

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
REPUBLIC OF IRELAND			
Nationwide	<p>Child Abuse Concerns 01676-7960 Helpline Mon - Fri 9am - 5pm Helpline for parents and members of the public who may be concerned about the welfare of a child</p> <p>Missing Child Helpline 116-000 24 hour helpline for missing children.</p>	Irish Society for the Prevention of Cruelty to Children Nationwide	www.ispcc.ie ispcc@ispcc.ie
Nationwide	<p>Helpline 1800-778-888 24 hours We were established in 1979 as a national organisation offering a wide range of services to men and women who are affected by rape, sexual assault, sexual harassment or childhood sexual abuse. One to one counselling Group counselling for Women Group counselling for men counselling@rcc.ie Accompaniment to (SATU) (Sexual Assault Treatment Unit) Court accompaniment Advice & support for family - friends.</p>	The Dublin Rape Crisis Centre Nationwide 3531-661-4911 Office	www.drcc.ie rcc@indigo.ie
Nationwide	<p>Helpline 1800-341-900 Helpline open 10am - 10pm 7 Days Helpline closed on Christmas Day We have been working to stop domestic violence in Ireland since 1974. Call our helpline if you need help, advice or information.</p>	Women's Aid Ireland Nationwide 1800-341-900 Office / Helpline www.womensaid.ie/services/local.html	www.womensaid.ie info@womensaid.ie
Athlone	<p>Helpline 1800-306-600 We provide a FREE professional counselling service to males and females who have experienced rape, sexual abuse or any form of sexual abuse. Face to face counselling - this could be crisis counselling, short term counselling and long term psycho - therapy. Court accompaniment Outreach services by appointment in Lonford and Mullingar.</p>	Athlone (Midland) Rape Crisis Centre Suites 5 & 6 Townhouse Centre St Mary's Square Athlone County Westmeath 09064-73862 Office	www.amrcc.ie amrcc@eircom.net
Boyle	<p>Helpline 07196-64200 We are a non profit organisation that offers information, support and counselling to women who have</p>	Roscommon SAFE Link Boyle County Roscommon 07196-64200 Office / Helpline	www.roscommonsafelink.com/

experienced domestic violence or abusive situations.
Immediate crisis response
Advocacy and accompaniment to Gardai, legal Aid, social services.
Individual and group support and counselling both in house and through our outreach clinics
Ongoing individual and group therapy for women recovering from violent relationships.

Bray	Helpline 01286-6163 24 Hours We are a voluntary organisation established in 1978 to work towards combating the social effects of domestic violence by providing support and relevant information for women regardless of whether they are a resident in our refuge or not. Emergency accomodation Social welfare support service Paralegal assistance Court accompaniment Medical support and referral Outreach service to community Drop-in service - FREE info and help Support groups available, please call for more details.	Bray Women's Refuge Bray County Wicklow 08680-36595 Office / Outreach www.womensaid.ie/services/local.html www.braywomensrefuge.com/	bwr@eircom.net
Carlow	Helpline 1800-727-737 We offer FREE and confidential in a safe environment to survivors of sexual violence and abuse. Counselling and support Advocacy and a trained person to accompany you to Gardai, the court or to the doctor or a (SATU) (Sexual Assault Treatment Unit)	Carlow & South Leinster Rape Crisis Centre 72 Tullow Street Carlow 05991-33344 Office	www.carlowrapecrisis.ie info@carlowrapecrisis.ie
Carlow	Helpline 1800-444-944 We are a voluntary organisation providing support and information for adult women expreiencing domestic violence who who have experienced it in the past. One to one support by appointment Drop-in service, call for details Court advocacy and accompaniment Counselling available Outreach - meeting to take place on a mutually agreed safe space basis.	Carlow Women's Aid Carlow County Carlow 05991-73552/3 Office / Drop-in www.womensaid.ie/services/local.html www.womensaid.ie/services/local/carlow/	info@carlowwomensaid.ie
Castlebar	Helpline 09490-25409 Emergency accomodation for women and their children who are experiencing domestic violence Transitional supported housing Resettlement support Support and services for children	Mayo Women's Support Services Castlebar County Mayo 09490-25409 Office / Helpline www.mayowomenssupportservices.com	mwss@eircom.net

Counselling (referral service)
Court accompaniment
Outreach services in County Mayo
Support groups available, please
call helpline for more details

Clonmel

Helpline 1800-340-340
Our counselling service is FREE
and confidential to any survivor of
rape and child sexual abuse male
or female, or to anyone affected by
any form of sexual violence.
Long or short term counselling
Outreach offices in Carrick on Suir
and Cashel and by appointment
only in Thurles and Tipperary Town.

Tipperary Rape Crisis and
Counselling Centre
20 Mary Street
Clonmel
County Tipperary
1800-340-340 Office / Helpline
www.tipperaryrapecrisisandcounsellingcentre.com

trcc@eircom.net

Cork

One to one support and counselling
service for women who are affected
by and experiencing domestic abuse

Cork Domestic Violence Project
Cork
02142-7756-78 Office

www.oss cork.ie/

Cork

Helpline 02142-776-98 24 Hours
Since March 1977 we have been
supporting families affected by
domestic violence. Our refuge
consists of 6 self contained family
units with an aim to provide a safe
environment for those fleeing their
homes due to violence and abuse.
The Refuge is a 24 Hour facility
Children's services and play therapy
Emotional and practical support
Court and other accompaniments
Advocacy and outreach services
Women's support groups, please
call for more details.

Cuanlee Refuge
Kyrils Quay
Cork
02142-77698 Office / Refuge

www.cuanleerefuge.org/
cuanleerefuge@hotmail.com

Cork

Helpline 02142-74240 Refuge
We are a residential centre for girls,
women and children who are home-
less due to domestic violence/abuse.
Emergency refuge accomodation
Medium term accomodation

Edel House
Cork
02142-74240 Office / Refuge
www.womensaid.ie/services/local.html
www.womensaid.ie/services/local/cork/

edelhouse@gsscork.ie

Cork

Helpline 1800-496-496 24 Hours
For over 30 years we have been
providing sevices to those affected
by sexual violence in any form. Our
sevices are FREE and confidential.
We have access to a (SATU) . These
are specialist units based in
hospitals where forensic exams
are carried out.
One to one counselling and support
for families and friends.
Accompaniment to Gp, hospital,
clinics, Garda station or to court
Help with Victim Impact Reports
Interpreters are available as required

Sexual Violence Centre - Cork
5 Camden Place
Cork
02145-05577 Office

www.sexualviolence.ie

Drogheda	<p>Helpline 04198-44550 Helpline 24 Hours 365 days a year Emergency accomodation for women and their children who are fleeing domestic violence. Transitional housing service Counselling service Childrens service Outreach service in Co. Louth Court accompaniment</p>	<p>Drogheda Women & Children's Refuge Drogheda Co Louth 01498-44550 Office / Helpline</p>	<p>www.droghedarefuge.org carrie@droghedarefuge.org</p>
Dublin	<p>Helpline 01867-0701 24 Hours helpline@aoibhneas.org Our refuge was established in 1988. At that time we had only a three bed room flat to offer to victims. On April 21st 1997 the purpose built Aoibhneas Women's Refuge was opened by President Mary Robinson. Emergency refuge accomodation Drop-in service for help and support Outreach services Advocacy advice and referrals Childcare team Court accompaniment Post Refuge Support.</p>	<p>Aoibhneas Women's Refuge Dublin 01867-0805 Office</p>	<p>www.aoibhneas.ie manager@aoibhneas.org</p>
Dublin	<p>Support group Strength in Numbers for women who are or have been affected by domestic violence. This 10 week structured programme is available in the Dublin 12 area. Please call for details.</p>	<p>Dublin 12 Domestic Violence Service PO Box 11713 Crumlin Dublin 12 01400-2088 Office</p>	<p>www.d12dvs.ie admin@d12dvs.ie</p>
Dublin	<p>Helpline 01400-2080 / 01400-2085 Helpline Mon - Fri, 9am - 2pm We at Dublin 12 DVS provide a non-judgement confidential helpline offering support to women who are experiencing violence/abuse in their home. FREE and confidential one to one support service by appoint - ment only through the helpline. Court accompaniment and support Information and support in Dublin 12 area with our service open to all who are experiencing domestic abuse. Support group -Strength in Numbers for women who are or have been affected by domestic violence. This 10 week structured programme is available in the Dublin 12 area. Please call for details.</p>	<p>Dublin 12 Domestic Violence Service PO Box 11713 Crumlin Dublin 12 01400-2088 Office</p>	<p>www.d12dvs.ie admin@d12dvs.ie</p>
Dublin	<p>Advice line 01454-5239 Helpline Mon - Fri, 9am - 5pm Providing safety information and practical support for women and their children who are experiencing domestic abuse and violence.</p>	<p>Inchicore Outreach - Violence Against Women Dublin 01454-5239 Office and Advice www.womensaid.ie/services/local/dublin/</p>	<p>inch.outreach@hotmail.com</p>

Support and counselling referrals
Child related support and services
Court and other accompaniments
Advocacy and outreach service
Support groups available

Dublin

Advice line 01662-4070

Monday - Friday, 9.30am - 5.30pm
We professionally support both men and women who have experienced any form of sexual violence.

Research has shown that ONE IN FOUR children in Ireland will experience sexual abuse before the age of 18. Despite well publicized scandals and Reports many Irish people remain unable to respond to the problem. Our determined aim is to raise awareness and create social change. We offer a safe space where you can share your feelings thoughts and experiences with a professional psychotherapist who will help you face what you have experienced.

Psychotherapy groups also available

Specialist groups: for those with particular difficulties arising from sexual violence such as addictions or eating disorders.

Accompaniment to court and to other related appointments.

One In Four
2 Holles Street
Dublin 2
01662-4070 Office / Counselling
www.facebook.com/oneinfour.ie/

www.oneinfour.ie
info@oneinfour.ie

Dublin

Helpline 01496-1002 24 Hours

We provide crisis accomodation, information and support services to women and their children who are victims of domestic violence.

24 Hour emergency refuge
Safety planning & practical support
Counselling and referrals
Child services and support
Court and other accompaniments
Outreach services and advocacy.

Rathmine's Women's Refuge
Dublin
01496-1002 Office / Helpline
womensrefugerathmines@hse.ie
www.womensaid.ie/services/local/dublin/

Dublin

Helpline 01463 -0000 24 hours
helpline@saoirsewomensrefuge.ie

Our mission is to address and combat the crime of domestic abuse and violence by providing a safe, supportive and confidential space and environment for women and their children affected by domestic abuse

24 Hour refuge accomodation
One to one support
Therapeutic palyroom on site
Outreach services providing support and pratical help plus court and other accompaniment to women

Saoirse Women's Refuge
PO Box 10819
Dublin
01463-0000 Office / Helpline
admin@saoirsewomensrefuge.ie

www.saoirsewomensrefuge.ie

in the community who can not come to the refuge.

Dublin	<p>Helpline 1800-778-888 24 hours We were established in 1979 as a national organisation offering a wide range of services to men and women who are affected by rape, sexual assault, sexual harassment or childhood sexual abuse. One to one counselling counselling@rcc.ie Accompaniment to (SATU) (Sexual Assault Treatment Unit) Court accompaniment Advice & support for family - friends</p>	<p>The Dublin Rape Crisis Centre 70 Lower Leeson Street Dublin 2 3531-661-4911 Office</p>	<p>www.drcc.ie rcc@indigo.ie</p>
Dublin	<p>Helpline 01866-2015 Refuge Sonas offers support, refuge and housing to women and children made homeless because of domestic / gender based violence. Our refuge Viva House opened in the Fingal area in June 2010. We have 8 self contained units for women and children in crisis situations because of domestic violence. There are dedicated support workers for women and also dedicated workers for children. Transitional housing service Court and other accompaniment Ongoing support and aftercare.</p>	<p>Viva House Women's Refuge Fingal Dublin 01866-2015 Office / Refuge</p>	<p>www.sonashousing.ie vivahouse@sonashousing.ie</p>
Dundalk	<p>Helpline 1800-212-122 Freephone We are a unique and specialist counselling and support service for women, men and teenagers who have suffered as a result of rape, sexual assault, sexual harassment, childhood sexual abuse, adult sexual abuse or any form of a sexual violence act. We are based in Dundalk with an outreach service in Drogheda. We provide a range of intervention support services to survivors within Louth, Meath, Monaghan and Cavan. Counselling & therapy for Adults Counselling & therapy for teens 14+ Court attendance & accompaniment Medical accompaniment to (SATU) (Sexual Assault Treatment Unit) Garda interview accompaniment Help for family & Supporters.</p>	<p>Rape Crisis North East 59A Anne Street Dundalk County Louth 0429-381-968 Office</p>	<p>www.rcne.ie info@rcne.ie</p>
Dundalk	<p>Helpline 04293-33244 Refuge 04293-37202 Open 24 hours 365 days a year Emergency accommodation for</p>	<p>Women's Aid Dundalk Dundalk County Louth 04293-33245 Office</p>	

women and children fleeing a domestic violence situation.
Transitional housing services
Childrens services
Outreach services in Co. Louth
Court accompaniments

www.womensaid.ie/services/local/louth/

Ennis	Helpline 06568-22435 24 Hours We aim to provide support and offer information to women who are experiencing domestic violence. Emergency refuge accomodation Drop-in Centre Mon - Fri 9am - 5pm Outreach clinics in Shannon, Kilrush, Killaloe and Scariff. Court and other accompaniments.	Clare Haven Services Ennis Co Clare 06568-42646 Office / Drop-in	www.clarehaven.ie clientcare@clarehaven.ie
Ennis	Helpline 1800-311-511 Counselling with Rape Crisis Midwest takes place in a safe and supportive environment where you can begin to make sense of your thoughts, emotions and feelings. All counsellors are fully trained to work with survivors of sexual violence. Please call for more info on our services in Limerick, Nenagh and our outreach office in Ennis.	Rape Crisis Midwest Ennis County Clare 0613-11511 Office.	www.rapecrisis.ie info@rapecrisis.ie
Galway	Helpline 01956-5985 Refuge Helpline / Refuge 24 hours 7 days Waterside House provides secure emergency accomodation for women and children experiencing domestic violence. An outreach services is provided from the centre One to one and group work with children using the refuge and the outreach service. Court accompaniment Counselling.	COPE - Waterside House Women's Refuge Galway 01956-5985 Office / Refuge.	www.copegalway.ie info@copegalway.ie
Galway	Helpline 1800-355-355 We are dedicated to providing professional, caring and confidential counselling and support services for those in our community affected by sexual abuse and sexual violence. Drop-in service - Mon - Fri 10 - 1pm Counselling services Advocacy & accompaniment service Accompaniment to (SATU) (Sexual Assault Treatment Unit) Advice for supporter of survivors Survivors Support groups.	Galway Rape Crisis Centre "The Lodge" Forster Court Galway City 09056 4800 Office	www.galwayrcc.org coordinator@galwayrcc.org
Inishowen	Helpline 07493-73232 Helpline Mon - Fri, 10am - 10pm Support and advocacy for women	LifeLine - Domestic Violence Service Inishowen	www.ldvs.org support@ldvs.org

who are affected by domestic abuse
Court accompaniment
Outreach services
Counselling for women & children
Drop-in service, call helpline for
dropin in location and times.

County Donegal
07493-73232 Office / Helpline

Kildare	Helpline 04552-7584 Mon - Fri, 9am - 5 pm & 7pm - 9pm Saturdays 12 noon to 2pm Teach Tearmainn is soon to offer Kildares first refuge for women and children who have suffered domestic violence. In the meantime we offer Support and information Counselling Outreach services Support groups available Please call for update on the refuge (This entry posted December 2013)	Teach Tearmainn Kildare 04552-7584 Office / Helpline www.womensaid.ie/services/local.html www.womensaid.ie/services/local/kildare/	jcarey@teachtearmainn.ie
Kilkenny	Helpline 1850-424-244 24 Hours Amber is Kilkenny Women's Refuge and Support Service. We work with women and children affected by domestic violence by providing: Emergency accomodation Counselling is available Court accompaniment Outreach services across Kilkenny.	Amber - Kilkenny Women's Refuge Kilkenny 05677-71404 Office	www.kilkennywomensrefuge.ie kwrp@eircom.net
Kilkenny	Helpline 1800-478-478 We provide a safe, non judgemental and discreet space for male and female survivors of childhood sexual abuse, rape, sexual assault and sexual harassment to begin to heal. FREE long or short term counselling on a one to one basis irrespective of when the abuse / incident happened recently or year ago. Support counselling - family / friends Accompaniment to Gardai, to the doctor or through the courts.	Kilkenny Rape and Sexual Abuse Counselling Centre 1 Golfview Terrace Grange Road Kilkenny 05677-51555 Office	www.kilkennyrcc.com kkrcc@eircom.net
Leitrim	Helpline 07191-41515 A FREE and confidential support service for women expeiriencing domestic abuse in their relationship. We have two centres one in Sligo and one in Carrick on Shannon. If you can not get to our centres then our support worker can meet you in a safe meeting place (not in your home). Accompaniment at court & advocacy One to one support throughout.	Domestic Violence & Advocacy Service Leitrim 07191-41515 Office / Helpline www.womensaid.ie/services/local.html www.womensaid.ie/services/local/leitrim/	infodvas@eircom.net
Leitrim	Helpline 1800-750-780 Our centre provides FREE, safe	Rape Crisis and Sexual Abuse Counselling Centre	www.srcc.ie info@srcc.ie

and confidential space for survivors of child sexual abuse, rape and sexual assault, where adults and young people, male and female, can explore and access support with the legacy of issues resulting from their traumatic experiences.
Ongoing face to face counselling
Crisis counselling
Information and advocacy services
Support groups for survivors.
Serving Sligo, Leitrim and West Cavan.

Leitrim
1800-750-780 Office / Helpline

Letterkenny
Co. Donegal

Local Helpline 07491-28211
Freephone 1800-448-844

We are a voluntary organisation providing FREE support and counselling services to both male and female survivors of rape and sexual violence in Donegal.
Sexual Assault Treatment Unit offering medical & forensic care.
Face to face counselling
Court accompaniment
Outreach services in Inishowen, Donegal Town and Gaelteacht areas.
See website for more details.

Donegal Sexual Abuse and Rape Crisis Centre
Letterkenny
County Donegal
07491-28211 Office / helpline

www.donegalrapecrisis.ie
rapecrisis@eircom.net

Letterkenny

Helpline 1800-262-677

24 Hour 365 day helpline
Emergency accommodation for women and their children who are fleeing domestic violence.
Court accompaniment
Outreach service across Donegal
Domestic violence clinic service
Legal, housing & benefit information
Counselling support.

Donegal Women's Domestic Violence Service
PO Box 55
Letterkenny
1800-262-677 Office / Helpline
www.donegaldomesticviolenceservice.ie

ddvs@eircom.net

Limerick

Helpline 1800-311-511

Counselling with Rape Crisis
Midwest takes place in a safe and supportive environment where you can begin to make sense of your thoughts, emotions and feelings.
All counsellors are fully trained to work with survivors of sexual violence. Please call for more info on our services in Limerick, Nenagh and our outreach office in Ennis.

Rape Crisis Midwest
Phoenix House
Punch's Close
Rosbrien Road
Limerick
0613-11511 Office

www.rapecrisis.ie
info@rapecrisis.ie

Longford

Helpline 04333-41511

Helpline Mon - Fri, 8am - 6pm
We are a women's centre based in Longford, County Longford. We talk and counsel women one to one or in groups. We have a rural outreach service in county Longford.
Court accompaniments

Longford Women's Link
Longford
County Longford
04333-41511 Office / Helpline

www.longfordwomenslink.org
info@longfordwomenslink.org

Support groups available

Monaghan	Helpline 0477-2311 Tearmann is an Irish word meaning "Sancturay". We offer a secure and caring environment where a women can feel free to tell her story. Drop-In service or appointment based visits. Crisis counselling Advocacy and accompaniment to court and related appointments. Children's services Outreach services in Monaghan Support groups available.	Tearmann Domestic Abuse Service Monaghan County Monaghan 0477-2311 Office / Helpline	www.tearmann.net tearmanndvs@eircom.net
Mullingar	Helpline 04493-33868 Helpline 24 hour service We work towards the elimination of violence and abuse in all forms by providing an impartial & confidential information and support service. Referral service Advocacy and court accompaniment Outreach services Support groups available.	Westmeath Support Service Mullingar County Westmeath 04493-33868 Office / Helpline	www.westmeathsupport.ie westmeathsupport@eircom.net
Navan	Helpline 04690-22393 Helpline 24 Hours 365 days a year We were established to provide information, crisis accommodation, counselling, outreach support and transitional housing services to women and their children who are experiencing all forms of abuse. We also proved services for children.	Meath Women's Refuge and Support Services Navan County Meath 04690-22393 Office / Helpline	www.womensaidmeath.ie mwrefuge@eircom.net
Nenagh County Tipperary	Helpline 1800-541-122 Counselling with Rape Crisis Midwest takes place in a safe and supportive environment where you can begin to make sense of your thoughts, emotions and feelings. All counsellors are fully trained to to work with survivors of sexual violence. Please call for more info on our services in Limerick, Nenagh and our outreach office in Ennis.	Rape Crisis Midwest 2 Silverview Nenagh County Tipperary 0674-1122	www.rapecrisis.ie info@rapecrisis.ie
Newtown Castlebar	Helpline 1800-234-900 We aim to provide a safe and anonymous, confidential space for women who have experienced any form of sexual violence recently or in the past. Please call for more details of our services.	The Mayo Rape Crisis Centre Newtown, Castlebar County Mayo 09490-25657 Office	www.mayorapecrisiscentre.ie mayorcc@eircom.net
Oughterard	Helpline 09186-6740 Mobile 08777-379-57 Hours Mon - Fri, 10am - 5pm We are a rural based, community -	Domestic Violence Response The Courtyard Main Street Oughterard	dvr@indigo.ie

led project responding to the issue of domestic violence in Co Galway. One to one support and counselling
Transport to a refuge
Court accompaniment and to the Gardai and solicitors plus help understanding the legal system.
Support groups available for women who have left their relationship.

County Galway
09186-6740 Office / Helpline
www.domesticviolenceresponse.com

Portlaoise

Helpline 05786-71100
Mon - Fri, 9.30-1pm & 2pm-4.30pm
We work to provide support, information and advocacy to women experiencing domestic/relationship abuse, now or in the past.
Referrals to a refuge
One to one support at our Portlaoise centre, Court accompaniment, Counselling service
A group support programme, please call for more details of our services.

Laois Domestic Abuse Service
Portlaoise
County Laois
05786-71100 Office / Helpline
www.womensaid.ie/services/local.html
www.womensaid.ie/services/local/laois/

Rosbrien
Co. Limerick

Helpline 1800-200-504 24 Hours
We are a voluntary organisation set up in 1974 to provide a wide range of services and support to female survivors of domestic abuse and their children across Limerick Town and Limerick County.
Emergency Refuge accomodation
Dedicated support worker
Outreach support across Limerick
Child and Youth services
Age appropriate services for children
Court accompaniment
Support group for domestic abuse survivors, call helpline for details.

Adapt Domestic Abuse Services
rosbrien
County Limerick
0614-12354 Office.
www.adaptservices.ie
info@adaptservices.ie

Sligo

Helpline 1800-750-780
Our centre provides FREE, safe and confidential space for survivors of child sexual abuse, rape and sexual assault, where adults and young people, male and female, can explore and access support with the legacy of issues resulting from their traumatic experiences.
Ongoing face to face counselling
Crisis counselling
Information and advocacy services
Support groups for survivors.
Serving Sligo, Leitrim and West Cavan.

Rape Crisis and Sexual Abuse
Counselling Centre
42 Castle Street
Sligo
07191-71188 Office
www.srcc.ie
info@srcc.ie

Sligo

Helpline 07191-41515
A FREE and confidential support service for women experiencing domestic abuse in their relationship.
We have two centres one in Sligo

Domestic Violence & Advocacy
Service
Sligo
07191-41515 Office / Helpline
infodvas@eircom.net
www.womensaid.ie/services/local.html

and one in Carrick on Shannon. If you can not get to our centres then our support worker can meet you in a safe meeting place (not in your home).
Accompaniment at court & advocacy
One to one support throughout.

www.womensaid.ie/services/local/sligo/

Southill
Co Limerick

The Project supports women who have experienced domestic violence and have taken the first step to improve their lives.
Information and emotional support
Court and other accompaniments
Counselling and other referrals
Outreach throughout Limerick Co.
Support groups, please call for further details. Opening hours are Mon-Thurs 9am-5pm, Fri 9am-1-pm

Southill Domestic Abuse Project
Southill
County Limerick
06131-3025 Office
www.womensaid.ie/services/local.html
www.womensaid.ie/services/local/limerick/

sdap@eircom.net

Tipperary
North

Helpline 0505-23999
Hours Mon - Fri, 9am - 5pm
Support and information for women and their children affected by domestic abuse.
Counselling is available
Referrals to appropriate agencies
Court advocacy / accompaniment
Outreach services across the north of Tipperary County

Ascend Women's Support Services
North Tipperary
0505-23379 Office
www.womensaid.ie/services/local.html
www.womensaid.ie/services/local/tipperary/

ascendservices@eircom.net

Tipperary
South

Helpline 1800-576-757 Freephone
Helpline 24 hours 365 days
We were established in 1994 to offer support for women who were experiencing domestic violence.
Today we can offer:
Emergency refuge accomodation
Drop in service for support & info
Counselling is available
Outreach across South Tipperary
Court accompaniment
After care support
All services - Free and confidential

Cuan Saor Women's Refuge and Support Services
South Tipperary
05261-27557 Office / Drop in
www.womensaid.ie/services/local.html
www.womensaid.ie/services/local/tipperary/

cuaansaor@eircom.net

Tralee

Helpline 06671-29100 24 Hours
Emergency refuge accomodation
Court accompaniment
Outreach across Kerry
Help with legal matters, welfare and alternative accomodation.

Adapt Kerry Refuge
Tralee
County Kerry
06671-29100 Office / Helpline

www.kerryrefuge.com
kerryrefuge@eircom.net

Tralee

Helpline 1800-633-333
Established in 1992 we provide professional, confidential FREE counselling services to both male and female survivors of rape, sexual assault, Marital rape, incest, child sexual abuse and all forms of sexual violence.

Kerry Rape and Sexual Abuse Centre
5 Greenview Terrace
Princes Quay
Tralee
County Kerry
06671-20247 Office
www.facebook.com/krsacentre

krcc@eircom.net

Telephone / face to face counselling
Support with medical/legal matters
Court accompaniment
Advocacy and outreach in Killarney,
Dingle and Listowel.
Support counselling for supporters
Support groups available please
call for group details.

Tullamore

Helpline 05793-51886

Mon - Fri 10am -2pm & 2pm - 4pm
Our mission is to provide support
and services for victims of domestic
violence.

Support and information at our
Drop-in centre Mon - Fri 9.30-4.30
Outreach services
Advocacy and court accompaniment
Referrals to other agencies
Referrals welcome from male victims

Offaly Domestic Violence
Support Service
Tullamore
County Offaly
05793-51796 Office

www.odvss.ie
info@odvss.ie

Tullamore

Helpline 1800-323-232

We provide services for those who
have been affected by rape or sexual
abuse. Please call our helpline for
details of our services.

Regional Sexual Abuse & Rape
Crisis Centre
4 Harbour View
Store Street
Tullamore
County Offaly
1800-323-232 Office / Helpline

tullamorercc@eircom.net

www.drcc.ie/get-help-and-information/centres-around-ireland/

Waterford

Helpline 1890-264-364 24 Hours

Oasis House provides a safe
supported place for women with or
without children who are victims of
domestic violence.

Emergency accommodation
Advocacy and practical support
Supported transitional housing
Court and other accompaniments
Outreach services across Waterford
Access to professional counselling.

Oasis House Women's Refuge
Waterford
County Waterford
05137-0367 Office

oasishouse2@eircom.net

www.womensaid.ie/services/local.html
www.womensaid.ie/services/local/waterford/

Waterford

Helpline 1800-296-296 24 Hours

Since 1984 we have been providing
services for those affected by any
kind of sexual violence whether it
happened yesterday or years ago.

Crisis and ongoing counselling /
therapy provided by specially trained
professionals.

Support at the (SVTU) provided by
trained volunteers. (Sexual Violence
Treatment Unit)

Counselling service in Dungarvan
every Thursday. Our services are for
those 18+, we can only see under
18's with the permission of a parent
or if they have been referred by a
social worker.

Waterford Rape and Sexual
Abuse Centre
2A Waterside
Waterford
05185-0717 Office

www.waterfordrsac.ie
info@waterfordrsac.ie

West Cavan	<p>Helpline 07191-41515 A FREE and confidential support service for women experiencing domestic abuse in their relationship. We have two centres one in Sligo and one in Carrick on Shannon. If you can not get to our centres then our support worker can meet you in a safe meeting place (not in your home). Accompaniment at court & advocacy One to one support throughout.</p>	<p>Domestic Violence & Advocacy Service West Cavan 07191-41515 Office / Helpline www.womensaid.ie/services/local.html www.womensaid.ie/services/local/cavan/</p>	<p>infodvas@eircom.net</p>
West Cavan	<p>Helpline 1800-750-780 Our centre provides FREE, safe and confidential space for survivors of child sexual abuse, rape and sexual assault, where adults and young people, male and female, can explore and access support with the legacy of issues resulting from their traumatic experiences. Ongoing face to face counselling Crisis counselling Information and advocacy services Support groups for survivors. Serving Sligo, Leitrim and West Cavan.</p>	<p>Rape Crisis and Sexual Abuse Counselling Centre West Cavan 07191-71188 Office</p>	<p>www.srcc.ie info@srcc.ie</p>
Wexford	<p>Helpline 1800-330-033 Freephone Mobile (086) 172-4608 We offer counselling to both men and women and young people aged 16 plus who have experienced rape, sexual assault, past childhood sexual abuse or any kind of sexual trauma in their lives. The first ten counselling sessions are FREE. We have outreach services in Wexford, Enniscorthy, Gorey and New Ross. Counselling support for friends and family. Accompaniment to GP, hospitals, clinics, Garda station or to the courts. We can prepare victim impact statements where required.</p>	<p>Wexford Rape and Sexual Abuse Support Services 10 Clifford Stree Wexford 05391-22722 Office</p>	<p>www.wexfordrapecrisis.com clare@wexfordrapecrisis.com</p>
Wexford	<p>Helpline 05391-21876 Our refuge is a purpose built communal facility providing 24 hour emergency accomodation for women and children who must leave their home due to domestic violence. We also offer court accompaniment and an outreach service to all areas of Wexford Co.</p>	<p>Wexford Women's Refuge Wexford 05391-21876 Office / Helpline.</p>	<p>www.wexfordwomensrefuge.ie wexrefuge@eircom.net</p>