

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
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NOVA SCOTIA

National Helpline	<p>Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p>	<p>Childhelp Prevention and Treatment of Child Abuse</p>	<p>www.childhelp.org info@childhelp.org Email support form on the website</p>
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Amherst	<p>We offer services to women who have been abused by an intimate partner Shelter for women and children Accompaniment to the courts Counselling and advocacy services whether or not you use the shelter. Support groups available</p>	<p>Autumn House PO Box 1141 Amhurst Nova Scotia B4H 4L2 902-667-1344 Office. www.thans.ca/shelters/autumn-house-amherst/</p>	<p>www.thans.ca info@autumnhouse.ca</p>
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Antigonish	<p>We offer women and adolescent girls a range of services and programs including: Crisis intervention Short term & ongoing support Advocacy & court accompaniment Referrals to other agencies Sexual assault nurse examiners Support groups for survivors of sexual trauma.</p>	<p>Antigonish Women's Resource Centre & Sexual Assault Service Association. 204 Kirk Place 219 Main Street Antigonish Nova Scotia B2G 2C1 902-863-6221 Office www.facebook.com/awrcsasa/?rf=515435081991784</p>	
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Antigonish	<p>At Naomi we know that violence has an effect on those who live with it. We offer counselling for women and children. Information on legal matters Accompaniment to court 2nd stage housing for women and children who have left an abusive relationship. Outreach services in Sherbrooke, Canso and Guysborough.</p>	<p>Naomi Society for Victims of Family Violence. Unit 2-133 Church Street Antigonish Nova Scotia B2G 2E3 902-863-3807 Office 902-863-6008 FAX</p>	<p>www.naomisociety.ca michelle@naomisociety.ca</p>
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Bridgewater	<p>Hotline 902-543-3999</p>	<p>Harbour House</p>	<p>www.thans.ca</p>
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Or 1-888-543-3999
24 Hour crisis hotlines
Our outreach services provides
Emergency shelter
Supportive counselling
A confidential safe space for groups
Advocacy
Support groups for domestic abuse

Bridgewater
Nova Scotia B4V 2W9
902-543-3665 Office
edharbourhouse@ns.aliantzinc.ca
www.thans.ca/shelters/harbour-house-bridgewater/

Halifax We provide services for those affected by sexual violence, with primary emphasis on support, education, counselling and advocacy for women. Sexual Assault Nurse Examinors Community & legal education Counselling individual & groups Support groups may be available

Avalon Sexual Assault Centre www.avaloncentre.ca
1526 Dresden Row
4th floor
Halifax
Nova Scotia B3J 3K3
902-422-4240 Office
sanecoordinator@avaloncentre.ca

Halifax Hotline 902-422-7650
Collect calls accepted
We provide a safe shelter and support services for women and families impacted by intimate partner violence and abuse. No women in urgent need is ever turned away.

Bryony House www.bryonyhouse.ca
info@bryonyhouse.ca
Halifax
Nova Scotia B3K 3E6
902-429-9002 Office

Halifax Trauma & PTSD Psychologist
I intergrate various forms of therapy catered to the individual client's issues and needs. I have worked in a variety of settings, I was part time faculty member at St Mary's Uni from 2004-2010 and Chair of the APNS Post Trauma Services committee from 2005-2008. I specialize in helping adult children of achoholics and those affected by trauma or PTSD. Average cost \$100-\$180 Per session

Ms Andrea Cook www.waldegrovepsych.com
contact@waldegrovepsych.com
Halifax
Nova Scotia B3J 1K1
902-406-9404 Office

Kentville Hotlines 902-679-1922
Or 1-800-264-8682
We are a grassroots non profit organization that provides shelter, support, advocacy , counselling and outreach services for abused women and their children. Support group available

Chrysalis House chrysalis@ns.sympatico.ca
PO Box 356
Kentville
Nova Scotia B4N 3X1
902-679-6544 Office
www.thans.ca/shelters/chrysalis-house-kentville/

New Glasgow Hotline 902-755-4647
We are a non profit, community based resource centre that provides support, advocacy, information, programs and community education. We can provide a safe space for self help groups.

Pictou County Women's Centre www.womenscentre.ca
pcwc@womenscentre.ca
503-Frederick Street
New Glasgow
Nova Scotia B2H 3P3
902-755-4647 Office / Hotline

New Glasgow Hotlines 902-752-0132

Tearmann House www.thans.ca

Or 1-888-831-0330
We offer women in physically,
emotionally or sexually abusive
relationships safe shelter
Advocacy and referrals
Legal help and referrals
Supportive counselling
Support groups available

PO Box 153
New Glasgow
Nova Scotia B2H 5E2
902-928-0774 Office
902-752-1633 Shelter
www.thans.ca/shelters/tearmann-house-new-glasgow/
tearmann@ns.sympatico.ca

Port Hawkesbury Hotlines 902-625-2444
Or 1-800-565-3390
24 Hour crisis hotlines
Our outreach program reaches out
to abused women in the community.
this program offers information,
referrals and advocacy along with
supportive counselling and support
groups.

Leeside Transition House
PO Box 6913
Port Hawkesbury
Nova Scotia B9A 2W2
902-625-1990 Office
www.thans.ca/shelters/leeside-house-port-hawkesbury/
www.thans.ca
leesidedir@eastlink.ca

Sydney Hotlines 902-539-2945
Or 1-800-563-2945
We offer support and shelter to
women and children who are
emotionally, physically or sexually
abused. We offer court support,
and outreach support groups for
women in the community who have
left an abusive relationship.

Cape Breton Transition House
PO Box 487
Sydney
Nova Scotia B1P 6H4
902-562-4190 Office
www.transitionhousefoundation.com
thfoundation@ns.aliantzinc.ca
www.thans.ca/shelters/cape-breton-transition-house-sydney/

Truro Hotline 902-892-4366
Supportive and informative hotline

Colchester Sexual Assault Ctr
Truro
Nova Scotia
902-897-4366 Office / Hotline
www.facebook.com/pg/colchestersac/about/

Truro Hotlines 902-893-8483
Or 1-800-565-4741
We operate 24 hours 7 days a week
protection, safety, shelter and basic
necessities to women and children
in need.
Individual and group counselling
for men, women and children.

Mi'kmaw Family Healing Centre
Millbrook First Nation
PO Box 665
Truro
Nova Scotia B2N 5E5
902-893-8483 Office / Hotline
www.thans.ca
walkerbc@gov.ns.ca
www.thans.ca/get-help/find-a-shelter/millbrook-family-healing-centre/

Truro Hotlines 902-893-3232
Or 1-800-565-4878
24 Hour crisis hotlines
Our shelter can house 15 women
and children. We provide a range
of services including:
Accompaniment to court
Individual supportive counselling
Group support & support groups.

Third Place Transition House
PO Box 1681
Truro
Nova Scotia B2N 5Z5
902-893-4844 Office
victimsassociation@ns.aliantzinc.ca
www.thans.ca/shelters/third-place-truro/
www.thans.ca

Wellington Trauma and PTSD Therapy
My various trainings in relationship
therapy, modern psychoanalysis
and in the treatment of dissociative
disorders have provided me with the

Judith Singer Bates
Wellington
Nova Scotia B2T 1A3
902-860-3861 Office
www.judithbatestherapist.ca/

skills necessary to work with clients who present with a variety of disorders. Sliding scale available
Average cost \$80-\$130 per session

Whycocomagh

Hotlines 902-756-3440
Or 1-800-565-3440 Toll Free
We operate 24 hours 7 days a week protection, safety, shelter and basic necessities to women and children in need.
Individual and group counselling for men, women and children.
www.thans.ca/get-help/find-a-shelter/mikmaw-family-healing-centre/

Mi'kmaw Family Healing Centre
Waycobah First Nation
PO Box 310
Whycocomagh
Nova Scotia B0E 3M0
902-756-3440 Office / Hotline

www.thans.ca
poiriebm@gov.ns.ca

Yarmouth

Hotlines 902-742-8689
1-800-266-4087 Toll Free
Juniper House is in South West Nova Scotia and we offer a secure safe house. Plus Help with the legal system, supportive counselling and support groups for domestic abuse.

Juniper House
PO Box 842
Yarmouth
Nova Scotia B5A 4K5
902-742-4473 Office
902-245-4789 Outreach Office

www.juniperhouse.ca
juniperhouse@eastlink.ca

www.thans.ca/shelters/juniper-house-yarmouth-shelburne/