# National Association of Adult Survivors of Child Abuse www.NAASCA.org

Note: Please send corrections, additions and updates to: maudnmildred@hotmail.com

### AREA COVERED SERVICES INCLUDED

#### **GROUP OR ORGANIZATION**

WEB ADDRESS / EMAIL ADDRESS

**NORTHERN IRELAND** 

Nationwide Helpline 0808-802-1414

> For men and women experiencing domestic abuse and sexual violence

in Northern Ireland.

24Hour Domestic & Sexual

Violence Helpline 028-9024-9041 Office info@womensaidni.org

www.womensaidni.org

Nationwide Helpline 0845-260-4460

help@brokenrainbow.org.uk

Helpline Mon & Thurs 10am - 8pm Tues and Wed 10am - 5pm We are a LGBT domestic violence service. We offer advice, support and referrals to LGBT who are or have experienced domestic violence.

Broken Rainbow UK

Nationwide

08452-605-560 Office

mail@brokenrainbow.org.uk

**Nationwide** 

Helpline 0808-800-5000

As part of our fight for every child's childhood, we work directly with children and families in our Service Centres across Northern Ireland and give support to thousands of adults and young people in need through the NSPCC **NSPCC** 

Northern Ireland

www.nspcc.org.uk/about-us/what-we-do/northern-ireland/

Helpline

www.nspcc.org.uk/keeping-children-safe/our-services/nspcc-helpline/

**Nationwide** 

CASS Women's Self Injury Helpline Self Injury Support - Women 0808-800-8088 Tues & Weds 7pm to 10pm, Thurs 3pm to 6pm TESS support for young women up BS2 2EF to age 24. 07800-472-908 open Sunday to Friday 7pm to 9pm.

Self Injury Support is a national UKwide organization that supports girls and women in emotional distress. We particularly help those that harm themselves, often called self injury. We run CASS self injury helpline and TESS text and email support. We produce info and publications about self injury. We provide information about many self Injury support groups across the UK. Please see website for a nationwide self injury support group list of locations.

PO Box 3240 Bristol

01179-279-600 Office

www.selfinjurysupport.org.uk info@selfinjurysupport.org.uk

Email support form on website.

**Nationwide** 

Helpline 02890-507-000 office hours Child Protection Unit All other times 028-9504-9999 If you are concerned about the

safety of a child or young person, Please do not hesitate to call

our helplines.

**Gateway Services** 110 Saintfield Road

Belfast BT8 6HD

02890-507-000 Office / Helpline

#### **Nationwide**

We offer counselling and support to survivors of sexual abuse and sexual violence, including those who have experienced rape and sexual assault. Counselling is available to anyone over the age of 16. We offer counselling in 25 centres across Northern Ireland including Belfast, Derry/Londonderry, Portadown and Enniskillen.

NEXUS Rape and Sexual Abuse Support

Northern Ireland

02890-326-803 Belfast Office

www.nexusni.org Belfast@nexusni.org

### **Nationwide**

## Helpline 0800-096-3315 Freephone Towards Healing TTY Helpline 0858-022-859

See website for helpline hours Towards Healing is a FREE and confidential support service for survivors of clerical and religious abuse and is funded by the Catholic Church.

Healing meetings Practical workshops Group theraphy

Face to face individual counselling Couple and family therapy.

Northern Ireland 0800-096-3315 Office / support www.towardshealing.ie info@towardshealing.ie

#### **Antrim**

## Helpline 0808-802-1414

24 Hour DV and SA helpline Text Support 07797-805-839

Refuge for women fleeing domestic violence. The address is not published for safety reasons. Resettlement and follow up support Dedicated services for children and young people

Antrim Women's Aid 0808-802-1414 Office / Helpline

www.womens-aid.org.uk 24hrsupport@dvhelpline.org

www.womensaidni.org/get-help/local-groups/

www.facebook.com/womensaidabcln

admin@womensaidabcln.org

The Rowan - Sexual Assault

02894-424-340 office

therowan@northerntrust.hscni.net

Referral Centre

Antrim Hospital

Antrim BT41 2RL

### **Antrim**

### Helpline 0800-389-4424 Freephone

24 /7 Referral call number Mobile call may be charged We provide a range of services for people who have been raped or sexually assaulted. Our services are available to men, women, children and young people. We will support you whether the incident took place recently or years ago and whether or not you decide to report to the police or not.

**Emergency contraception** 

Forensic medical examination by a specially trained doctor.

Support to engage with the police.

Referrals to counselling Assessment of / treatment for Sexually Transmitted Infections

www.facebook.com/The-Rowan-Sexual-Assault-Referral-Centre-422737654586319/

Ards

### Helpline 0800-917-1414

including PEP for HIV.

24 Hour helpline Floating support service available Refuge for women fleeing domestic North Down And Ards Women's

Aid Ards

028-9127-3196 Office

violence. The address is not published for safety reasons. Resettlement and follow up support Dedicated services for children and young people

www.womensaidni.org/get-help/local-groups/ info@ndawomensaid.org

**Ballymena** 

Helpline 0808-802-1414

24 Hour DV and SA helpline Text Support 07797-805-839

Refuge for women fleeing domestic violence. The address is not published for safety reasons. Resettlement and follow up support Dedicated services for children and young people

Ballymena Women's Aid www.womens-aid.org.uk 028-2563-2136 Office 24hrsupport@dvhelpline.org

www.womensaidni.org/get-help/local-groups/

**Bangor** 

Helpline 0800-917-1414

24 Hour helpline

Floating support service available Refuge for women fleeing domestic

violence. The address is not published for safety reasons. Resettlement and follow up support Dedicated services for children and

young people

Please Call for more details

www.facebook.com/NDAWomensaid/

**Belfast** 

Helpline 08088-021-234

North Down And Ards Women's

Aid Bangor

02891-273-196 Office / Refuge

www.womensaidni.org/get-help/local-groups/

info@ndawomensaid.org

FREE confidential information and support for under 25's who may find themselves in an abusive situation. We have a chat line service where you may also find support.

**BROOK** 

9-13 Waring Street Belfast BT1 2DX 02890-328-866 Office

**Belfast** 

Helpline 02890-507-000 office hours Child Protection Unit

All other times 028-9504-9999 If you are concerned about the safety of a child or young person, Please do not hesitate to call

our helplines.

**Gateway Services** 110 Saintfield Road Belfast BT8 6HD

02890-507-000 Office / Helpline

**Belfast** 

Helpline 02890-666-049

Helpline Mon to Fri 9am - 5.30pm Refuge for women fleeing domestic violence. The address is not published for safety reasons. Resettlement and follow up support Dedicated services for children and young people

Deerpark Refuge

**Belfast** 

02890-666-049 Office/Referrals

www.womensaidni.org/get-help/local-groups/ www.facebook.com/belfastwomensaid admin@belfastwomensaid.org.uk

**Belfast** 

We offer counselling and support to survivors of sexual abuse and sexual violence, including those who have experienced rape and sexual assault. Counselling is available to anyone over the age of 16. We offer counselling in 25 centres across Northern Ireland including Belfast, Derry/Londonderry, Portadown and Enniskillen.

NEXUS Rape and Sexual Abuse

Support Belfast

02890-326-803 Office

www.nexusni.org info@nexusni.org

www.brook.org.uk

**Belfast** Helpline 0800-0246-991

> We provide FREE confidential counselling, advice and advocacy services to survivors of sexual violence and abuse and those that

support them.

Rape Crisis & Sexual Abuse

Centre (RC&SAC) 29 Lower Donegall Street

Belfast BT1 2FG

emailsupport@rapecrisisni.org.uk

**Belfast** Helpline 0808-802-1414

24 Hour helpline

Refuge for women fleeing domestic violence. The address is not published for safety reasons. Resettlement and follow up support Dedicated services for children and

young people

South & East Trust - Ulsterville

Relfast

028-9066-6049 Office

www.womensaidni.org/get-help/local-groups/

Carrickfergus

Helpline 0808-802-1414

24 Hour DV and SA helpline Text Support 07797-805-839

Refuge for women fleeing domestic violence. The address is not published for safety reasons. Resettlement and follow up support Dedicated services for children and

young people

Carrickfergus Women's Aid 028-2563-2136 Office

www.womens-aid.org.uk 24hrsupport@dvhelpline.org

www.brook.org.uk

www.rapecrisisni.org.uk/

www.womensaidni.org/get-help/local-groups/

Coleraine

Helpline 08088-021-234

FREE confidential information and support for under 25's who may find themselves in an abusive situation. We have a chat line service 02870-342-178 Office. where you may also find support.

**BROOK** 20B Abbey Street

Coleraine **BT52 1DU** 

Cookstown

Help & Advice 02886-769-300

Mon to Fri 9am - 5pm

Refuge for women fleeing domestic violence. The address is not published for safety reasons.

Resettlement and follow up support Dedicated services for children and

young people

Cookstown & Dungannon

Women's Aid Cookstown

02886-769-300 Office / Advice

www.womensaidni.org/get-help/local-groups/

www.midulsterwomensaid.org.uk/ admin@midulsterwomensaid.org.uk

**County Antrim** 

Advice Line 02870-356-573

Mon to Fri 9am - 1pm & 2pm - 5pm

Refuge 02870-358-999

Refuge for women fleeing domestic violence. The address is not published for safety reasons. Resettlement and follow up support Dedicated services for children and young people

Causeway Women's Aid

County Antrim

02870-356-573 Office / Advice

www.womensaidni.org/get-help/local-groups/

**County Down** 

Helpline 0808-802-1414

Helpline Mon to Fri 9am - 5.30pm Refuge for women fleeing domestic violence. The address is not published for safety reasons. Resettlement and follow up support Dedicated services for children and young people

Down and Lisburn Refuge 028-9127-3196 Office

www.womensaidni.org/get-help/local-groups/

Derry / Helpline 0808-802-1414

Foyle Women's Aid

#### Londonderry

24 Hour helpline

Refuge 02871-344-499

Refuge for women fleeing domestic violence. The address is not published for safety reasons. Floating support and outreach Dedicated services for children and

young people

Please call for more details

Derry / Londonderry 028-7141-6800 Office

www.womensaidni.org/get-help/local-groups/ www.facebook.com/foylewomensaid

info@foylewomensaid.org

## Derry/ Londonderry

We offer counselling and support to survivors of sexual abuse and sexual violence, including those who have experienced rape and sexual assault. Counselling is available to anyone over the age of 16. We offer counselling in 25 centres across Northern Ireland including Belfast, Derry/Londonderry, Portadown and Enniskillen.

NEXUS Rape and Sexual Abuse

Support
Derry/Londonderry
02871-260-566 Office

www.nexusni.org
Derry@nexusni.org

### Dungannon

#### Help & Advice 02886-769-300

Mon to Fri 9am - 5pm Refuge for women fleeing domestic violence. The address is not published for safety reasons. Resettlement and follow up support Dedicated services for children and Cookstown & Dungannon

Women's Aid Dungannon

02886-769-300 Office / Advice

www.womensaidni.org/get-help/local-groups/admin@midulsterwomensaid.org.uk

young people

## **Enniskillen**

We offer counselling and support to survivors of sexual abuse and sexual violence, including those who have experienced rape and sexual assault. Counselling is available to anyone over the age of 16. We offer counselling in 25 centres across Northern Ireland including Belfast, Derry/Londonderry, Portadown and Enniskillen.

NEXUS Rape and Sexual Abuse

Support Enniskillen

028-9032-6803 Main Office

www.nexusni.org

### Fermanagh

### Helpline 02866-328-898

Mon to Thurs 9am - 5.30pm And Fridays 9am - 4pm Refuge for women fleeing domestic violence. The address is not published for safety reasons. Floating support and Outreach Resettlement and follow up support Dedicated services for children and Fermanagh Women's Aid

Fermanagh

02866-328-898 Office / Helpline

womensaidfermanagh@btopenworld.com www.womensaidni.org/get-help/local-groups/

Larne

# Helpline 0808-802-1414

young people

24 Hour DV and SA helpline **Text Support 07797-805-839**Refuge for women fleeing dome

Refuge for women fleeing domestic violence. The address is not published for safety reasons.
Resettlement and follow up support Dedicated services for children and young people

Larne Women's Aid 028-2563-2136 Office

www.womens-aid.org.uk
24hrsupport@dvhelpline.org

www.womensaidni.org/get-help/local-groups/ womensaidareaoffice@btconnect.com Limavady

Helpline 0800-917-1414

24 Hour helpline

Refuge 02871-344-499

Refuge for women fleeing domestic violence. The address is not published for safety reasons. Floating support and outreach Dedicated services for children and

young people

Please call for more details

Foyle Women's Aid

Limavady

028-7141-6800 Office

www.womensaidni.org/get-help/local-groups/

info@foylewomensaid.org

Lisburn Helpline 02890-666-049

Helpline Mon to Fri 9am - 5.30pm Refuge for women fleeing domestic violence. The address is not published for safety reasons. Resettlement and follow up support Dedicated services for children and Down and Lisburn Refuge 02890-666-049 Office/Referrals

www.womensaidni.org/get-help/local-groups/ www.facebook.com/belfastwomensaid admin@belfastwomensaid.org.uk

young people

Christian Healing Ministry offering personal prayer ministry on FREE Healing Retreats and also as part

of various teaching courses. suitable for those suffering the trauma of past abuse and desiring

help with the subsequent dysfunction in their life.

Ellel Ministries <u>www.ellel.org</u>

35 Beanstown Road

Ellel Ireland

Lisburn

Co. Antrim BT28 2QS 02892-607-162 Office / Advice northern.ireland@ellelministries.org

Mourne

Lisburn

Helpline 0800-917-1414

24 Hour helpline

24 Hour Refuge 02830-267-174

Floating support and outreach
Refuge for women fleeing domestic
violence. The address is not
published for safety reasons.
Resettlement and follow up support
Dedicated services for children and
young people

Women's Aid Mourne 028-3025-0765 Office

www.womensaidni.org/get-help/local-groups/admin@womensaidaramghdown.org

Newry Helpline 0800-917-1414

24 Hour helpline

24 Hour Refuge 02830-267-174

Floating support and outreach
Refuge for women fleeing domestic
violence. The address is not
published for safety reasons.
Resettlement and follow up support
Dedicated services for children and
young people

Women's Aid Newry

02830-250-765 Office/ Outreach

www.womensaidni.org/get-help/local-groups/ www.facebook.com/womensaidarmaghdown/ admin@womensaidarmaghdown.org

Newtownabbey

Helpline 0808-802-1414

24 Hour DV and SA helpline

Text Support 07797-805-839

Refuge for women fleeing domestic violence. The address is not published for safety reasons.
Resettlement and follow up support Dedicated services for children and young people

Newtownabbey Women's Aid 028-2563-2136 Office

www.womens-aid.org.uk 24hrsupport@dvhelpline.org

www.womensaidni.org/get-help/local-groups/ womensaidareaoffice@btconnect.com

Omagh Helpline 02882-241-414

Omagh Women's Aid

Helpline Mon to Fri, 9am - 5pm Floating support and outreach Refuge for women fleeing domestic violence. The address is not published for safety reasons. Resettlement and follow up support Dedicated services for children and young people

Please call for more details

02882-241-414 Office / Helpline

www.womensaidni.org/get-help/local-groups/ info@omaghwomensaid.org

**Portadown** 

We offer counselling and support to survivors of sexual abuse and sexual violence, including those who have experienced rape and sexual assault. Counselling is available to anyone over the age of 16. We offer counselling in 25 centres across Northern Ireland including Belfast, Derry/Londonderry, Portadown and Enniskillen.

NEXUS Rape and Sexual Abuse

Support Portadown

028-9032-6803 Main Office

www.nexusni.org info@nexusni.org

Richhill

Co. Armagh

The Alliance was formed in 1999 as a direct result of the promise by the Government of Ireland to help support those who, as children were abused in state run organisations. We now cover the whole of Ireland and can offer FREE counselling and

The Alliance Victim Support Grp 30 Castle Gardens

Richhill Co. Armagh BT6 9QL 028-9027-9100 Office

www.victimsservice.org/vss support group/county-armagh-phoenix/

info@alliancesupport.org

South Armagh

Helpline 0808-802-1414

educational services.

24 Hour helpline

24 Hour Refuge 02830-267-174

Floating support and outreach Refuge for women fleeing domestic violence. The address is not published for safety reasons. Resettlement and follow up support Dedicated services for children and young people

Women's Aid South Armagh 028-3839-7979 Office

www.womensaidni.org/get-help/local-groups/ admin@womensaidarmaghdown.org

**South Down** 

Helpline 0800-917-1414

24 Hour helpline

24 Hour Refuge 02830-267-174

Floating support and outreach Refuge for women fleeing domestic violence. The address is not published for safety reasons. Resettlement and follow up support Dedicated services for children and young people

Women's Aid South Down 02830-250-765 Office/ Outreach

www.womensaidni.org/get-help/local-groups/ admin@womensaidarmaghdown.org

Strabane

Helpline 0800-917-1414

24 Hour helpline

Refuge 02871-344-499

Refuge for women fleeing domestic violence. The address is not published for safety reasons. Floating support and outreach Dedicated services for children and young people

Foyle Women's Aid

Strabane

028-7141-6800 Office

www.womensaidni.org/get-help/local-groups/ info@foylewomensaid.org