

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
<b>NEWFOUNDLAND &amp; LABRADOR</b>			
<b>National Helpline</b>	<p>Hotline 1-800-4-A-CHILD                      Hotline 1-800-422-4453                      Crisis counselors available 24/7                      Founded in 1957 by Sara O'Meara and Yvonne Feddersen. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p>	<p>Childhelp                      Prevention and Treatment of Child Abuse</p>	<p><a href="http://www.childhelp.org">www.childhelp.org</a>  <a href="mailto:info@childhelp.org">info@childhelp.org</a>                      Email support form on the website</p>
<b>Carbonear</b>	<p>Hotline 709-596-8709                      Or 1-888-596-8709 Toll Free                      Supportive hotlines and shelter for those in need.</p>	<p>O'Shaughnessy House                      PO Box 497                      Carbonear                      Newfoundland &amp; Labrador                      A1Y 1B9                      709-596-8208 Office</p>	<p><a href="http://www.iriskirbyhouse.nf.net">www.iriskirbyhouse.nf.net</a></p>
<b>Carbonear</b>	<p>We are a voluntary, FREE and confidential service for victims of crime. Whether it's deciding to report an incident to the police, guidance through the court process or follow up support after sentencing, we can help you explore your options. We can provide you with the information, understanding and support you need.</p>	<p>Victim Services Program                      80 Powell Drive                      Carbonear                      Newfoundland &amp; Labrador                      A1Y 1A5                      709-945-3019 Office  <a href="http://www.victimserviceshelp.ca/index.html">www.victimserviceshelp.ca/index.html</a></p>	<p><a href="http://www.justice.gov.nl.ca/victimservices@gov.nl.ca">www.justice.gov.nl.ca/victimservices@gov.nl.ca</a></p>
<b>Clareville</b>	<p>We are a voluntary, FREE and confidential service for victims of crime. Whether it's deciding to report an incident to the police, guidance through the court process or follow up support after sentencing, we can help you explore your options. We can provide you with the information, understanding and support you need.</p>	<p>Victim Services Program                      97 Manitoba Drive                      Suite 101                      Clareville                      Newfoundland &amp; Labrador                      A5A 1K3                      709-466-1113 Office  <a href="http://www.victimserviceshelp.ca/index.html">www.victimserviceshelp.ca/index.html</a></p>	<p><a href="http://www.justice.gov.nl.ca/victimservices@gov.nl.ca">www.justice.gov.nl.ca/victimservices@gov.nl.ca</a></p>
<b>Corner Brook</b>	<p>Hotline 709-634-4198                      Or 1-866-634-4198                      24 hour crisis hotlines</p>	<p>Committee on Family Violence                      Transition House                      PO Box 152</p>	<p><a href="http://www.transitionhouse.ca">www.transitionhouse.ca</a></p>

We are a community-based organization independent of any political body. Our goal is to provide emergency refuge for women and children who need our support. call us for information & resources

Corner Brook  
Newfoundland & Labrador  
A2H 6C9  
709-634-4199 Office

**Corner Brook**

We participate in agency, activism and provide direct services for women. Crisis intervention  
Community education & outreach  
Short term supportive counselling  
Space for self help/therapy groups

Corner Brook Women's Centre  
PO Box 373  
2 Carmen Avenue  
Corner Brook  
Newfoundland & Labrador  
709-639-8522 Office

[info@cbwomenscentre.com](mailto:info@cbwomenscentre.com)

**Corner Brook**

From Survivor to Thriver Group  
A Self-Help Support group for Adult Survivors of Child Abuse. This group is for anyone aged 17 or older who self-identifies as an adult survivor of child abuse regardless of your story or where you are in the healing process. For more information, or to register (spaces are limited) call or email me. email: [asca-cb@outlook.com](mailto:asca-cb@outlook.com)  
Telephone 709-639-8522.

Self Help Support Group  
Corner Brook  
Newfoundland & Labrador  
709-639-8522 contact no.

[www.ascasupport.org/](http://www.ascasupport.org/)  
[asca-cb@outlook.com](mailto:asca-cb@outlook.com)

**Corner Brook**

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Victim Services Program  
PO Box 2006  
Corner Brook  
Newfoundland & Labrador  
A2H 6J8  
709-637-2614 Office

[www.justice.gov.nl.ca](http://www.justice.gov.nl.ca/victimservices@gov.nl.ca)  
[victimservices@gov.nl.ca](mailto:victimservices@gov.nl.ca)

[www.victimserviceshelp.ca/index.html](http://www.victimserviceshelp.ca/index.html)

**Gander**

Hotline 1-877-800-2272 Toll Free  
24 Hour crisis hotline  
We maintain a 13 bed shelter for women who have left an abusive relationship with or without children  
Safety planning  
Legal and court support  
Referrals, info and education  
Counselling available

Cara Transition House  
PO Box 305  
Gander  
Newfoundland & Labrador  
A1V 1W7  
709-256-7707 Office

[www.carahouse.com](http://www.carahouse.com)  
[administration@carahouse.com](mailto:administration@carahouse.com)

**Gander**

Hotline 1-866-442-4445 Toll Free  
Our mission is to promote peace, justice and equality for women and their families through support, education and advocacy.  
Support and referrals  
Space for self help support groups.

Gander Women's Centre  
61 Elizabeth Drive  
Gander  
Newfoundland & Labrador  
A1V 1G4  
709-256-4395 Office

[www.facebook.com/Gander-Womens-Centre-156609224546555/](http://www.facebook.com/Gander-Womens-Centre-156609224546555/)

**Gander**

We are a voluntary, FREE and confidential service for victims of crime. Whether it's deciding to report an incident to the police, guidance

Victim Services Program  
PO Box 2222  
Gander  
Newfoundland & Labrador

[www.justice.gov.nl.ca](http://www.justice.gov.nl.ca/victimservices@gov.nl.ca)  
[victimservices@gov.nl.ca](mailto:victimservices@gov.nl.ca)

through the court process or follow up support after sentencing, we can help you explore your options. We can provide you with the information, understanding and support you need.

A1V 2N9  
709-256-1028 Office  
[www.victimserviceshelp.ca/index.html](http://www.victimserviceshelp.ca/index.html)

**Grand Falls - Windsor**

We are a voluntary, FREE and confidential service for victims of crime. Whether it's deciding to report an incident to the police, guidance through the court process or follow up support after sentencing, we can help you explore your options. We can provide you with the information, understanding and support you need.

Victim Services Program  
Grand Falls - Windsor  
Newfoundland & Labrador  
A2A 1W9  
709-292-4544 Office  
[www.victimserviceshelp.ca/index.html](http://www.victimserviceshelp.ca/index.html)

[www.justice.gov.nl.ca/victimservices@gov.nl.ca](http://www.justice.gov.nl.ca/victimservices@gov.nl.ca)

**Happy Valley - Goose Bay**

Hotlines 709-896-3014 (voice/tdd)  
709-896-8251 Goose Bay  
1-877-896-3014 Toll Free  
24 Hour emergency hotlines  
At Libra House our mission is to provide a crisis shelter for women and their children affected by abuse.  
Local victim services  
Freindship centre

Libra House  
PO Box 449  
Station B  
Happy Vally - Goose Bay  
Newfoundland & Labrador  
A0P 1E0  
709-896-8022 Office  
[www.facebook.com/Libra-House-1541816576056908/](http://www.facebook.com/Libra-House-1541816576056908/)

[librahouse@nf.aibn.com](mailto:librahouse@nf.aibn.com)

**Happy Valley - Goose Bay**

We are an equality seeking feminist organization that links women by sharing ideas, resources skills and experience.  
Drop in service available 10 - noon and 1-3pm on Mondays - Fridays  
Support groups as required.

Mokami Status of Women  
PO Box 329  
Happy Valley - Goose Bay  
Newfoundland & Labrador  
A0P 1E0  
709-896-3484 Office

[www.mokamiwomen.ca/service@mokamiwomen.ca](http://www.mokamiwomen.ca/service@mokamiwomen.ca)

**Happy Valley - Goose Bay**

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Victim Services Program  
PO Box 3014  
Station B  
Happy Valley - Goose Bay  
Newfoundland & Labrador  
A0P 1E0  
709-896-0446 Office  
[www.victimserviceshelp.ca/index.html](http://www.victimserviceshelp.ca/index.html)

[www.justice.gov.nl.ca/victimservices@gov.nl.ca](http://www.justice.gov.nl.ca/victimservices@gov.nl.ca)

**Hopedale**

Hotline 709-933-3420  
Safe house currently closed for renovations. But our outreach services and hotline still operates.

Selma Onalik Safe House  
PO Box 70  
Hopedale  
Newfoundland & Labrador  
A0P 1G0  
709-933-3420 Office / Hotline  
[www.thanl.org/shelters/find-shelter/](http://www.thanl.org/shelters/find-shelter/)

**Labrador City**

Hotlines 709-944-6900  
Or 1-888-332-0000 Toll Free  
24 Hour crisis hotlines  
We provide confidential, safe emergency shelter to women with

Hope Haven  
Labrador City  
Newfoundland & Labrador  
A2V 2K1  
709-944-7124 Office

[hopehaven@crrstv.net](mailto:hopehaven@crrstv.net)

or without children who are victims of domestic violence or abuse.

Crisis intervention

Advocacy and legal referrals

Individual support and information

Outreach services

Support groups for women & youth

[www.thanl.org/shelters/find-shelter/](http://www.thanl.org/shelters/find-shelter/)

**Labrador City**

Our services are offered in a women friendly drop-in environment.

Individual and group counseling

Counseling for women in crisis

Mediation Services

Referrals to other agencies - legal social services and court systems

Space and support for self help groups.

The Labrador West Status of

Women Centre

PO Box 171

277 Humber Avenue

Labrador City

Newfoundland & Labrador

A2V 2K5

709-944-6562 Office

[lsw@crrstv.net](mailto:lsw@crrstv.net)

**Marystown**

Hotline 709-279-3562

Or 1-877-774-4957 Toll Free

We provide safe and secure haven for women and their children who are experiencing abuse. We inform the public about domestic violence and abuse.

Referrals to other support agencies

Counselling and support

Grace Sparks House

Marystown

Newfoundland & Labrador

A0E 2M0

709-279-3560 Office

[www.facebook.com/Grace-Sparkes-House-585249771557972/](https://www.facebook.com/Grace-Sparkes-House-585249771557972/)

**Marystown**

We are a voluntary, FREE and confidential service for victims of crime. Whether it's deciding to report an incident to the police, guidance through the court process or follow up support after sentencing, we can help you explore your options. We can provide you with the information, understanding and support you need.

Victim Services Program

PO Box 1182

Marystown

Newfoundland & Labrador

A0E 2M0

709-279-3216 Office

[www.victimserviceshelp.ca/index.html](http://www.victimserviceshelp.ca/index.html)

[www.justice.gov.nl.ca](http://www.justice.gov.nl.ca)

[victimservices@gov.nl.ca](mailto:victimservices@gov.nl.ca)

**Nain**

Hotline 709-922-1229

Or 1-866-922-1230 Toll Free

Supportive hotline and emergency shelter

Nain Transition House

PO Box 447

Nain

Newfoundland & Labrador

A0P 1L0

709-922-1230 Office

[www.thanl.org/shelters/find-shelter/](http://www.thanl.org/shelters/find-shelter/)

**Nain**

We are a voluntary, FREE and confidential service for victims of crime. Whether it's deciding to report an incident to the police, guidance through the court process or follow up support after sentencing, we can help you explore your options. We can provide you with the information, understanding and support you need.

Victim Services Program

PO Box 2006

Nain

Newfoundland & Labrador

A0P 1L0

709-922-2360 Office

[www.victimserviceshelp.ca/index.html](http://www.victimserviceshelp.ca/index.html)

[www.justice.gov.nl.ca](http://www.justice.gov.nl.ca)

[victimservices@gov.nl.ca](mailto:victimservices@gov.nl.ca)

**Natuashish**

Hotline 709-478-2390

Supportive and informative hotline

Natuashish Safe House

Natuashish

and emergency shelter  
Newfoundland & Labrador  
709-478-2390 Office / Hotline  
[www.thanl.org/shelters/find-shelter/](http://www.thanl.org/shelters/find-shelter/)

**Port aux Basques** We are an equality seeking feminist organization that links women by sharing ideas, resources, skills, experience and knowledge  
Gateway Status of Women  
PO Box 1359  
Port aux Basques  
Newfoundland & Labrador  
A0M 1C0  
709-695-7505 Office  
[www.facebook.com/Gateway-Status-of-Women-Council-718408351576650/](http://www.facebook.com/Gateway-Status-of-Women-Council-718408351576650/)

**Port Saunders** We are a voluntary, FREE and confidential service for victims of crime. Whether it's deciding to report an incident to the police, guidance through the court process or follow up support after sentencing, we can help you explore your options. We can provide you with the information, understanding and support you need.  
Victim Services Program  
PO Box 149  
Port Saunders  
Newfoundland & Labrador  
A0K 4H0  
709-861-2147 Office  
[www.victimserviceshelp.ca/index.html](http://www.victimserviceshelp.ca/index.html)  
[www.justice.gov.nl.ca/victimservices@gov.nl.ca](http://www.justice.gov.nl.ca/victimservices@gov.nl.ca)

**Rigolet** Hotline 709-947-3333  
Supportive crisis hotline and emergency shelter.  
Kirking House  
PO Box 59  
Rigolet  
Newfoundland & Labrador  
A0P 1P0  
709-947-3334 office  
[www.thanl.org/shelters/find-shelter/](http://www.thanl.org/shelters/find-shelter/)

**Sheshatshiu** Hotline 709-497-8869  
Supportive hotline and emergency safe shelter and information  
Nukum Munik Shelter  
Sheshatshiu  
Newfoundland & Labrador  
709-497-8868 Office  
[www.thanl.org/shelters/find-shelter/](http://www.thanl.org/shelters/find-shelter/)

**Stephenville** Our mission is to promote peace, justice and equality for women and their families through support, education and advocacy.  
Support and referrals  
Space for self help support groups  
Bay St. George Women's Centre  
PO Box 501  
54 St. Clare Avenue  
Stephenville  
Newfoundland & Labrador  
A2N 3B4  
709-643-4444 Office  
[www.bsgwomenscentre.com](http://www.bsgwomenscentre.com)  
[admin@bsgwomenscentre.com](mailto:admin@bsgwomenscentre.com)

**Stephenville** We are a voluntary, FREE and confidential service for victims of crime. Whether it's deciding to report an incident to the police, guidance through the court process or follow up support after sentencing, we can help you explore your options. We can provide you with the information, understanding and support you need.  
Victim Services Program  
35 Alabama Drive  
Stephenville  
Newfoundland & Labrador  
A2N 3K9  
709-643-6588 Office  
[www.victimserviceshelp.ca/index.html](http://www.victimserviceshelp.ca/index.html)  
[www.justice.gov.nl.ca/victimservices@gov.nl.ca](http://www.justice.gov.nl.ca/victimservices@gov.nl.ca)

**St John's** Emmanuel House offers a supportive environment where adults can live while they address their social & emotional challenges.  
Emmanuel House  
83 Cochrane Street  
St. John's  
Newfoundland & Labrador

	We help people work through their problems, develop skills to improve their lives and start to feel better.	A1C 3L7 709-754-2072 Office <a href="mailto:emmanuelhouse@stellascircle.ca">emmanuelhouse@stellascircle.ca</a>	
<b>St John's</b>	Hotlines 709-753-1492 Or 1-877-753-1492 Toll Free Being kind is more important than being right, many times what people need is not a brilliant mind that speaks but a special heart that listens. We aim to be a safe haven to women and children who have needed to flee their homes due to domestic violence. Emergency planning Outreach programs Weekly empowerment groups.	Iris Kirby House St. John's Newfoundland & Labrador A1E 1E2 709-722-8272 Office	<a href="http://www.iriskirbyhouse.nf.net">www.iriskirbyhouse.nf.net</a> <a href="mailto:gailtobin@iriskirbyhouse.nf.net">gailtobin@iriskirbyhouse.nf.net</a>
<b>St John's</b>	Hotline 709-579-8641 8 Bed emergency shelter for young women aged 16-30 who need a safe haven. We offer support and accompaniment to medical and legal appointments. Addictions counselling Life skills counselling	Naomi Centre St. John's Newfoundland & Labrador A1E 2S6 709-579-8641 Office / Hotline	<a href="mailto:naomi@stellascircle.ca">naomi@stellascircle.ca</a>
<b>St John's</b>	Hotlines 709-726-1411 Or 1-800-726-1743 24 Hour crisis hotlines We provide non-judgemental support and essential services to adults impacted by sexual violence. Accompaniment to hospitals, courts and the police station. Peer support and referrals Self help support groups	Newfoundland & Labrador Sexual Assault Crisis and Prevention Centre, Inc PO Box 1914 St. John's Newfoundland & Labrador A1C 5R4 709-747-7758 Office. <a href="mailto:coordinator@sexualassaultcentre.nf.net">coordinator@sexualassaultcentre.nf.net</a>	<a href="http://www.nlsacpc.com">www.nlsacpc.com</a> Main Website offline Sept 2018
<b>St John's</b>	Our mission is to promote peace, justice and equality for women and their families through support, education and advocacy. Support and referrals Space for self help support groups	St. John's Women's Centre 83 Millitary Road St. John's Newfoundland & Labrador A1C 2C8 709-753-0220 Office <a href="http://www.facebook.com/SJWomenscentre/">www.facebook.com/SJWomenscentre/</a>	<a href="http://www.sjwomenscentre.ca/">www.sjwomenscentre.ca/</a>
<b>St John's</b>	We are a voluntary, FREE and confidential service for victims of crime. Whether it's deciding to report an incident to the police, guidance through the court process or follow up support after sentencing, we can help you explore your options. We can provide you with the information, understanding and support you need.	Victim Services Program PO box 8700 St. John's Newfoundland & Labrador A1B 4J6 709-729-7970 Office <a href="http://www.victimserviceshelp.ca/index.html">www.victimserviceshelp.ca/index.html</a>	<a href="http://www.justice.gov.nl.ca">www.justice.gov.nl.ca</a> <a href="mailto:victimservices@gov.nl.ca">victimservices@gov.nl.ca</a>