 1207 Bel Air MD 21014 410-836-8430 Office / Helpline.	www.sarc-maryland.org info@sarc-maryland.org
Benson	Our groups empower those who have survived childhood sexual abuse and who want to become Survivors and thrivers using the 12 step and 12 traditions program	Survivors of Incest Anonymous World Service Office PO Box 190 Benson MD 21018-9998	www.siawso.org
Bethesda	Women's Trauma Recovery Group For women ready to supplement individual therapy with group work. Based in part on (TRG) Trauma Recovery Group pioneered by Judith Herman This is a stage 2 trauma group, members should have achived some stability and control over trauma related symptoms. Every Tuesday 5.15 - 6.30 PM Cost \$100 - \$120 www.therapists.psychologytoday.com/rms/name/Jan_Freeman_MSWSW.LCSW-C_Bethesda_Maryland_42176	Jan Freeman Bethesda MD 20814 301-657-2292 Office	
Beltsville	Hotline 410-889-RUTH (7884) 24 Hour hotline Services in English and Spanish Emergency shelter Legal Clinic Individual counseling and therapy for men and women who have been abused and are in crisis Group counseling and therapy for battered women	House of Ruth - Maryland Beltsville Maryland 410-889-0840 Office www.facebook.com/HouseOfRuthMaryland/	www.hruth.org info@hruthmd.org

Bowie	<p>Healing Hope Recovery Group Find confidential hope and healing from past or present emotional physical or sexual abuse. Meets Mondays 7 pm Contact Laura Gore on 410-733-4109 for details Or email address on the right of this page</p>	<p>Support Group Bowie Anne Arundel County MD 20715 301-262-1767 Laura Gore</p>	<p>lgore@acep.org</p>
Brentwood	<p>Hotlines 301-731-1203 Or 1-866-382-7474 Family violence intervention clinic Legal advocacy Court companionship Intensive therapy groups Services also in Spanish</p>	<p>Family Crisis Center 3601 Taylor Street Brentwood MD 20722 301-779-2100 Office & Info</p>	<p>www.familycrisiscenter-pgco.org info@familycrisiscenter-pgco.org</p>
Cambridge	<p>Hotline 410-820-5600 Or 1-800-310-7273 Spanish Hotline 410-829-6143 Crisis intervention Advocacy and education Counseling and therapy Fees on a sliding scale.</p>	<p>For All Seasons, Inc 208 Cedar Street Cambridge MD 410-822-1018 Office</p>	<p>www.forallseasonsinc.org</p>
Charlotte Hall	<p>Hotline 301-863-6661 24 Hour 7 Day hotline Crisis intervention services Trauma recovery counseling Recovery support services www.waldensierra.org/treatment-and-support/domestic-violence-and-sexual-assault-1/</p>	<p>Walden 30007 Business Center Drive Charlotte Hall MD 20622-3101 310-863-6661 Office / Hotline</p>	<p>www.waldensierra.org info@WaldenSierra.org</p>
Chestertown	<p>Mobile Crisis 888-407-8018 Or 1-800-310-7273 24 Hour hotlines Crisis intervention Advocacy and education Counseling and therapy Fees on a sliding scale</p>	<p>For All Seasons, Inc 516 Washington Street Suite 4 Chestertown MD 410-822-1018 Office</p>	<p>www.forallseasonsinc.org</p>
Cheverly	<p>Hotline 310-618-3154 Support group for survivors of rape and sexual abuse Call 301-618-3154 for group details Or click on the link and scrol down to the support groups at the bottom of the page. www.umcapitalregion.org/service/domestic-violence-and-sexual-assault/</p>	<p>Domestic Violence and Sexual Assault Center at Dimensions Health Care Prince George Hospital Center 3001 Hospital Drive Cheverly MD 20785 301-618-3154 Office / Hotline</p>	
Columbia	<p>410-997-2272 Domestic Violence and Sexual Assault Hotline HopeWorks of Howard County works to eliminate sexual, domestic, and dating violence in the county by providing shelter, legal services, counseling and advocacy, increasing community awareness and changing social attitudes.</p>	<p>HopeWorks of Howard County 5457 Twin Knolls Road Suite 310 Columbia MD 21045 410-997-0304 Office.</p>	<p>www.wearehopeworks.org</p>

Columbia	<p>Childrens Child Abuse Program We were established in 1849 to improve the condition of the poor. Today we focus on the prevention and treatment of child abuse. We offer TF and CBT therapy for 3 to 18 years olds and their families. Parent Child interaction therapy We also seek to help victims remove themselves from domestic violence. Sexual assault services for children and their families.</p>	<p>Family and Children's Services Wild Lake Village Center Suite 100 10451 Twinn Rivers Road Columbia MD 21044 410-997-3557 Office www.fcsmd.org/locations.html</p>	<p>www.fcsmd.org</p>
Columbia	<p>Hotline 410-531-6677 24 Hour crisis hotline Family shelter program Walk in counseling for anyone in need of immediate assistance.</p>	<p>Grassroots Crisis Intervention Center, Inc 6700 Freetown Road Columbia MD 21044 410-531-6006 Office</p>	<p>www.grassrootscrisis.org info@grassrootscrisis.org</p>
Columbia	<p>HopeWorks of Howard County At HopeWorks we aim to be the catalyst in the community to change the cultural norms that allow sexual, dating and domestic violence to happen. Our mission is to reduce the harm and effects of sexual and domestic violence in Howard County while working towards their elimination. We host a variety of exciting wellness and awareness programs throughout Howard County.</p>	<p>HopeWorks of Howard County Columbia MD Contact Dominic Goodall</p>	<p>www.wearehopeworks.org/</p>
Cumberland	<p>Hotline 301-759-9244 24 Hour helpline Safe accommodation Sexual Assault Response Team Individual and group counseling Support groups for women victims of domestic violence /sexual abuse Call 301-759-9244 for group info</p>	<p>Family Crisis Resource Center 146 Beford Street Cumberland MD 21502 310-759-9246 Office www.familycrisisresourcecenter.org/</p>	
Denton	<p>1-800-927-4673 Family violence 1-800-310-7273 Rape center We provide an emergency shelter 24 Hour hotlines Crisis counseling Accompaniment to court Legal representation Support groups Programs for children expose to family violence</p>	<p>Mid Shore Council on Family Violence PO Box 5 Denton MD 21629 410-690-3222 Office</p>	<p>www.msfcv.org</p>
Easton	<p>Hotline 410-820-5600 Or 1-800-310-7273 Spanish Hotline 410-829-6143 Crisis intervention Advocacy and education Counseling and therapy Fees on a sliding scale</p>	<p>For All Seasons, Inc 300 Talbot Street Easton MD 21601 410822-1018 Office</p>	<p>www.forallseasonsinc.org</p>

Easton	Hotline 1-800-927-4673 24 hour 7 days hotline Crisis intervention Secure shelter Information and referrals Legal program Support groups Serving Caroline, Dorchester, Kent Queen Anne's and Talbot Counties	Mid-Shore Council on Family Violence Easton MD 21601 410-690-3222 Office	www.msfcv.org
Elkton	Hotline 410-996-0333 24 Hrs Shelter for domestic violence FREE individual/group counseling	Cecil County DV Rape Crisis Program PO Box 2137 Elkton MD 21922 410-996-0333 Office / Hotline	www.facebook.com/Cecil-County-Domestic-ViolenceRape-Crisis-Center-512474108781649/timeline
Frederick	Hotline 301-662-8800 24 Hour hotline Emergency shelter Legal services available Ongoing counseling Support groups domestic violence Support groups sexual assault Support groups for adults molested as children Call 301-662-8800 for group info.	Heartly House Inc PO Box 857 Frederick MD 21705 310-662-8800 Office / Hotline	www.heartlyhouse.org ijames@heartlyhouse.org
Frederick	Recovery from Within Therapy Group This is a therapy group for women survivors of trauma. The group meets in 16 week cycles. Cost \$60-\$70 per session Call for more details www.therapists.psychologytoday.com/rms/name/Alicia_Barmon_LCPC.ERYT.C-IAYT_Frederick_Maryland_52611	Alicia Barmon Frederick MD 21701	alicia.barmon@gmail.com
Frederick	Sensitive Yoga for Healing Trauma is designed to befriend, reconnect with and feel empowered in your body. In a safe and predictable environment, you are invited to notice sensations, experiment with movement and breathing and practice making choices that may be right for you. The organizer of this meetup group is Geni Donnelly.	Yoga for Healing Trauma Meetup Group Frederick Maryland www.yogamour.org/trauma-sensitive-yoga/	
Fallston	Our groups empower those who have survived childhood sexual abuse and who want to become Survivors and thrivers using the 12 step and 12 traditions program Meets every Monday 7 PM Contact 410-893-3322	Survivors of Incest Anonymous Fallston Maryland www.siawso.org/Sys/PublicProfile/39285/7166	www.siawso.org
Hagerstown	Hotline 301-739-8975 24 Hour hotline Domestic violence program	CASA, Inc 116 West Baltimore Street Hagerstown	casa4@myactv.net

Rape crisis program
Legal services available
Support group domestic violence
Support group for incest survivors.

MD 21740
301-739-4990 Office
www.facebook.com/casawashco/?ref=page_internal

Havre de Grace

Advice Line 443-528-8698
Shattered Canvas is a non profit organization that provides education, support, awareness for survivors families and their friends and educational formats for businesses, organizations and the community at large. Classes are FREE some are one time classes and some are in a series. For more details and information about what we do call Joann Kerschner on 443-528-8698 or email at the addresses given.

Shattered Canvas
PO Box 1152
Havre de Grace
Harford County
MD 21178
Advice Line 443-528-8698.
info@shatteredcanvas.org
jkerschner@shatteredcanvas.org

Hollywood

Advocates are available at 3 local court houses to assist with filing for protection from abuse. We offer information and referrals to appropriate agencies and services Moderate income program Pro Bono legal program Please call for more details. We serve Hollywood, Leonardtown and Prince Frederick.

The Southern Maryland Center for Family Advocacy
23918 Mervell Dean Road
Hollywood
MD 20636
301-373-4141 Main office
www.smcfa.net
questions@smcfa.net

Huntingtown

Southern Maryland Adult Survivors of Child Abuse Meetup Group Adult (18+) survivors of childhood emotional, physical and or sexual abuse who are seeking to meet others with a similar background and to work on healing in a supportive environment. Meetings will follow the ASCA (Adult Survivors of Child Abuse) format. Meetings will be held once a month on the 3rd Thursday of each month. The organizer for this group is Lynne, you may contact Lynne via email or via the website listed.

Meetup Survivors Group
Huntingtown
MD 20639
www.ascasupport.org/index.php
nochaineddogs@comcast.net

Hyattsville

Releasing The Hurt To Heal Group Domestic Violence Awareness Month is in October, we are here to spread the awareness everyday. Stand Up! Speak Up! This group is for young ladies and women to share their stories of domestic violence, rape and any other form of abuse and start the healing process.

Releasing The Hurt To Heal Meetup Support Group
Hyattsville
Maryland
www.meetup.com/Releasing-The-Hurt-To-Heal-Meetup

Hyattsville

Empowered Survivor of Verbal Abuse and Bullying Group. This group is for people seeking

Group for Survivors of Verbal Abuse and Bullying
Hyattsville

spiritual growth, support, and learning new skills to heal from verbal abuse and bullying. We have guest speakers, learn about what verbal abuse looks like, learn new skills and practice techniques to empower us. We also do healing techniques including Energetic Healing, Art Therapy and healing exercises.
www.meetup.com/Empowered-Survivors-of-Verbal-Abuse-and-Bullying/

Maryland

Kensington

Women's Trauma Psychology Group
 In a safe, confidential and comfortable setting, learn to identify and manage triggers and the effects of trauma while learning healthy coping skills. 3-5 women members run by two trained facilitators.
 Meets every Monday 6.30 - 8.15PM
 Cost \$70 - \$80

Ms Debra Kay Matos
 Kensington
 MD 20895
 240-813-9663 Office

www.therapists.psychologytoday.com/rms/prof_detail.php?profid=51212&gid=13972

Laurel

Childrens Child Abuse Program
 We were established in 1849 to improve the condition of the poor. Today we focus on the prevention and treatment of child abuse. We offer TF and CBT therapy for 3 to 18 years olds and their families. Parent Child interaction therapy
 We also seek to help victims remove themselves from domestic violence. Sexual assault services for children and their families.

Family and Children's Services
 Patuxent Square
 9900 Washington Blvd
 Laurel
 MD 20723
 410-313-0220 Office
www.fcsmd.org/locations.html

www.fcsmd.org

Leonardtwn

Advocates are available at 3 local court houses to assist with filing for protection from abuse. We offer information and referrals to appropriate agencies and services
 Moderate income program
 Pro Bono legal program
 Please call for more details. We serve Hollywood, Leonardtown and Prince Frederick.

The Southern Maryland Center for Family Advocacy
 41605 Courthouse Drive
 Leonaardtwn
 MD 20650
 301-373-4141 Main office

www.smcfanetquestions@smcfanet

Montgomery Village

Women's Red String Sexual Harassment Support Meetup.
 This is a group for anyone who has or is currently dealing with sexual harassment in the workplace. While it is all over the news recently, it remains a cultural and political problem many are facing. This is a place to discuss and come up with real, authentic strategies to deal with this issue. The Red String

Women's Red String Sexual Harassment Support Meetup.
 Montgomery Village
 Marryland

is a metaphor for each persons
safe space.

www.meetup.com/Womens-Red-String-Sexual-Harassment-Support-Meetup

Oakland	Hotline 301-334-9000 Or 1-800-656-4673 Toll free Services for victims of domestic violence, sexual abuse and adults molested as children. 24 / 7 Emergency shelter Medical and legal advocacy Individual and group counseling Also serving Kitzmiller and Hoyes with an outreach office in Grantsville.	Dove Center Oakland MD 21550 301-334-6255 Office	www.gcdovecenter.org dovecenter@verizon.net
Parkville	Taking Back My Life Group This 12 week group shares a focus on past trauma, specifically sexual assault / abuse. Previous therapy to treat sexual abuse / assault is required. Small group limited to 4 Meets every Wednesday 6 - 7.15PM Cost \$60	Ms Cynthia Fenson Taylor Parkville MD 21234 410-449-4616 Office	www.therapists.psychologytoday.com/rms/name/Cynthia_Fenson_Taylor_MSW,LCSW-C_Parkville_Maryland_44364
Park Heights	Hotline 410-234-0023 Or 410-889-7884 (House of Ruth) Community services 410-466-9200 Russian and Farsi translation Individual counseling for women survivors of domestic abuse Support groups in the Pikeville area Professionally led 16 week groups Firstly for women only Mind body & spirit Mon 7 - 8.30PM Recovery through art Tues 7 - 8.30 Healing through expressive art meets Wednesday 7 - 8.30PM Building coping strategies meets Thursday 3 - 4.30 PM Redirecting your life MEN ONLY meets Monday 7 - 8.30PM For men and women Survivors in recovery first Sunday of month Healing through peer support meets Bi Weekly	Chana: Helpline and Network For abused Women Park Heights 410-234-0030 Office	www.chanabaltimore.org info@chanabaltimore.org
Prince Frederick	Hotline 410-535-1121 Or 301-855-1075 Safe shelter Advocacy and accompaiment FREE counseling for Incest, sexual abuse and domestic violence Support group domestic violence Call hotline for group details	Calvert County Health Dept Crisis Intervention Center PO Box 980 Prince Frederick MD 20678 410-535-5400 Office	www.calverthealth.org/personalhealth/crisisintervention/index.htm
Prince Frederick	Pathwork & Self Exploration Group This group is for anyone looking for a spiritual connection, improved personal relationships and a	Calvert Co Pathwork and Self Exploration Meetup Group Prince Frederick Maryland	

community of like minded people.
Pathwork (www.pathwork.org) deals with among other topics the healing of childhood trauma.
To join this group contact the organizer Janeil Stewart via the web site address on the right of our page

www.pathwork.org/about/the-pathwork-foundation/

Prince Frederick

Advocates are available at 3 local court houses to assist with filing for protection from abuse.
We offer information and referrals to appropriate agencies and services
Moderate income program
Pro Bono legal program
Please call for more details. We serve Hollywood, Leonardtown and Prince Frederick.

The Southern Maryland Center for Family Advocacy
175 Main Street
Prince Frederick
MD 20678
301-373-4141 Main office

www.smcfanet.net
questions@smcfanet.net

Rockville

Information 240-777-4195
this program is a comprehensive human services program to address domestic violence within our County.
Crisis services are FREE and fees for on going services are based on ability to pay.
Emergency shelter
Assistance through legal systems
Individual and group counseling

Abused Persons Program
1301 Piccard Drive
Rockville
MD 20850
240-777-4195 Information

www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCSAbusedPerson-p207.html

Rockville

Hotlines 240-777-4000
Or 240 777-4195
Our program offers crisis and on going counseling plus a crisis shelter for those fleeing domestic violence.

Family Justice Center
600 Jefferson Plaza
Suite 500
Rockville
MD 20852
240-773-0444 Office

www.montgomerycountymd.gov/fjc/

Rockville

Group Psychotherapy for Trauma Disorders
This group is for individuals who have been diagnosed with trauma or dissociative disorders and are looking for a process group to supplement individual treatment

Dr Stefanie Consolla
Rockville
MD 20852
301-525-5141 Office

www.drconsolla.com
drconsolla@gmail.com

Rockville

Advice 240-777-1355
Serving Montgomery County we offer information and support to victims of violence. Please visit our website for further details of our services or contact us by phone for local information.

Victim Assistance and Sexual Assault Program (VASAP)
1301 Piccard Drive
Suite 4100
Rockville
MD 20850
240-777-1355 Office

vasap@montgomerycountymd.gov

www.montgomerycountymd.gov/hhs-program/BHCS/VASAP/VASAPPubs.html

Rosedale

Women Survivor's of Trauma Group
In the survivor's of trauma group participants learn about healing, recovery and growth. Participants

Jennifer Walker Gerhart
Rosedale
MD 21237
443-442-1568 Office

aspirewellness@yahoo.com

learn to manage symptoms effectively, express anger in a healthy way and resolve guilt, grieve loss and prevent relapse
Meets Wednesday 9.30 - 10.30PM
Cost \$20 - \$40.

www.aspire-wellness.com/index.html

Salisbury

Hotline 410-749-4357
24 Hour hotline
Safe accommodation
Medical and legal advocacy
Individual and group counseling
Support groups serving those affected by domestic violence, rape sexual assault and for adults who were molested as children.

Life Crisis Center
PO Box 387
Salisbury
MD 21803
410-749-4357 Office / Hotline

www.lifecrisiscenter.org
info@lifecrisiscenter.org

Severna Park

Childrens Child Abuse Program
We were established in 1849 to improve the condition of the poor. Today we focus on the prevention and treatment of child abuse. We offer TF and CBT therapy for 3 to 18 years olds and their families. Parent Child interaction therapy
We also seek to help victims remove themselves from domestic violence. Sexual assault services for children and their families.

Family and Children's Services
815 Ritchie Highway
Suite 126
Severna Park
MD 21146
410-571-8341 Office

www.fcsmd.org

www.fcsmd.org/locations.html

Silver Spring

Contact No. 888-907-0899
The From Darkness to Light survivors Meetup group is continuing our women's 18-65 survivors only group. This interactive experience is led by 2 licenced therapists who are certified clinical trauma professionals. Our twelve week structured skills based group is tailored towards women who have experienced varying levels of trauma.

From Darkness to Light Meetup
Silver Spring
Maryland
888-907-0899 contact No.

www.rexcellencellc.com
FDTL@rexcellencellc.com

www.rexcellencellc.com/from-darkness-to-light.html

Silver Spring

Sexual Abuse Treatment Group
Overcome the trauma of sexual abuse or sexual assault in a group format. This group utilizes a very effective holistic approach to healing. Call for times and dates. Cost \$70

Vicki Allen
Silver Spring
MD 20904
301-979-7311 Office

www.therapists.psychologytoday.com/rms/name/Positive+Energy+Transformations+Silver+Spring+Maryland+86900

Silver Spring

Our groups empower those who have survived childhood sexual abuse and who want to become Survivors and thrivers using the 12 step and 12 traditions program
Meets Saturdays 11am
Contact Susan by email at Saturday_meeting@hotmail.com

Survivors of Incest Anonymous
Silver Spring
Maryland

www.siawso.org
saturday_meeting@hotmail.com

www.siawso.org/Sys/PublicProfile/39289/7166

Towson

Empowering Women in Abusive

Mrs Bernadette D Lavin

www.bernadettelavinlpc.com

Situations
This group empowers women to find the courage and determination to leave abusive relationships. Group runs twice a year Spring and in the Fall Cost \$30

Towson
MD 21204
410-375-8985 Office

detty_lavin@yahoo.com

Towson

24 Hour Hotline 443-279-0379
Emergency Shelter and Transitional Housing.
Community Education
Anti Sex Trafficking Program
Individual trauma therapy for adults and children
Domestic Violence and Sexual Assault group such as Adult Survivors / Domestic Violence
Teen Dating Violence / Parents of Child Survivors
Call main office on 410-377-8111 for more information about groups.

TurnAround, Inc (Main Office)
401 Washington Avenue
Suite 300
Towson
MD 21204
410-377-8111 Office
Offices also in Baltimore and Rosedale

www.turnaroundinc.org
info@turnaroundinc.org

Waldorf

Hotline 301-645-3336
Emergency shelter
Support for victims of domestic violence, sexual assault and adults molested as children.

Center for Abused Persons
2670 Crain Highway
Suite 303
Waldorf
MD 20601
301-645-8994 Office

www.facebook.com/Center-for-Abused-Persons-128718787181693/

Waldorf

Women Survivors of Childhood Sexual Abuse
If you are an adult woman who has been sexually abused as a child you may benefit from a group experience

Ms Debra C Foster
Waldorf
MD 20601
301-337-8767 Office

www.therapists.psychologytoday.com/rms/prof_detail.php?profid=84048&ref=1&sid=1510681227.7149_22085&city=Waldorf&county=Charles+County&state=MD&spec=8&tr=ResultsName

Westminster

Childrens Child Abuse Program
We were established in 1849 to improve the condition of the poor. Today we focus on the prevention and treatment of child abuse. We offer TF and CBT therapy for 3 to 18 years olds and their families. Parent Child interaction therapy
We also seek to help victims remove themselves from domestic violence. Sexual assault services for children and their families.

Family and Children's Services
22 North Court Street
Westminster
MD 21157
410-876-1233 Office
www.fcsmd.org/locations.html

www.fcsmd.org

Westminster

Hotline 410-857-7322
24 Hour hotline
Walk-in crisis intervention
Information and referrals

Rape Crisis Intervention
Services of Carroll County
224 North Center Street
Room #102

www.rapecrisiscc.org
info@rapecrisiscc.org

Individual and group counseling
Serving people aged 12 and above
regardless of length of time since
the assault happened.
Cost is a suggested donation is
\$7 per group therapy and \$15 per
individual sessions.

Westminster
MD 21157
410-857-0900 Office