

AREA COVERED	SERVICES INCLUDED	GROUP OR ORGANIZATION	WEB ADDRESS / EMAIL ADDRESS
WASHINGTON STATE			
National Helpline	<p>Hotline 1-800-4-A-CHILD Hotline 1-800-422-4453 Crisis counselors available 24/7 Founded in 1957 by Sara O'Meara and Yvonne Fedderson. Childhelp is a leading national non-profit organization dedicated to helping victims of child abuse and neglect. Serving the United States, it's Territories and Canada, our hotline is staffed 24 hours a day 7 days a week with professional counselors who, through interpreters can provide assistance in 170 languages. We also offer a range of programs, please see our website for regional details.</p>	<p>Childhelp Prevention and Treatment of Child Abuse</p>	<p>www.childhelp.org info@childhelp.org Email support form on the website</p>
Aberdeen	<p>Hotline 1-888-626-2640 24 Hour rape response hotline We strive to support, educate and empower all people impacted by sexual abuse General advocacy Medical and legal advocacy Support group for adult female survivors of child sexual violence meets Wednesdays 4 - 6 pm Support group for adult male survivors of sexual violence, group meets Fridays 3 - 4.30pm Call 360-533-9751 for details of our groups</p>	<p>Beyond Survival 313 South 1 Street Aberdeen WA 98520 360-533-9751 Office.</p>	<p>www.ghbeyondsurvival.com</p>
Battle Ground	<p>Recovery for Adult Children from Dysfunctional Families Group In this group you will explore how your family of origin played a role in shaping your beliefs about relationships, attachments, how you parent and how those experiences impact you today. Trauma, divorce, alcoholism and major illness can impact us dramatically as children and affect our lives as adults. Meets Wed, Thurs, Fri 9 - 11 am Cost \$30</p>	<p>Cheryl Butler Battle Ground WA 98604 360-529-3614 Office</p>	<p>www.minormiraclecounseling.com</p>
Bellevue	<p>Hotlines 425-746-1940 (24 hours) Or 1-800-827-8840 (24 hours)</p>	<p>Lifewire PO Box 6398</p>	<p>www.lifewire.org/ email@lifewire.org</p>

We have been providing domestic violence services and programs to the community for over 30 years.
Emergency shelter
Hotel- motel voucher program
Housing First program
Legal and personal advocacy
Counseling services
Children's and teens groups
Latina outreach program
Women's support groups.

Bellevue
WA 98008
425-562-8840 Office

Bellevue

Male Survivors of Abuse Group
Men who were sexually abused as children have few places that understand and support their search for health. Men abused as children are impacted in ways that females are not. We will explore the impact of trauma, shame, guilt and emotional isolation. Meets every other Tues at 6 - 7.30 pm. Cost \$50 - \$70

Dr. Myrna Pinedo
Bellevue
WA 98004
425-610-9971 Office

Bellevue

Surviving the Shock Factor:
Now forming recovery and therapy group for women (clergy sexual misconduct)

Ms Sonja Rudie
Bellevue
WA 98004
425-739-9483 Office

www.sonjarudie.com
sonja@sonjarudie.com

Bellevue

Women's PTSD Recovery Group
Please call 425-739-9483 for more group details.

Ms Sonja Rudie
Bellevue
WA 98004
425-739-9483 Office

www.sonjarudie.com
sonja@sonjarudie.com

Bellingham

Hotline 360-715-1563
Or 866-715-1563
24 Hour help hotlines
Our mission is to support individuals affected by domestic violence and sexual assault
Medical advocacy & legal support
Advocacy counseling
Domestic violence support group for women who have experienced violence at home past or present.
Support group for adults, male or female who have experienced sexual abuse past or present.
Call 360-715-1563 for more details.

Domestic Violence and Sexual Assault Services (DVSAS)
1407 Commercial Street
Bellingham
WA 98225
360-671-5714 Office

www.dvsas.org
info@dvsas.org

Bellingham

Hotlines 360-734-3438 (24 hours)
Or 1-877-227-3360 (24 hours)
Womencare Shelter is an empowerment based organization working to end domestic violence.
Emergency shelter
Safety planning
Housing First program
Immigration advocacy
Legal advocacy
Children's advocacy

Womencare Shelter
Bellingham
WA 98226
360-671-8539 Office

www.womencareshelter.org/

Advocacy based counseling
Support groups with childcare

Bingen	Toll Free Crisisline 1-844-493-1709 Providing Klickitat Couty residents with domestic violence and sexual assault services. We work through advocacy, safety planning, counseling as well as community outreach and education.	Programs for Peaceful Living 115 W. Steuben Street Bingen WA 98648 509-493-2662 Office	www.wgap.ws
Bremerton	Female Adult Survivors of Child Abuse Group This is a community based, pass-the-basket, no therapy peer led support group. We are not aligned with any agency, treatment center or counselor. Meets Wednesdays 6 - 7.30 pm Call Judy on 360-340-7946 for more details about this group.	ASCA- Kitsap Bremerton Washington 360-340-7946 Contact no	www.ascasupport.org
Cathlamet	Hotline 800-795-6400 Family violence shelter Sexual Assault Program Crisis intervention Medical and legal advocacy Counseling for victims of family violence	St. James Family Center 1134 Columbia Street Cathlamet WA 98612 360-795-6401 Office bhansen@stjamesfamilycenter.org	www.stjamesfamilycenter.org
Chehalis	Hotline 800-244-7414 Toll Free Lewis County's accredited victims services provider, dedicated to breaking the cycle of violence and responding with compassion. Emergency shelter Accompaniment to legal systems Support group for adult female survivors of domestic violence meets Wednesdays 5 - 7 pm Group in Spanish Tuesdays 5-7 pm Call 360-748-6601 for group details	Human Response Network PO Box 337 Chehalis WA 98532 360-748-6601 Office	www.hrnlc.org info@hrnlc
Clarkston	All our sexual assault services are FREE of charge. Our sexual assault and abuse program provides 24 hour crisis response, medical and legal advocacy, support & referrals to other agencies. Victims of sexual assault have the right by law to have an advocate accompany them through medical, police, prosecuter and court proceedings.	Quality Behavioral Health 900 Seventh Street Clarkston WA 99403 509-758-3341 Office	www.qbhs.org
Cle Elum	509-575-4200 Yakima County 509-925-9861 Kittitas County 1-800-572-8122 Klickitat County 24 Hour crisis hotlines We provide sexual assault services as well ass community education.	Comprehensive 309 E. 1st Street Cle Elum WA 98922 509-674-2340 Office.	www.cwcmh.org

Emergency shelter
Medical and legal advocacy
Crisis counseling.

Colville	Hotline 509-684-6139 24 Hour domestic violence and sexual assault hotline Temporary safe shelter Crisis intervention Assistance with court orders Referrals to appropriate services Therapy for sexual abuse victims	Rural Resources Community Action 956 South Main Street Colville WA 99114 509-684-8421 Office	www.ruralresources.org info@ruralresources.org
Davenport	Hotline 800-932-0932 Supportive hotline and referral to appropriate services	Family Resource Center of Lincoln County PO Box 1130 Davenport WA 99122 509-725-4358 Office	laurie@frcoflincolncounty.org
Dayton	Hotline 509-529-9922 24 Hour crisis hotline Through it's individual counseling 8 different support groups, legal and medical advocacy and shelter services, the YWCA domestic violence and sexual assault center makes sure women and children have access to what they need to begin rebuilding their lives.	YWCA - Dayton Dayton General Hospital Brooker Annex 1012 S. Third Dayton Washington 509-382-9922 Office	
Eastsound	360-376-1234 Orcas 360-378-2345 San Juan 360-468-4567 Lopez 24 Hour 7 day crisis hotlines We are a dual agency. We provide direct services to victims of domestic violence and core services for sexual assault/abuse victims. Medical and legal advocacy Accompaniment to court Help with protectice orders Support group for women affected by domestic violence 360-376-5979 Therapy for sexual abuse/assault victims, see website for more info.	SAFE of the San Juan Islands PO Box 1516 Eastsound WA 98245 360-376-6742 Office	www.safesj.org/home.html
Ellensburg	Hotline 866-925-9384 If you or someone you know is a victim of domestic violence and you'd like more information call us. All our serces are FREE of charge	Abuse Support and Prevention Education Now Ellensburg WA 98926 509-925-9384 Office / Hotline	www.ci.ellensburg.wa.us/index.aspx?nid=794
Ellensburg	Hotline 1-866-925-9384 We provide Kittitas County with domestic violence and sexual assault victim services to include: Legal, medical and general advocacy. We can offer local	Aspen Victim Advocacy Services 707 North Pearl Suite K Ellensburg WA 98926	www.comphc.org/yakima-valley-mental-health-victim.php

information and referrals. We provide education and awareness activities and Emergency Shelter.

Everett	Hotline 425-252-2873 We are the only program in the County of Snohomish providing emergency shelter and confidential services to all victims of domestic violence and abuse. Emergency shelter Safety planning and information We have 8 support groups meeting throughout Snohomish County. Please call our hotline for details. All our groups are FREE and confidential.	Domestic Violence Services of Snohomish County PO Box 7 Everett WA 98206 425-252-2873 Office / Hotline	www.dvs-snoco.org info@dvs-snoco.org
Everett	Hotline 425-252-4800 24 Hour crisis hotline Medical and legal advocacy Support group services Call 425-297-5771 for support group details.	Providence Assault and Abuse Services Everett WA 98201 425-297-5774 Office	www.providence.org/ Key Assault and Abuse Services into the Providence search Box.
Forks	Hotline 360-374-2273 24 Hour crisis hotline Our program is dedicated to the ideal that no one should have to live with violence. 24 Hour emergency shelter Legal & systems advocacy Support group - domestic violence meets Tuesdays 1 - 2.30pm Support group - Sexual assault meets Thursdays 12.30 - 2 pm Call 360-374-6411 for groups info	Forks Abuse Program PO Box 1775 Forks WA 98331 360-374-6411 Office	www.forksabuseprogram.org
Goldendale	509-575-4200 Yakima County 509-925-9861 Kittitas County 1-800-572-8122 Klickitat County 24 Hour crisis hotlines We provide sexual assault services as well as community education. Emergency shelter Medical and legal advocacy Crisis counseling	Comprehensive 112 W. Main Street Goldendale WA 98620 509-773-5801 Office www.comphc.org/yakima-valley-mental-health-victim.php	www.cwcmh.org
Goldendale	Hotline 1-800-352-5541 crisis pager We provide Klickitat County with domestic violence and sexual assault services including: Safety planning General advocacy Counseling All our services are FREE of charge	Washington George Programs for Peaceful Living 116 West Main Goldendale Washington 509-773-6100 Office	www.wgap.ws
Hoquiam	Hotline 1-800-818-2194 (24 hours) We were established over 30 years ago on the harbor and provide	Domestic Violence Center of Grays Harbor 2306 Sumner Avenue	

advocacy, awareness, intervention, prevention and an emergency shelter.

Hoquiam
WA 98550
360-538-0733 Office

Issaquah

Healing Hearts From Child Abuse Group.
As a survivor and advocate for adult survivors of child abuse, I am creating this group with the intention of providing a safe place for adult survivors of childhood abuse to connect and learn how fellow survivors are thriving in their adulthood. This is a Meetup support group

Meetup Support Group
Issaquah
Washington
www.meetup.com/topics/abusesurvivors/all/

Kelso

Hotline 360-425-1176
24 Hour crisis hotline
We provide FREE services to victims and survivors of domestic violence and sexual assault.
24 Hour crisis intervention
Safe temporary housing
Advocacy during medical exams, law enforcement and through the criminal justice system.
Group counseling for female survivors of domestic violence
meets Tuesdays 10.30am & 5.30pm
These groups are FREE of charge
Call 360-425-1176 ext 4 for more details about these groups.

Emergency Support Shelter
PO Box 877
Kelso
WA 98626
360-425-8629 Office.

www.esshelter.com/
sherriet@cascadenetworks.net

Kennewick

Hotlines 509-582-9841 (24 hours)
Or 1-800-648-1277 (24 hours)
We are focused on providing the best advocacy and support services for domestic violence victims in our community.
Emergency shelter
Transitional housing
Protection order clinics
Legal advocacy
Support groups in English meet
Wednesday mornings 10 - 11.30am
Wednesday evenings 6 - 7.30 pm
Support group in Spanish meets
Tuesday evenings 6 - 7.30 pm
Childcare provided in the evenings
Serving Benton & Franklin Counties

Domestic Violence Services
Kennewick
WA 99352
509-582-9841 Office / Hotline

www.dvsbf.org
wenner1211@gmail.com

Kirkland

Abandonment Recovery Network Group.
Do you feel as if a 10 year old is running your life? Do you struggle maintaining healthy relationships, sabotaging behaviors and relationship anxiety? The purpose of this group is to understand where these behaviors come from and how to

Meetup Support Group
Kirkland
Washington
www.meetup.com/topics/abusesurvivors/all/

overcome them. This is a peer to peer meetup group

Long Beach

Hotline 1-800-435-7276
24 Hour helpline
We have 24 hour staff to answer your questions with interpreters if required.
Hearing impaired services
Service information in Spanish
Referrals to appropriate agencies
Support groups call hotline for info about our groups.

Crisis Support Network
318 2nd Street NE
Long Beach
WA 98631
360-642-0095 Office

www.crisis-support.org
csn3@centurytel.net

Moses Lake

Hotline 1-888-560-6027
24 Hour hotline
Emergency shelter available
Medical and legal advocacy
Community advocacy
Protection order clinic
Peer support groups for victims of domestic violence and sexual assault.

New Hope Domestic Violence & Sexual Assault Services
840 E. Plum
Moses Lake
WA 98837
509-764-8402 Office

Mount Vernon

Trauma Recovery & Empowerment Group.
Basic education about physical and sexual abuse and how current behaviors are linked to past abuses
An opportunity for men and women to trust their own perceptions about reality and to receive validation from others. Groups are forming all the time and are closed after 4th week.
These are 33 week 90 minutes a week \$25 per sessions, please call 316-869-0763 for more details

Ms Dawn Idecker
Mount Vernon
WA 98273
316-869-0763 Office

Mount Vernon

Hotline 1-888-336-9591
Skagit domestic violence & sexual assault services is committed to ending violence and assault in Skagit County.
Emergency shelter
Legal advocacy
Advocacy based counseling
Support groups available

SDVSAS - Skagit County
PO Box 301
Mount Vernon
WA 98273
360-336-9591 Office / Hotline

www.skagitdvsas.org
admin@skagitdvsas.org

Newport

Hotline 509-447-5483
Or 1-800-548-3133 Toll Free
24 Hour hotlines
Our mission is to provide services to all persons who have been victimized by domestic violence and sexual assault.
Emergency temporary shelter
Crisis intervention
Medical and legal advocacy
Therapy and support groups

Pend Oreille Crime Victim Services (POCVS)
PO Box 944
Newport
WA 99156
509-447-2274 Office

www.pofcn.org
advocate4@pofcn.org

Oak Harbor	<p>360-675-2232 North Whidbey 1-800-215-5669 South Whidbey 1-800-215-5669 Camano Is. We won't try to talk you into anything, or attempt to change you. Our services are private and confidential please call and let us help you. 24 Hour crisis intervention Safe emergency shelter Advocacy based counseling Legal advocacy & Court support Therapy services available to clients who are adult and child victims of sexual assault / abuse.</p>	<p>Citizens Against Domestic and Sexual Abuse CADA PO Box 190 Oak Harbor WA 98277 360-675-2232 North Whidbey 1-800-215-5669 South Whidbey 1-800-215-5669 Camano Is.</p>	<p>kimberly@cadacanhelpp.org</p>
Olympia	<p>Post-Traumatic Growth Group For people who suffer from Traumatic Stress Disorders, such as PTSD. These are anxiety disorders that some people develop after living through a dangerous experience. Symptoms include intrusive thoughts and memories, Irritability, nightmares, hypervigilance distancing oneself from friends and loved ones, emotional numbness and avoiding activities that remind you of a certain event. Meets Wednesdays 6.30 - 8.30 pm Cost \$30 - \$40 Call 360-489-9151 for more details</p>	<p>Loretta Crawford Kissel Olympia WA 98502 360-489-9151 Office</p>	<p>www.spiralsoffreedom.com Spirals@SpiralsOfFreedom.com</p>
Olympia	<p>Hotline 360-754-6300 24 Hour crisis hotline Safe Place is the only advocacy agency and confidential shelter for survivors of domestic violence and sexual assault in Thurston County. Walk-in advocacy Tues & Weds Legal clinics bi-monthly Sexual Assault Response program Advocacy in Cambodian & Spanish Closed support group for survivors of sexual assault contact Michelle Dixon-Wall on 360-786-8754 X 114. Support group for domestic violence survivors meets Weds 6.15 - 7.45 call 360-754-6300 for details. Multi-cultural women's support group in English contact Davy Long on 360-786-8754 ext 107.</p>	<p>Safe Place PO Box 2002 Olympia WA 98507 360-786-8754 Office</p>	<p>www.safeplaceolympia.org safeplace@safeplaceolympia.org</p>
Olympia	<p>12 Step Self Help Group We are a spiritual self help group of individuals aged 18 and older, who are guided by a set of 12 suggested steps and 12 traditions as borrowed from AA. The only requirement for membership is</p>	<p>Survivors of Incest Anonymous Olympia Washington 360-866-8015 Carolyn</p>	<p>www.siawso.org cataluna316@yahoo.com</p>

that you are a victim of child sexual abuse and you want to recover.
Meets Mondays 7 - 8.30 pm
Women only please
Contact Carolyn 360-866-8015
or email at address on right of page

Omak	Hotline 509-8263221 Or 1-888-826-3221 Toll Free Advocacy for victims and survivors of domestic violence and sexual assault. Emergency shelter Crisis intervention Medical and legal advocacy Individual and group counseling	The Support Center PO Box 3639 Omak WA 98840 509-826-3221 Office / Hotline information@thesupportcenter.org	www.thesupportcenter.org
Othello	Hotline 1-888-560-6027 24 Hour hotline Emergency shelter available Medical and legal advocacy Community advocacy Protection order clinic Peer support groups for victims of domestic violence and sexual assault.	New Hope Domestic Violence & Sexual Assault Services 165 N 1st Avenue Othello WA 99344 509-488-2699 Office	
Pasco	509-575-4200 Yakima County 509-925-9861 Kittitas County 1-800-572-8122 Klickitat County 24 Hour crisis hotlines We provide sexual assault services as well as community education. Emergency shelter Medical and legal advocacy Crisis counseling	Comprehensive 2715 Saint Andrews Loop Suite C Pasco WA 99301 509-412-1051 Office www.comphc.org/yakima-valley-mental-health-victim.php	www.cwcmh.org
Port Angeles	Hotline 360-452-4357 24 Hour crisis hotline Crisis intervention Emergency shelter Therapy Advocacy based counseling Medical and legal advocacy Support groups available	Healthy Families of Clallam Co. 1210 E. Front Street Suite C Port Angeles WA 98362 360-452-3811 Office	www.healthyfam.org healfam@olypen.com
Port Townsend	Hotline 360-385-5291 24 / 7 Crisis hotline We are a private non profit corp and is Jefferson County's sole provider of FREE and confidential services to victims of domestic violence and sexual assault. Emergency shelter Walk-in services Mon-Fri Legal and medical advocacy Individual and group counseling Support groups for victims of domestic violence and sexual asslt 10 Week Thrive support group for	Dove House 1045 10th Street Port Townsend WA 98368 360-835-5292 Office	www.dovehousejc.org info@dovehousejc.org

adult survivors of childhood sexual abuse. Call 360-385-5292 for more details about these groups.

Pullman	Hotline 1-877-334-2887 We provide 24 Hour emergency and supportive services to sexual violence victims and their families. All our services are FREE of charge Emergency shelter 24 Hour crisis intervention Medical and legal advocacy Group counseling Support groups for victims and survivors.	Alternatives to Violence of the Palouse (ATVP) PO Box 37 1125 NW Nye Street Suite A Pullman WA 99163 509-332-0552 Office	www.atvp.org home@atvp.org
Raymond	Hotline 1-800-435-7276 24 Hour helpline We have 24 hour staff to answer your questions with interpreters if required. Hearing impaired services Service information in Spanish Referrals to appropriate agencies Support groups call hotline for info about our groups	Crisis Support Network 762 Ballentine Street Raymond Washington 800-435-7276 Office / Hotline	www.crisis-support.org csn3@centurytel.net
Renton	Hotline 888-998-6423 24 Hour resource hotline KCSARC has the expertise to help victims heal and become survivors. Crisis intervention Medical and legal advocacy Group therapy for adult survivors of childhood sexual abuse. This is a 13 week closed group for women 21 years+ who have specific memories of the abuse in childhood an initial interview is required before group entry. This group is FREE. Call 425-226-5062 for group details	King County Sexual Assault Resource Center (KCSARC) PO Box 300 Renton WA 98057 425-226-5062 Office.	www.kcsarc.org AdminSupport Staff@kcsarc.org
Renton	SNAP Gatherings weekend events. These events are where survivors can focus on their personal experiences, gather information and inspiration and decide the next steps to take in their personal journeys. The gatherings are for survivors and loved ones who want to focus on personal issues. Working in small groups SNAP Gatherings begin on Friday at 7pm and end at noon on Sunday. Participants are asked to attend all the sessions of the weekend. There is a power in the group dynamics that is diminished with folks coming and going but exceptions can be made if necessary.	SNAP Gathering Clarion Hotel 3700 East Valley Road Renton WA 98055 312-399-4747	www.SNAPnetwork.org bblaine@snapnetwork.org

Republic	<p>Hotline 1-800-269-2380 Or 1-877-876-9186 24 Hour crisis hotlines All our services are FREE of charge. Crisis intervention Legal and medical advocacy Community education Therapy for those who have been sexually abused or assaulted or are victims of domestic violence. Therapy may be paid for by crime victim compensation or other insurance but no one will be turned away due to lack of insurance. Call 509-775-3331 for more details.</p>	<p>Ferry County Connections PO Box 1158 Republic WA 99166 509-775-3331 Office www.ferry-county.com/Connections.html</p>	<p>www.ferry-county.com</p>
Seattle	<p>206-812-1001 Local 1-855-812-1001 National 24 Hour hotlines Short term crisis counseling Group counseling related to childhood sexual assault or domestic violence</p>	<p>Abused Deaf Women's Advocacy Services 8623 Roosevelt Way NE Seattle WA 98115 206-922-7088 VP Office</p>	<p>www.adwas.org adwas@adwas.org</p>
Seattle	<p>Helpline 206-325-0325 (NOT 24/7) Helpline Mon - Fri 9am - 5 pm We aim to provide comprehensive culturally relevant services for domestic violence, sexual assault and human trafficking to the Asian, South Asian and Pacific Islander communities. Human trafficking project Queer Network Program Youth programs Education and outreach program Support groups available</p>	<p>API Chaya PO Box 14047 Seattle WA 98114 206-467-9976 Office www.facebook.com/APIWFSC</p>	<p>www.apichaya.org/ info@apichaya.org</p>
Seattle	<p>Hotline 1-877-622-3122 Toll Free Broadview residents are domestic violence survivors and two thirds are children. Our mission is to help residents cope with the displacement and the abuse. Crisis intervention goal setting and weekly meetings Legal advocacy Addiction recovery services Advocacy based counseling Support groups for adults & children</p>	<p>Broadview Emergency Shelter C/o Solid Ground 1501 North 45th Street Seattle WA 98103 206-299-2500 Office</p>	<p>www.solid-ground.org info@solid-ground.org</p>
Seattle	<p>Hotline 206-461-4880 8-5pm only Hotline 206-753-7006 After hours We provide quality intervention, prevention and outreach services to Latina survivors of domestic violence and sexual assault. Safety planning Referrals to emergency shelter</p>	<p>Consejo Counseling Services 3808 S. Angeline Street Seattle WA 98118 206-461-4880 Office www.consejonew.consejocounseling.org/</p>	

Transportation & food during crisis
Legal advocacy in Spanish
Help filing for Protection orders ect
Counseling services for victims of
rape, sexual abuse and incest.

Seattle

Hotline 206-744-1600
Advocacy through CPS and criminal
justice systems
Medical advocacy
Trauma focused therapy
Counseling is available to help
individuals who are affected by
child abuse and neglect and
exposure to domestic violence.

Harborview Medical Center
401 Broadway
Suite 2075
Seattle
WA 98104
206-744-1600 Office / Hotline
www.depts.washington.edu/hcsats/

Seattle

Women and Trauma Group
Childhood trauma can lead to
attachment disorders that predict
future addictions. These addictions
could be anything from alcohol and
drug abuse, codependency, love
addiction, sex addiction or other
compulsive behaviors. Our focus
will be on trauma resolution, facing
and replacing behaviors that are no
longer satisfying with ones that are
personally live giving.
Meets Wednesdays 10 - 11.30 am
Cost \$50+

Brooke Kennaugh
Seattle
WA 98109
206-673-5217 Office

www.brookekennaugh.com
Website under construction July 2017

Seattle

Weight and Sexual Abuse -
Connecting the Dots Group
Do you see a connection between
your inability and or unwillingness
to lose weight and past sexual
abuse? Lets discuss and explore
the possible connection. This is a
meetup group.

Meetup Support Group
Seattle
Washington
www.meetup.com/topics/abusesurvivors/all/

Seattle

Hotline 206-522-9472 (24 hours)
We provide shelter, advocacy and
support for battered women and
their children.
Emergency shelter
Children's services and advocacy
Legal clinic and legal advocacy
Transitional housing program
Weekly support groups in Seattle
and Shoreline area's.

New Beginnings
PO Box 75125
Seattle
WA 98175
206-783-4520 Office

www.newbegin.org

Seattle

Crisis Clinic hotline 886-427-4747
We support the safety of bisexual,
Transgender, Lesbian and Gay
survivors of abuse.
Resources and referrals
Safety and support planning
Basic legal advocacy
Advocacy based counseling
Weekly all gender support groups.

Northwest Network
PO Box 18436
Seattle
WA 98118
206-568-7777 Office

www.nwnetwork.org
info@nwnetwork.org

Seattle	<p>Since 1985 we have offered comprehensive support services to refugees and immigrant victims to help them break away from an abusive environment by offering support in 11 languages. Domestic violence advocates Help with Protection orders Access to emergency shelter Help with the legal system Support groups for battered women</p>	<p>Refugee Women's Alliance PO Box 14373 Seattle WA 98104 206-721-0243 Office.</p>	<p>www.rewa.org</p>
Seattle	<p>Women's Sexual Abuse Recovery Group. Is childhood sexual abuse impacting your ability to enjoy life? This small confidential, supportive women's therapy group is designed to help members decrease isolation and to live more fully in the present. Meets Tuesdays 5.15 - 6.30 pm Cost \$35 - \$50</p>	<p>Ms Ellen Rugg Seattle WA 98103 206-535-2123 Office www.womenstherapygroupsseattle.com</p>	
Seattle	<p>Group Therapy for Survivors Shepherds counseling offers a safe place for adult survivors of childhood sexual abuse to explore buried feelings that may have been unsafe to talk about as children. All our groups emphasize trust and authenticity and aim to help survivors gain a sense of validation and acceptance. For more details call Brook Avidon on 206-323-7131 Or email at address on right of page</p>	<p>Shepherd's Counseling Service 2601 Broadway E. Seattle WA 98102 206-323-7131 Office</p>	<p>www.shepherdstherapy.org brook@shepherdstherapy.org</p>
Seattle	<p>Male Survivors Support Group This group is for male survivors of childhood sexual abuse. Groups are 21 week closed therapy process groups led by therapists with experience in treating survivors. Initial FREE 30 minute interview is required then a commitment to weekly attendance for length of the group. Meets weekly 6.30 - 8.30pm costs \$35 per session please call Brook Avidon on 206-323-7131 for details about this group</p>	<p>Shepherds Counseling Service 2601 Broadway East Seattle WA 98102 206-323-7131 Office</p>	<p>www.shepherdstherapy.org brook@shepherdstherapy.org</p>
Seattle	<p>SNAP Gatherings weekend events. These events are where survivors can focus on their personal experiences, gather information and inspiration and decide the next steps to take in their personal journeys. The gatherings are for survivors and loved ones who want to focus on personal issues.</p>	<p>SNAP Gathering Seattle 312-399-4747</p>	<p>www.SNAPnetwork.org bblaine@snapnetwork.org</p>

Working in small groups SNAP
Gatherings begin on Friday at 7pm
and end at noon on Sunday.
Participants are asked to attend all
the sessions of the weekend. There
is a power in the group dynamics
that is diminished with folks coming
and going but exceptions can be
made if necessary.

Seattle

Circle of Healing from Verbal Abuse
To live with an emotionally abusive
person is to live with chronic stress.
Not only does it wear on your self-
esteem and productivity, but you
may experience problems with
anxiety and depression. Verbally
abusive relationships are complex
and recovery requires a supportive
comprehensive strategy.
Meets Tuesdays 6.30 - 8.30 PM
Cost \$50

Ms Noreen Wedman
Seattle
WA 98119
206-745-4814 Office

Seattle

12 Step Self Help Group
We are a spiritual self help group
of individuals aged 18 and older,
who are guided by a set of 12
suggested steps and 12 traditions
as borrowed from AA. The only
requirement for membership is
that you are a victim of child sexual
abuse and you want to recover.
Please call for location and time
Men only please
Contact 206-903-9427

Survivors of Incest Anonymous www.siawso.org
Seattle
Washington
206-903-9427
www.siawso.org/Sys/PublicProfile/2427441/7166

Seattle

12 Step Self Help Group
We are a spiritual self help group
of individuals aged 18 and older,
who are guided by a set of 12
suggested steps and 12 traditions
as borrowed from AA. The only
requirement for membership is
that you are a victim of child sexual
abuse and you want to recover.
Meets Sundays 10 am
Women only please
Contact Becaley 206-903-9427
Or email at the address on right of
this page

Survivors of Incest Anonymous www.siawso.org
Seattle becaley@gmail.com
Washington
206-903-9427 Becaley
www.siawso.org/Sys/PublicProfile/2427441/7166

Seattle

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Survivors of Incest Anonymous www.siawso.org
Seattle becaley@gmail.com
Washington
206-903-9427 Becaley

Meets Sundays 1 pm
Men only please
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this page

Seattle	For survivors / victims of domestic violence our program offers: Emergency shelter referrals Safety planning Transitional housing Community DV legal advocacy Children's DV services & programs Ongoing support group in South King County and in Seattle. Call office for more details.	YWCA - Domestic Violence Program Seattle WA 98122 206-280-9961 Office	www.ywcaworks.org
Shelton	Hotline 360-490-5228 Supportive hotline	Mason County Council on Abuse and Neglect Shelton WA 98584 360-426-6925 Office	
Shelton	Hotline 360-432-1212 (24 hours) Or 877-923-1212 Toll Free We provide safety and support services to domestic violence survivors and their families. Emergency shelter Pet facilities on site Language interpretation Legal advocacy for domestic and sexual violence Support groups available All services are FREE of charge	Turning Pointe 210 Pacific Court PO Box 2014 Shelton WA 98584 360-426-1216 Office	www.turningpointe.org turningpointe@earthlink.net
Snohomish	Wounded Heart Group Wounded Heart is a group that follows the wounded heart curriculum to find healing and freedom from the impacts of sexual abuse. In this group women will have the opportunity to find support, connection, healing, growth, trust, hope and strength as they journey together. Call 206-397-0037 for more details about this group Cost \$40 - \$50	Preeti Shah Snohomish WA 98290 206-397-0037 Office	www.preetishahcounseling.com
Spokane	Hotline 509-326-2255 (24 hours) Our program supports & advocates for victims who are experiencing abuse and violence in their relationships by providing: Emergency safe shelter Safety planning Legal representation and advocacy Legal hotline 509-477-3656 Transitional housing Individual and group counseling	Alternatives to Violence -YWCA Spokane WA 99201 509-326-2255 Office / Hotline 509-789-9297 Counseling	www.ywcaspokane.org

Weekly support groups
For more information on the groups
and counseling call 509-789-9297.

Spokane	509-624-7273 Sexual assault 866-751-7119 Victim crisis 24 Hour crisis hotlines We are the only crisis response in the area so our advocates are available anytime for adults who have suffered from trauma, sexual, physical or emotional abuse. Support groups available, for more group details call 509-343-5093.	Sexual Assault & Family Trauma Response Center 210 W. Sprague Avenue Spokane WA 99201 509-747-8224 Office www.lcsnw.org/spokane/SAFeT.html	
Stevenson	Our Holly House women's and children's center has been serving victims/survivors of domestic violence since 1993 Emergency shelter Legal and medical advocacy Community awareness & education Counseling services	Skamania County Council on Domestic & Sexual Violence Stevenson WA 98648 509-427-4210 Office	rbryan@skamaniadvsa.org
Stevenson	Hotline 1-800-352-5541 crisis pager We provide Klickitat County with domestic violence and sexual assault services including: Safety planning General advocacy Counseling All our services are FREE of charge	Washington George Programs for Peaceful Living 683 Rock Creek Drive Stevenson WA 98648 509-427-8229 Office	www.wgap.ws
Sunnyside	509-575-4200 Yakima County 509-925-9861 Kittitas County 1-800-572-8122 Klickitat County 24 Hour crisis hotlines We provide sexual assault services as well as community education. Emergency shelter Medical and legal advocacy Crisis counseling	Comprehensive 1319 Saul Road Sunnyside WA 98944 509-837-2089 Office www.comphc.org/yakima-valley-mental-health-victim.php	www.cwcmh.org
Sunnyside	24 Hr Hotline 1-800-604-7462 Or Local Hotline 509-837-6689 The Lower Valley Crisis & Support Services (LVCSS) has been serving the lower Yakima Valley since 1978, when it was formed by a group of citizen volunteers, who together sought a way to address the violence of sexual assault, domestic violence and child abuse. Over the past 30 years LVCSS has provided services to thousands of individuals and families from throughout the Lower Yakima Valley. Our agency provides a 24 hour crisis line, Crisis intervention, legal / medical advocacy, emergency shelter,	Lower Valley Crisis and Support Services PO Box 93 / 600 North Avenue Sunnyside WA 98944 509-837-6689 Office / Hotline	lgarcia@lvcss.org

support groups, education, as well as support towards healing. Our services are FREE and confidential, and available by Spanish speaking staff.

Tacoma	Hotline 1-888-550-3915 Toll Free We are a Christian humanitarian organization dedicated to bringing healing hope and new life to victims of domestic violence. Emergency shelter Emergency transportation Transport to important appointments On site kennel On site warehouse for possessions Transitional housing.	Family Renewal Shelter 6832 Pacific Avenue Tacoma WA 98408 253-475-9010 Office www.facebook.com/Family-Renewal-Shelter-164455610276703/	staff@dvhelp.org
Tacoma	Hotline 253-474-7273 Or 1-800-756-7273 24 Hour crisis hotlines The sexual assault center of Pierce County is a community-based agency that advocates for victims-survivors, their family and friends. Medical and legal advocacy Referrals to attorneys Individual and family therapy Individual counseling for male and female survivors. We offer a sliding fee scale and no one is turned away for financial reasons. Please call 2530474-7273 for more details.	Rebuilding Hope, The Sexual Assault Center for Pierce Co. 101 E 26th Street Suite 200 Tacoma WA 98421 253-597-6424 Office	www.sexualassaultcenter.com tasha@hopesacpc.org
Tukwila	Hotline 425-656-7867 Or 877-465-7234 Toll Free We have grown over the past 30 years to provide community and shelter based services to more than 360,000 survivors of domestic violence. Offering : Safety planning & emergency shelter Free legal clinics Court accompaniment Childrens programs Weekly support groups in several locations.	DAWN PO Box 88007 Tukwila WA 98138 425-656-4305 Office	www.dawnonline.org info@dawnonline.org
Vancouver	Hotline 360-695-0501 Or 800-695-0167 Toll Free 24 Hour crisis hotlines We offer non-judgemental support and information for victims and survivors who have experienced domestic violence and sexual assault at any time. Emergency shelter Medical and legal advocacy FREE support groups and weekly	YWCA - Clark County 3609 Main Street Vancouver WA 98663 360-696-0167 Office Or 800-696-0167 Toll Free	www.ywcaclarkcounty.com info@ywcaclarkcounty.org

drop-ins for survivors of domestic abuse.

Walla Walla	Hotline 509-529-9922 24 Hour crisis hotline Through it's individual counseling 8 different support groups, legal and medical advocacy and shelter services, the YWCA domestic violence and sexual assault center makes sure women and children have access to what they need to begin rebuilding their lives	YWCA - Walla Walla 213 S. First Avenue Walla Walla WA 99362 509-525-2570 Office	www.ywcaww.org
Wenatchee	Hotline 509-663-7446 Or 509-888-4357 24 Hour crisis hotlines Emergency shelter Counseling & professional therapy Support groups for survivors of domestic violence meets every Wednesday 5.30 - 6.30 pm	SAGE 710 N. chelan Avenue Wenatchee WA 98801 509-663-7446 Office / Hotline	www.findsafety.org jessiei@nwi.net
White Salmon	509-575-4200 Yakima County 509-925-9861 Kittitas County 1-800-572-8122 Klickitat County 24 Hour crisis hotlines We provide sexual assault services as well ass community education. Emergency shelter Medical and legal advocacy Crisis counseling	Comprehensive 432 NE. Tohomish Street White Salmon WA 98672 509-493-3400 Office www.comphc.org/yakima-valley-mental-health-victim.php	www.cwcmh.org
White Salmon	Hotline 1-800-352-5541crisis pager We provideKlickitat County with domestic violence and sexual assault services including: Safety planning General advocacy Counseling All our services are FREE of charge.	Washington George Programs for Peaceful Living 32 Pioneer Place White Salmon Washington George Programs 509-493-1533 Office	www.wgap.ws
Yakima	Hotline 509-452-9675 We provide Yakima County with domestic violence and sexual assault victim services to include: Legal, medical and general advocacy. We can offer local information and referrals. We provide education and awareness activities and Emergency Shelter.	Aspen Victim Advocacy Services 402 South 4th Ave Yakima WA 98902 www.comphc.org/yakima-valley-mental-health-victim.php	www.cwcmh.org
Yakima	Hotline 509-248-7796 (24 hours) We provide resources and information for those affected by domestic violence. Call our hotline if you have any question or need help.	YWCA of Yakima Yakima WA 98902 509-248-7796 Office / Hotline	www.ywcayakima.org/